



SALSA

Semaglutide (Ozempic®, Wegovy®, and Rybelsus®) and ALcohol: a Self-reported Assessment

Detoxification and Rehabilitation Programs in British Columbia

There are a number of services available for people in British Columbia to help treat and/or manage alcohol and drug dependence. For more information, speak to your doctor or call the BC Nurse Line for a referral to services.

BC Nurse Line, open 24 hours a day, 7 days a week.

Telephone:

8-1-1 (Vancouver)

1-866-215-4700 (Toll-free)

1-866-889-4700 (Deaf and Hearing-Impaired)

Violence Support Programs*

*Please see the distress document if you need help right away.

There are a number of violence support services in BC. Victim Link BC offers information, referrals to services and crisis support for victims of crime and violence. VictimLink BC is a toll-free confidential telephone service available 24 hours a day, 7 days a week offering information and referral services to all victims of crime and immediate crisis support to victims of family and sexual violence. Call 1-800-563-0808 to get connected to programs and services in your community, including supports for victims of family and sexual violence. VictimLink BC is available in more than 100 languages including North American aboriginal languages.

Victim Link BC, open 24 hours a day, 7 days a week

1-800-563-0808 (Toll-free)

604-875-0885 (Deaf and Hearing-Impaired)

604-836-6381 (Text)

Website: <http://www.victimlinkbc.ca/>

Email: VictimLinkBC@bc211.ca

Indigenous Support Programs*

*Please see the distress document if you need help right away. For other culturally safe supports and services please visit the [FNHA info sheet: Culturally Safe and Trauma-Informed Cultural Services](#).

First Nations Virtual Doctor of the Day provides virtual health care and referral support for people who do not have a doctor or are unable to get an appointment. It is for all First Nations people living in BC and their family members, including family members who are not Indigenous. Doctors are available by video or phone from 8:30 a.m. to 4:30 p.m. every day. Call **1-855-344-3800** to book an appointment. Learn more at fnha.ca/virtualdoctor.

- **Virtual Substance Use & Psychiatry Service** is an FNHA service providing virtual specialist support in addictions medicine and psychiatry. This service requires a referral from a health and wellness provider who can support the individual on their journey. First Nations Virtual Doctor of the Day can provide referral support for anyone who does not have a provider who can refer them to the program.

Services covered by First Nations Health Benefits:

- Mental Health and Wellness Counselling in BC may be eligible for Health Benefits coverage. Many providers are registered to bill Health Benefits directly for services so clients do not have to pay out of pocket. Before booking an appointment with a counsellor, call **1-855-550-5454** or visit fnha.ca/benefits/mental-health to check if they are registered and if the service is eligible for coverage.

Source: [Mental Health and Wellness Supports](#) by First Nations Health Authority

The SALSA study: Detoxification and Rehabilitation Programs

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