

Anger is the intended emotion driving perpetrator goal to harm others. Recognizing anger is key to prevent abuse avoiding episodes of fear, sadness, or even shame.

STRATEGIES TO PREVENT ELDER ABUSE BY AGENCY INTERVENTIONS

- Monitoring Caregiver.
- Money Management programs: Elders exploitation
- Helplines: seeking advise
- Emergency Shelter: providing safe space to escape abuse and plan next step
- Multidisciplinary teams: coordination of services

SENIOR SUPPORT SERVICES

VANCOUVER:

- **2** 411 Senior's Centre
- **%** 604-684-8171
- Downtown East Education Centre
- **%** 604-713-5760
- © Gordon Neighbourhood House
- **604-683-2554**
- West End Seniors Network
- **604-669-5051**

BURNABY:

- Burnaby Seniors Outreach Services Society
- **604-291-2258**
- Seniors Services Society
- **%** 604-558-4338



www.cfenet.ubc.ca/research/ epidemiology-populationhealth/thrive

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THANK YOU FOR PARTICIPATING IN THE

THRIVE PROJECT

A community-driven investigation of the home and community care needs of older adults living with HIV.

ELDER ABUSEA BRIEF OVERVIEW







Elder abuse can happen to anyone and be carried out by anyone. Elder abuse can take the form of:

- Physical abuse
- Emotional abuse
- Neglect
- Sexual abuse
- Financial abuse
- Mealth care/Systemic abuse

McLaren Housing's New Horizons Advisory committee initiated a new Lunch and Learn sessions on abuse in the fall of 2019. Izf you feel you are being abused in some way you can access support now. In addition to support staff at your residences, you can reach out to trusted friends and family members, support staff in other areas, or community senior networks and programs listed below.

Financial abuse is common among seniors and can include people constantly borrowing/asking for money, and not repaying the loan, using guilt or playing on our loneliness to get money, and a common type happening now is the cell phone or email scams to steal money. It is good practice not to answer emails or texts that are asking for money or claiming to be a refund of some type. When in doubt contact the company in question or the Vancouver Police through a non-emergency phone number: 604-717-3321 or in person at a station, or one of the Senior resources listed below. If you feel you are being abused, reach out and remember it is not your fault, and you are not alone, there is support available.

EXAMPLES OF ABUSIVE BEHAVIORS:

FINANCIAI:

- Forcing to give legal rights
- Stealing or using property beyond the consent of its owner
- Oundue household appropriation
- Not contributing to household expenses



PHYSICAL

- Physical aggression (e.g., hitting, pushing, etc.)
- Locking or limiting the access to the household
- Hindering of speaking or meeting with other persons

PSYCHOLOGICAL

- Threatening
- O Verbal aggression, insults, humiliation

SEXUAL

Any unwelcome sexual advances, requests for sexual favors and other verbal or physical actions of sexual nature.