



# SHAPE

THE STOP HIV/AIDS PROGRAM EVALUATION STUDY

## SHAPE 2.0 Study Newsletter

### Current updates and progress

REB Number H23-03366

[www.bccfe.ca/epidemiology-population-health/shape/](http://www.bccfe.ca/epidemiology-population-health/shape/) 1-855-506-8615 [shape@bccfe.ca](mailto:shape@bccfe.ca)

We acknowledge that the land on which we work, learn and organize is the traditional, ancestral and unceded homelands of the Skwxwú7mesh (Squamish), xwməθkwəyəm (Musqueam), and Selilwətaʔ/Selilwitulh (Tsleil-Waututh) Nations.

### Overview of the SHAPE Study

The STOP HIV/AIDS Program Evaluation (SHAPE) study is a longitudinal cohort study of people living with HIV (PLWH) across British Columbia. The first phase of the study took place from 2016 to 2021 and captured healthcare experiences and outcomes, as well as retention across the HIV cascade of care among 644 people living with HIV (PLWH) across BC.

Following its conclusion, engagement with the community and the SHAPE steering committee identified a need to understand quality of healthcare, as well as health priorities and experiences of PLWH in order to adapt and improve health services in BC.

In August 2024 the **second phase of the SHAPE study (SHAPE 2.0)** was launched with the aim to assess the **changing landscape of HIV services, aging, mental health, substance use, and chronic comorbidities that uniquely impact PLWH in BC.**

### SHAPE 2.0 is now recruiting participants!

Eligible people living with HIV can [complete the survey online by themselves or with a peer interviewer over the phone or in-person](#). [Get in touch](#) to learn more!

Current and upcoming **in-person interview sites** in BC:

#### Downtown Vancouver:

- St Paul's Hospital
- The Hope to Health Clinic

#### Surrey:

- Positive Haven Resource Centre at Lookout Housing and Health Society

#### Victoria & Nanaimo:

- AVI Health and Community Services

#### Northern Health: Summer 2025

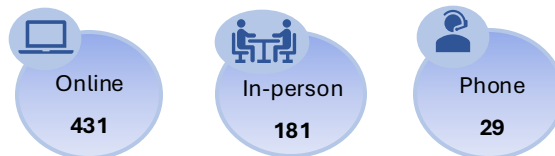
- Central Interior Native Health Society

#### Interior Health: Fall 2025

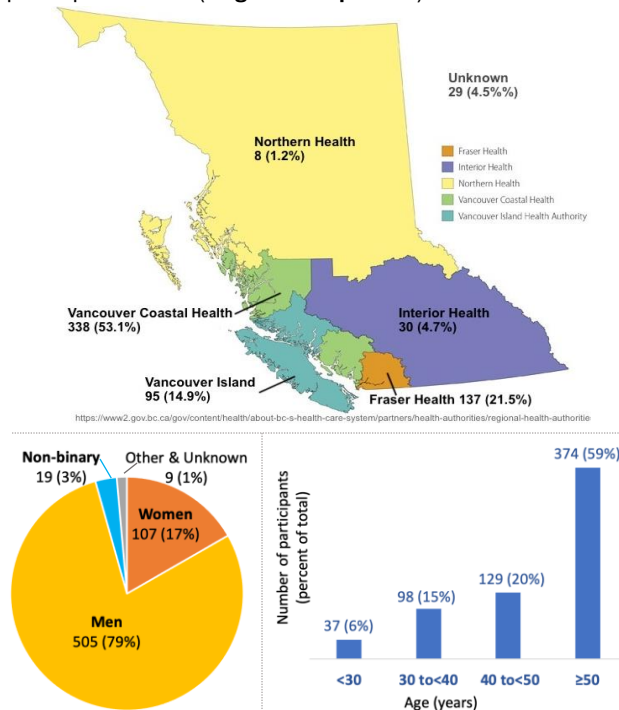


### Who is in our cohort?

From August 2024 to April 2025, a total of **641 participants** have completed the survey.



Basic socio-demographic characteristics of the SHAPE 2.0 participant cohort (Aug 2024 – Apr 2025):



### Community Outreach and Engagement: Recent Activities and Future Plans

**January 2025 - present:** we have been visiting our community partner sites in **Victoria, Nanaimo, and Surrey** to promote the study and offer in-person interviews and we will be visiting our partner sites in **Kamloops, Kelowna, and Prince George** in the coming months!

**May 1-3, 2025:** at **CAHR 2025** we presented a poster on [rural-urban disparities in HIV health outcomes in BC](#) in the SHAPE 1 cohort. Visit [our website](#) to learn more!

We are planning to assemble a **SHAPE 2.0 steering committee meeting on June 13<sup>th</sup>, 2025** to involve our community partners and gain their input in the study. **Please let us know if you want to join!**

### Special thanks to our community partners!

We would like to express our immense gratitude to our dedicated community partners across BC who have helped us in participant recruitment efforts and facilitated participant interviews.

