

SHAPE 2.0

CURRENT UPDATES & PROGRESS REPORTS OF THE SHAPE STUDY

JUNE 2026

NEWSLETTER

We acknowledge that the land on which we work, learn and organize is the traditional, ancestral and unceded homelands of the Skwxwú7mesh (Squamish), xwməθkwayəm (Musqueam), and Səlilwətaʔ/Səlilwitulh (Tseil-Waututh) Nations.

OVERVIEW OF THE SHAPE STUDY

The STOP HIV/AIDS Program Evaluation (SHAPE) study 2.0 is a province-wide cohort study of people living with HIV (PLWH) assessing the changing landscape of HIV services, aging, mental health, substance use, and chronic comorbidities that uniquely impact PLWH in British Columbia.

Recruitment is closing soon!

Would you like to facilitate phone interviews for your organization?

Get in touch at:

shape@bccfc.ca

1-855-506-8615 (call toll-free)

604-561-5836 (call/text)

We are closing the survey recruitment on **August 31, 2026**. We invite people living with HIV in BC to share their thoughts! **Please share the survey in your networks.**

Participants can complete the questionnaire in English or Spanish. The survey can be done online [here](#), over the phone (1-855-506-8615), or in-person at:

- St. Paul's Hospital, Vancouver
- Hope to Health Clinic, Vancouver
- Positive Haven Resource Centre, Surrey

Between August 2024 & May 2026, **1,204 people** have completed the survey:



Online: **808**



In-person: **331**



Phone: **65**

PROJECT UPDATES

SHAPE has a new coordinator! We thank Farnaz Azarmju for her fantastic work with us and welcome **Giulia Maluf** to the team!

Some events we attended this quarter:

- **Prince George Outreach Visit:** High Acuity Support Program, Soonats'oneh Health Society (Feb 4-5, 2026)
- **HIMformation community dialogue:** HIV and the SHAPE Study at Little Sister's Book & Art Emporium (Feb 26, 2026)
- **Canadian Association for HIV/AIDS Research (CAHR) 2026 posters** (April 23-26 2026):
 - (1) *Characterizing current health priorities among BC PLWH*
 - (2) *Changes in Self-Reported Housing Stability Among PLWH in BC*
 - (3) *Use of HIV support and community services and its perceived influences among a cohort of PLWH in BC*



Meet (part of) the team: Antonio, Giulia, and Tim



SHAPE team at CAHR (David, Antonio, Tim, and Farnaz)

PARTICIPANT DATA

Ethnicity	Gender	Health Authority
52% White	77% Man	52% Vancouver Coastal
22% Indigenous	20% Woman	22% Fraser
10% Latin American	2% Non-binary	10% Island
9% Asian	1% Other & Unknown	9% Interior
8% Black		8% Northern
6% Middle Eastern, Other, Unknown	Age: 56% Fifty or older	

As of March 31, 2026:

Sexual Orientation

52% Gay/Lesbian
 34% Straight
 15% Queer, Bisexual, Asexual
 3% Other, Unknown



35% homeless in the past 12 months



97% were on antiretroviral therapy

SPECIAL THANKS TO OUR COMMUNITY PARTNERS!



...and many more

We look forward to discussing the data and project next steps with you!

Save the date: Steering Committee meeting on **September 17, 2026**, at 12pm.

If you have any questions or ideas about the project, please reach out to us at shape@bccfc.ca.

REB Number: H23-03366

<https://bccfc.ca/epidemiology-population-health/shape/>



Principal Investigators
Drs. Julio Montaner, David Moore & Katie Saiters

Peer Research Associates
Tim Messelring & Antonio Marante

Research Coordinator
Giulia Maluf

BRITISH COLUMBIA
CENTRE for EXCELLENCE
in HIV/AIDS

Providence
Health Care

UBC

SFU