

BRITISH COLUMBIA CENTRE for EXCELLENCE in HIV/AIDS

BC HIV/AIDS and Addictions Health Care Resources

Note: The British Columbia Centre for Excellence in HIV/AIDS (BC-CfE) does not endorse any resource listed in this document. This pdf provides links to other Internet sites for informational purposes and the convenience of its users. When users select a link to an external Web site, they are subject to the privacy and security policies of the owners/sponsors of the external site.

Acknowledgements: We acknowledge that the information contained in this resource package was compiled from multiple existing online sources including the British Columbia Centre on Substance Use (BCCSU), BC Housing, Greater Vancouver Food Bank, Food Bank BC, Lookout Society, Opiate addiction and Treatment Resource and Positive Living Society of British Columbia.

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Telephone Helplines

- REACH Line (Rapid Expert Advice and Consultation for HIV) <u>http://www.bccfe.ca/healthcare-resources/reach-line</u> 604-681-5748 or 1-800-665-7677 (24/7) Call for timely and convenient clinical advice on HIV/AIDS treatment and management. REACH provides consultation services from infectious disease specialists, physicians, and/or pharmacists experienced inHIV management.
- RACE Line (Rapid Access to Consultative Expertise) <u>http://www.raceconnect.ca</u> 604-696-2131 or 1-877-696-2131 (Mon-Fri: 8am to 5pm) Call RACE to speak to specialist on a variety of topics for assistance with care planning and patient management.

Pharmacy Supports

Pharmacy referrals can be made through consultation with an HIV pharmacist at the St. Paul's Hospital Ambulatory Pharmacy. To get advice regarding antiretrovirals or to obtain more resources please contact: 1-888-511-6222 Your pharmacy can request antiretroviral medication delivery. http://www.bccfe.ca/drug-treatment-program/how-obtain-hiv-medication

Clinical Supports

- Immunodeficiency Clinic (IDC) at St. Paul's Hospital <u>http://idc.providencehealthcare.org</u> 604-806-8060 (Mon-Thu: 8am-8pm; Fri: 8am-4pm) A comprehensive primary care clinic for people living with HIV in BC. The IDC is collaboration between theBC Centre for Excellence in HIV/AIDS and Providence Health Care. Services include: HIV primary care and specialist care, nursing, social work, peer navigation, dietician, Hepatitis C treatment, HIV testing, and intensive case management.
- 2. HIV Pharmacy at St. Paul's Hospital 1-888-511-6222

Enroll patients in the HIV Drug Treatment Program. Reach an on-call HIV pharmacist.

- BC-CfE HIV specialist consults St. Paul's Hospital 604-806-8316
- 4. BC-CfE HIV and Hepatitis C clinic St. Paul's Hospital 604-806-8315
- Oak Tree Clinic 604-875-2212 or 1-888-711-3030 Provide specialized clinical care for women and children living with HIV in BC. Their interdisciplinary clinical team includes physicians (Adult, Pediatric, and Obstetrics/ Gynaecology), dieticians, outreachworkers, nurses, pharmacists, and social workers.
- Communicable Diseases Nurses
 Public Health nurses provide support with disclosure, need assessment of services/referrals required, and partner notification.
 Vancouver: 604-675-3900
 Central Island: 1-866-770-7798
 North Island: 1-877-887-8835
 South Island: 1-866-665-6626

STOP HIV Outreach Team

Provide comprehensive, flexible HIV testing, treatment, housing, public health follow-up and education. Services include outreach services, nursing support, physician services, peer support, and intensive case management. <u>Phone</u>: 604-838-1331

Patient Supports

1. Care Registry – Positive Living BC http://careregistry.ca

Designed to connect individuals with HIV care providers in BC. The Registry is for information only and does not recommend, advocate, or endorse any particular service. Search online for care providers bylocation, services, language, or community.

Pacific AIDS Network (PAN) http://pacificaidsnetwork.org/about/membersmembership/

A network of HIV community organizations in British Columbia. The membership list includes patientsupports and services throughout the province. <u>Phone:</u> 604-569-1998

Education & Training

- Online course: HIV Diagnosis & Management (BC-CfE) <u>http://education.bccfe.ca/online-courses/</u> 10-12 hours of self-directed study online. Accredited for up to 10 Mainpro+ credits.
- HIV Webinar Learning Series (BC-CfE & Positive Living BC) <u>http://education.bccfe.ca/webinars/</u> Live interactive learning sessions on issues related to the primary care of HIV-positive patients. Accredited for up to 1 Mainpro+ group learning credit.
- Intensive Preceptorship program for Family Physicians and Nurse Practitioners (BC-CfE) <u>http://education.bccfe.ca/preceptorship/</u> Clinical training and mentorship in HIV for primary care providers. Accredited for up to 50 Mainpro+Group learning credits

EAST KOOTENAY (Creston, Cranbrook, Fernie, Kimberley, Golden)HIV

Primary Care (Physicians, Nurse Practitioners, Nurses)

Care Provider: Tara Fiedler-Graham (Nurse Practitioner) <u>Description</u>: Nurse practitioner providing services for HIV-positive people in the Cranbrook area. Accepting HIV-positive patients. Located at Ktunaxa Health Clinic. <u>Phone</u>: 250-420-2700 220 Cranbrook St. N., Cranbrook, BC, V1C 3R2

 Care Provider: Alison Kale (Registered Nurse) <u>Description</u>: Registered nurse providing services for HIV-positive patients in the Cranbrook area. Accepting HIV-positive patients. <u>Phone</u>: 250-919-7673 209A 16th Ave North, Cranbrook, BC, V1C 5S8

Sexual and Reproductive Health (Testing, Case Management)

- Creston Health Unit (Clinic) <u>Description</u>: STI Support. <u>Phone:</u> 250-428-3873 312 15th Ave. N Bag 3000, Creston, BC, VOB 1G0
- Options for Sexual Health Clinic: Golden (Clinic) <u>Description</u>: Clinic offers STI testing and treatment, and referrals for HIV testing. Also offers birth control, emergency contraception, pregnancy counseling, pregnancy testing, free condoms, PAP testing. <u>Hours</u>: 1st & 3rd Wed of the month: 6:30pm-8:30pm <u>Phone</u>: 250-439-8331 907 9th Avenue South, Golden, BC, V0A 1H0

Options for Sexual Health Clinic: Cranbrook (Clinic) <u>Description</u>: Clinic offers STI testing and treatment, and referrals for HIV testing. Also offers birth control, emergency contraception, pregnancy counseling, pregnancy testing, free condoms, PAP testing. <u>Hours</u>: Wed: 6:30pm-8:30pm <u>Phone</u>: 250-426-3995 209-16th Avenue N, Cranbrook, BC, V1C 5S8

Mental Health & Addictions

Canadian Mental Health Association: Kootenays
 <u>Description</u>: Facilitate access to the resources people require to maintain and improve mental health and
 community integration, build resilience and support recovery from mental illness. In BC, Mental Health, substance
 use and addictive behaviour are within the scope of the organization.
 <u>Website: www.kootenays.cmha.bc.ca</u>
 <u>Hours</u>: Mon- Fri: 9am-5pm
 <u>Phone</u>: 250-426-5222
 39 13 Ave. South, Cranbrook, BC, V1C 2V4

Methadone Clinics

 East Kootenay Addiction Services Society (EKASS) - Cranbrook <u>Phone</u>: (250) 489-4344 1617 Baker Street, Suite 202 Cranbrook, BC, V1C 1B4

Service Organizations

 ANKORS (East Kootenay) <u>Description</u>: Serves those living with and at the greatest risk of acquiring HIV/AIDS and/or HCV, who havedifficulty obtaining services elsewhere. <u>Office Drop-In and Needle Exchange Hours</u>: Tues & Thurs: 2pm-4pm<u>Phone</u>: 250-426-3383 <u>Website</u>: <u>http://www.ankors.bc.ca/east.php</u> 209 16th Ave North, Cranbrook, BC, V1C 5A8

Nutrition

- Creston Valley Food Bank
 <u>Phone</u>: 250-428-4166
 807 Canyon St., Creston, BC, VOB 1G3
- Cranbrook Food Bank Society <u>Phone</u>: 250-426-7764 104-8th Ave. South Cranbrook, BC, V1C 2K5

- Kimberley Helping Hands Food Bank <u>Phone</u>: 250-427-5522 340 Leadenhall St., Kimberley, BC, V1A 2X6
- Fernie Salvation Army Family Services 741-2nd Ave., Fernie, BC, VOB 1M0
- Sparwood Food Bank
 125D Centennial Square, Sparwood, BC, VOB 2G0
- Kaslo North Kootenay Lake Food Cupboard 336 B Ave., Kaslo, BC, VOG 1M0
- Columbia Valley Food Bank
 201 7th Ave (Basement), Invermere, BC, VOA 1KO
- Golden Food Bank
 102-1115 9th Street S, Golden, BC, VOA, 1H0

Housing

 Golden Women's Centre Society (Emergency) <u>Client:</u> Women and Children <u>Phone:</u> 250-344-5317 Golden, BC

KOOTENAY BOUNDARY (Kootenay Lake, Nelson, Castlegar, Arrow Lakes, Trail, GrandForks, Kettle Valley)

HIV Primary Care (Physicians, Nurse Practitioners, Nurses)

- Care Provider: Dharma McBride (Physician) <u>Description</u>: Physician currently accepting HIV-positive patients. <u>Phone</u>: 250-352-2230 601 Kootenay Ave., Nelson, BC, V1L 1L1
- Care Provider: Robert Lewis (Physician) <u>Description</u>: Physician currently accepting HIV-positive patients who are residents of Christina Lake.<u>Phone</u>: 250-447-6262 Christina Lake, BC, VOH 1E0

Sexual and Reproductive Health (Testing, Case Management)

• Options for Sexual Health Clinic: Nelson (Clinic)

<u>Description</u>: Clinic offers HIV, STI and hepatitis testing and education, community resource referral, harmreduction supplies. <u>Hours</u>: Wed: 5:30pm-8pm <u>Phone</u>: 250-505-7200 250-333 Victoria St. 2nd, Floor Nelson, BC, V1L 4K3

Castlegar Health Centre (Clinic)
<u>Description</u>: Sexual health clinic. Clinic offers services including HIV testing, sexually transmitted infection (STI)testing, general sexual health information and referrals. Also offers the HPV vaccine.
<u>Clinic hours</u>: Mon-Fri: 8am-8pmLab
<u>hours</u>: Mon-Fri 8am-4pm <u>Phone</u>:
250-304-1209
709 10th St., Castlegar, BC, V1N 2H7

 Trail Health Centre (Clinic) <u>Description</u>: HIV testing and counseling follow-ups. Clinic works to ensure client is connected to healthcareservices. <u>Phone</u>: 250-364-6219 2-1500 Columbia Ave., Trail, BC, V1R 1J9

Mental Health & Addictions

ANKORS (West Kootenay) (Addictions)
 <u>Description</u>: Serves those living with and at the greatest risk of acquiring HIV/AIDS and/or HCV, who have difficulty obtaining services elsewhere, especially due to substance use, mental illness, sexual orientation, gender identity, race and ethnicity, and/or other social barriers.

 <u>Services</u>: Crisis intervention counseling, intake counseling, referrals, outreach, life skills group, support groups, harm reduction. Mobile needle exchange.
 <u>Hours</u>: Tue-Fri: 10am-4pm
 <u>Phone</u>: 250-505-5506
 <u>Website</u>: http://www.ankors.bc.ca/101 Baker St. Nelson, BC, V1L 4H1

Methadone Clinics

 Castlegar and District Community Health Centre <u>Description</u>: Opioid Substitution Therapy (OST Program)- Castlegar<u>Hours</u>: Tue-Thur 9-4pm <u>Phone</u>: 250-304-1284, 250-365-7711 707 10th St., Castlegar BC, V1N 2H7

Alternative Health

 Hunt Naturopathic (Natropathic Doctor) <u>Care provider</u>: Jeff Hunt <u>Description</u>: Naturopathic physician specializing in allergies, insomnia, digestive disorders and more. Servicesalso available in Nelson and Grand Forks. <u>Hours</u>: Mon, Wed, Fri <u>Phone</u>: 250-368-6999 <u>Website</u>: <u>http://www.huntnaturopathicclinic.com/en/</u> 1618 2nd Ave., Trail, BC, V1R 1M5

Service Organizations

Trans Connect

<u>Description</u>: Provide support and resources for transgender and gender diverse people. <u>Services available:</u> Trans-101 workshops for service providers, police, educators, mental health workers; buddy system to connect rural trans folks with others; peer-support/social groups in Nelson and Cranbrook; resources and referrals for trans people living in rural communities; community forums. <u>Phone</u>: 250-354-5362 <u>Website: www.kootenaytransgender.com</u>

Nutrition

- Nelson Salvation Army Family Services 601 Vernon St., Nelson, BC, V1L 5R2
- Kaslo North Kootenay Lake Food Cupboard 336 B Ave., Kaslo, BC, VOG 1M0
- Castlegar Community Harvest Food Bank
 614 Christina Place St. David's Angelican Church (bsmt), Castlegar, BC, V1N 2K7
- Salmo Food Bank
 311 Railway Ave., Salmo, BC, VOG 1Z0
- Trail Salvation Army Services
 730 Rossland Ave., Trail, BC, V1R 3N3
- Commuity Connections Food Bank Revelstoke, BC, VOE 2S0
- Arrow & Slocan Lakes Commuty Nakusp, BC, VOG 1R0

Housing

 Nelson Cares Society (Emergency) <u>Client</u>: Men, Women and Families <u>Phone</u>: 250-352-9876 7- 567 Ward Street, Nelson, BC OKANAGAN (Southern Okanagan, Penticton, Keremeos, Princeton, Armstrong-Spallumcheen, Vernon, Central Okanagan, Summerland, Enderby)

HIV Primary Care (Clinics)

Kelowna General Hospital IDC (Clinic, Physicians) <u>Care Providers</u>: Dwight Ferris and Ngan Lyle. <u>Description</u>: Physicians accepting HIV-positive patients. Referral required by GP.<u>Phone</u>: 250-862-4157 2268 Pandosy St., Kelowna, BC, V1Y 1T2

 Rutland Aurora Health Centre (Clinic, Physician, Nurse Practitioner) <u>Care</u> <u>provider</u>: Nicola Tam (Physician), Dana Jones (Nurse Practitioner) <u>Description</u>: Accepting HIV-positive patients. <u>Phone</u>: 250-491-1100 102-285 Aurora Cres., Kelowna, V1X 7N6

 Outreach Urban Health (Clinic, Physician, Nurse Practitioners) <u>Care Provider</u>: Heather McDonald (Physician) Dana Jones (Nurse Practitioner), Pamila Klassen (Nurse Practitioner) <u>Description</u>: Physician accepting HIV-positive patients whether insured or not. Full range of testing, treatment, specialists, referrals, and more are available. Physician would prefer referrals, but they are not necessary. A nurse practitioner is also available at this location. <u>Phone</u>: 250-868-2230 455 Leon Ave., Kelowna, BC, V1Y 6J4

HIV Primary Care (Physicians, Nurse Practitioners, Nurses)

- Care Provider: Lisa Friesen (Physician) <u>Description</u>: Physician accepting HIV-positive patients. <u>Phone</u>: 250-770-3696 550 Carmi Avenue, Penticton, BC, V2A 8P9
- Care Provider: Michael Murphy (Physician) <u>Description</u>: Physician accepting HIV-positive patients. Clients do not need referral if HIV-positive.<u>Phone</u>: 250-549-1216 200-3207 30th Ave, Vernon, BC, V1T 2C6

Sexual and Reproductive Health (Testing, Case management)

 Vernon Health Centre (Clinic) <u>Description</u>:
 STD and HIV testing only.<u>Phone</u>: 250-549-5721 1440 14th Ave., Vernon, BC, V1B 2T1

- Vernon Downtown Primary Care Centre (Clinic) <u>Description</u>: STI and HIV testing and harm reduction supplies.<u>Hours</u>: Mon-Fri: 9am-5pm
 250-541-1097
 3306A 32nd Ave, Vernon, BC, V1T 2M
- Penticton Health Centre (Case Management) <u>Description</u>: Clinic offers HIV case management, HIV testing and point-of-care testing. Also offers STI testing, andsexual health education, support and counselling. <u>Hours</u>: Tues: 6pm-8pm & Thur: 6pm-8pm <u>Phone</u>: 800-739-7367 740 Carmi Avenue, Penticton, BC, V2A 8P9

Mental Health & Addictions

- Care Provider: Gary Lea (Psychologist)
 <u>Description</u>: Clinical psychologist specializing in helping define and treat work and relationship-related stress, trauma, depression, anger, various addictive behaviours and chronic pain.

 <u>Phone</u>: 250-762-2525
 <u>Website</u>: <u>http://www.kelownapsychologists.com/</u>
 1510-1631 Dickson Avenue, Kelowna, BC, V1Y 0B5
- Okanagan Clinical Counselling (Psychiatrist and Counsellor) <u>Care provider</u>: Nicole Ripley <u>Description</u>: Registered clinical counsellor. The clinic provides services to multiple Employee Assistance Program (EAP) providers, community agencies and BC Ministries. <u>Phone</u>: 250-718-9291 <u>Website</u>: <u>http://okclinical.com/</u> 201-1460 Pandosy, St. Kelowna, BC, V1Y 1P3
- Trixie Hennessey Counselling (Psychiatrist and Counsellor) <u>Description</u>: Counsellor with extensive experience supporting clients and their families, specializing in eatingdisorders, anxiety and depression. <u>Phone</u>: 250-762-7987 <u>Website</u>: www.trixiehennesseycounselling.com/ 1520-1631 Dickson Ave, Kelowna, BC, V1Y 9X1
- Vincent Matlo Counselling (Psychiatrist and Counsellor)
 <u>Description</u>: Counsellor with over 20 years of experience supporting children and families. Offers services related to parenting support, developmental disorders, and school-based interventions.

 <u>Phone</u>: 250-762-2525
 <u>Website</u>: <u>www.vincentmatlocounselling.ca</u> 1510-1631 Dickson Ave, Kelowna, BC, V1Y 9X1
- A Mindful Connection (Psychiatrist and Counsellor)

<u>Care provider</u>: Carole Fawcett <u>Description</u>: Master therapeutic counsellor and clinical hypnotherapist. <u>Phone</u>: 250-550-0316 Vernon, BC, V1T 2M6

- Outreach Mental Health Services (Mental Health) <u>Description</u>: The outreach mental health nurse offers mental health assessment and intervention for both street and nonstreet involved youth who are affected by mental health concerns. Accepts clients aged 13-18. <u>Phone</u>: 250-868-8541 1434 Graham Street, Kelowna, BC, V1Y 3A8
- Canadian Mental Health (Mental Health)

<u>Description</u>: Facilitate access to the resources people require to maintain and improve mental health and community integration, build resilience and support recovery from mental illness. In BC, Mental Health, substance use and addictive behaviour are within the scope of the organization.

o Vernon

Hours: Mon-Fri: 8am-4pm <u>Website</u>: <u>www.vernon.cmha.bc.caPhone</u>: 250-542-3114 3100 - 28th Avenue, Vernon, BC, V1T 1W3

Penticton
 <u>Hours</u>: Mon-Fri: 8am-4pm
 <u>Phone</u>: 250-493-8999
 <u>Website</u>: <u>www.sos.cmha.bc.ca</u>
 2852 Skaha Lake Road, Penticton, BC, V2A 6G1

Living Positive Resource Centre (Addictions) <u>Description</u>: Serves people living with HIV/AIDS, as well as those experiencing issues relating to housing, income, nutrition, access to health care including addictions and mental health services, connections with natural supportsystems, and other determinants of health. <u>Hours</u>: Mon-Fri: 8:30am-12pm & 1-4:30pm; Wed: 8:30am-12pm & 1pm-8pm<u>Area</u> <u>served</u>: Central Okanagan <u>Phone</u>: 778-753-5830 <u>Website</u>: <u>http://livingpositive.weebly.com/</u> 168 Asher Rd, Kelowna, BC, V1X 3H6

- Interior Native Alcohol and Drug (Addictions) <u>Description</u>: Substance use services. In-patient treatment available. <u>Services available</u>: Programming for concurrent disorders, residential schools, and couples counselling. <u>Application</u> <u>process</u>: The following clients are accepted: Clients with physical disabilities, pregnant women, courtreferral or correctional clients, clients on methadone, clients taking other psychoactive medications. <u>Phone</u>: 250-546-3077 200 Emery Louis Rd., Armstrong, BC, VOE 1B5
- North Okanagan Youth and Family (Addictions)

<u>Description</u>: Provide counselling and support services to individuals and families through a variety of communitybased and residential programs free of charge. The Cammy LaFleur Street Nurse Outreach Program provides education on harm reduction, HIV/AIDS, HCV, and other blood-borne pathogens to people living on the street, orwho are addicted or have mental health issues. The street nurse and counsellor provide outreach to Vernon, Enderby, Armstrong and Lumby. Also supplies harm reduction supplies. <u>Hours:</u> Mon-Fri: 8:30am-4:30pm. <u>Phone</u>: 250-545-3572

Website: www.novfss.org/index.php/ 3100 - 32nd Avenue, Vernon, BC, V1T 2L9

Methadone Clinics

- Kelowna Mental Health and Substance Use Clinic <u>Phone</u>: (250) 868-7788 1340 Ellis Street Kelowna, BC, V1Y 1Z8
- Vernon Methadone Clinic <u>Phone</u>: (778) 475-5810 3310 32 Avenue, Suite 103 Vernon, BC, V1T 2M6

Alternative Health

- Care Provider: Janice Potter (Naturopathic Doctor) <u>Description</u>: Treatments include nutritional and lifestyle counseling, homeopathy and biotherapeutic drainage, and Bowen Therapy. <u>Phone</u>: 250-762-5100 <u>Website</u>: <u>http://www.drpotter.net/</u> 103 B - 1980 Cooper Rd., Kelowna, BC, V1Y 8K5
- The Kelowna Wellness Clinic (Naturopathic Doctor) <u>Care provider</u>: Brent Barlow <u>Description</u>: Naturopathic doctor utilizing diet therapy, botanical medicine, nutritional supplementation, acupuncture, homeopathy and more.
 <u>Phone</u>: 250-488-5610 <u>Website</u>: <u>http://drbrentbarlownd.com/</u> 201-1433 St. Paul St., Kelowna, BC, V1Y 2E4

Service Organizations

REL8 Okanagan

<u>Description</u>: Is a peer based service organization for people of all ages, genders, and sexual orientations who areliving with HIV. REL8 Okanagan offers a full range of peer delivered programs and services including a Province wide social/support group.

Website: www.rel8okanagan.weebly.com

<u>Phone</u>: 250-575-4001 Kelowna, BC, V1Y 9H2

Nutrition

- Kelowna Gospel Mission (Nutrition) <u>Description</u>: Free meals and fellowship. Mon-Fri: Breakfast 7am, Lunch 12pm, Dinner 4:30pm <u>Phone</u>: 250-763-3737 <u>Website</u>: <u>http://kelownagospelmission.ca/</u> 442 Leon Ave, Kelowna, BC, V1Y 6J4
- Central Okanagan Food Bank
 1265 Ellis St., Kelowna, BC, V1Y 1Z7
- Peachland Food Bank
 6490 Keyes Ave., Peachland, BC, VOH 1X0
- Lake Country Food Assistance Society 3130 Berry Rd., Lake Country, BC, V4V 1Z7
- Summerland Community Food Bank 13204 Henry Ave., Summerland, BC, VOH 1Z0
- Penticton Salvation Army Community Food Bank 2399 South Main St., Penticton, BC, V2A 5J1
- Vernon Food Bank
 3303- 32 Ave., Vernon, BC, V1T 2M7
- Lumby Food Bank
 Lumby British Columbia, BC, VOE 2G0
- Oliver Food Bank Oliver, BC, VOH 1T0
- Okanagan Boys & Girls Club
 3459 Pleasant Valley Rd., Armstrong, BC, VOE 1B0
- Cawston/Keremeos Food Bank
 2334 Newtown Road, Cawston, BC, VOX 1C1
- Feed Enderby and District Food Bank 1110 Belvedere Street, Enderby, BC, VOE 1V0
- Cherryville Community Food Bank Society 412 Sugar Lake Road, Cherryville, BC, VOE 2G2

- Osoyoos Food Bank
 621097th Street, Osyoos BC, VOH 1V4
- Nicola Valley & District Food Bank
 2026 Quilchena Ave., Merrit, BC, V1K 1B8
- Salmon Arm Salvation Army Food Bank 191 2nd Ave., Salmon Arm, BC, V1E 4N6

Housing

- Inn from the Cold- Kelowna (Temporary Shelters) 1157 Sutherland Ave, Kelowna, BC
- The John Howard Society of the North Okanagan/Kootenay Region (Temporary Shelters) 2800-33 St., Vernon, BC
- The Governing Council of the Salvation Army in Canada Penticton Branch (Emergency) <u>Client</u>: Men, Women and Families <u>Phone</u>: 250-490-9521 123 Nanaimo, Penticton, BC
- Kelowna Gospel Mission Society (Emergency) <u>Client</u>: Men and Women <u>Phone</u>: 250-763-3737 251 Leon Avenue, Kelowna, BC
- John Howard Society of the North Okanagan/Kootenay Region of BC (Emergency) <u>Client</u>: Men <u>Phone</u>: 250-542-4041 2307 43 Street, Vernon, BC
- New Opportunities for Women (NOW) Canada Society (Emergency) <u>Client</u>: Women and Children <u>Phone</u>: 250-763-2262 2609 Richter Street, Kelowna, BC

THOMPSON CARIBOO SHUSWAP (Revelstoke, Salmon Arm, Kamloops, 100 Mile House,North Thompson, Cariboo-Chilcotin, Lillooet, South Cariboo, Merritt)

HIV Primary Clinic

 West Chilcotin Health Centre (Clinic) <u>Description</u>: Accepting HIV-positive patients. <u>Hours</u>: Mon-Fri: 8:30am-12pm, 1-4:30pm <u>Phone</u>: 250-476-1114 16452 Highway 20, Tatla Lake, BC, VOL 1V0

 Sicamous Medical Clinic (Clinic, Physician) <u>Care Provider</u>: Jack H. Beech (Physician) <u>Description</u>: Physician accepting HIV-positive patients. HIV-positive patients will be accepted on a case-by-case basis. Only accepting patients who live in Sicamous. <u>Phone</u>: 250-836-2817 217 Finlayson St., Sicamous, BC, VOE 2V0

HIV Primary Care (Physicians, Nurse Practitioners, Nurses)

- Care Provider: Kevin Laupland (Physician) <u>Description</u>: Physician accepting HIV-positive patients.<u>Phone</u>: 250-314-2138
 311 Columbia Street, Kamloops, BC, V2C 2T1
- Care Provider: Elizabeth Tarsitt (Physician) <u>Description</u>: Physician accepting HIV-positive patients.<u>Phone</u>: 250-318-0158
- Care Provider: Rob Baker (Physician) <u>Description</u>: Physician accepting HIV-positive patients for HIV care only, not family medicine. Please indicate HIV status when contacting physician. Has experience with hepatitis C and addictions. <u>Hours</u>: Summer hours: Wed-Thur: 9am-12pm; October-March: Monday–available afternoons; Tue-Fri– availablemornings <u>Phone</u>: 250-374-6566 430-5th Ave., Kamloops, BC, V2C 5Y2
- Care Provider: Jolien Steyl (Physician) <u>Description</u>: Physician accepting HIV-positive and Hepatitis C patients. <u>Phone</u>: 778-799-2141 200 197 Second Avenue North, Williams Lake, BC, V2G 125

Sexual and Reproductive Health (Testing, Case Management)

- Options for Sexual Health (Clinic) <u>Description</u>: Clinic offers STI testing and treatment, and referrals for HIV testing. Also offers birth control, emergency contraception, pregnancy counseling, pregnancy test, PAP testing. <u>Hours</u>: Tues: 7pm-9pm <u>Phone</u>: 250-833-4100 851 16th Street NE, Salmon Arm, BC, V1E 4N7
- 100 Mile Public Health Clinic (Clinic) <u>Description</u>: STI information, support and counseling.

<u>Phone</u>: 250-395-7676 555 Cedar Ave.,100 Mile House, BC, VOK 2E0

- Street Nurse Outreach Clinic (Clinic) <u>Description</u>: STI testing, treatment and counseling; HIV & Hep C counseling and testing. Services provided to highrisk youth and adults. Located in King Street Clinic. <u>Hours</u>: Wed: 1pm-3pm <u>Phone</u>: 250-851-7388 126 King St., Kamloops, BC, V2B 328
- Kamloops Youth Clinic (Clinic)
 <u>Description</u>: Information for people aged 25 and under on HIV/AIDS, STI, contraception and more.
 <u>Hours</u>: Tues: 1-6pm (scheduled appointments and drop-in); Wed & Thur: 3-4 pm (medication refills done only by appointment)
 <u>Phone</u>: 250-851-7300
 <u>Website</u>: <u>http://www.tru.ca/wellness/my-wellness/physical/sexualhealth.html</u>519
 Columbia Street, Kamloops, BC, V2C 2T8
- Williams Lake TRU Health (Clinic) <u>Description</u>: Health clinic lead by nurse practitioner. Services are free and confidential and include STI testing and treatment. <u>Hours</u>: STI Clinic: Tue & Thur: 1:30pm-5pm <u>Phone</u>: 250-392-8033 1250 Western Ave., Williams Lake, BC, V2G 1H7
- Revelstoke Health Centre (Clinic)
 <u>Description</u>: Clinic located in Queen Victoria Hospital. Does not do HIV testing, but will refer to physician who can sign a requisition and offer treatment. Offers counseling.

 <u>Phone</u>: 250-814-2244
 1200 Newlands Rd., Revelstoke, BC, VOE 2S0
- Nicola Valley Health Centre (Clinic) <u>Description</u>: Youth and sexual health services.<u>Hours</u>: Mon-Fri: 8:30am- 4:30pm <u>Phone</u>: 250-378-2242 3451 Voght St. South, Merritt, BC, V1K 1C6

 Street Nurse Outreach Clinic (Registered Nurse) <u>Description</u>: STI testing, treatment and counseling; HIV and hepatitis C counseling and testing. Services areprovided to high-risk youth and adults. Located in New Life Mission. <u>Hours</u>: Tues: 10am-12pm <u>Phone</u>: 250-851-7388 181 Victoria Street West, Kamloops, BC, V2C 1A5

Mental Health & Addictions

• Brett Ginter (Psychologist)

<u>Description</u>: Psychologist providing counselling on subjects including: Therapy for depression and anxiety, couples counseling, family counseling, parenting support, grief counseling, work and career issues, stress management, addiction and recovery, conflict resolution.

<u>Phone</u>: 250-804-5326

Website: http://brettginter.com

251 Harbourfront Dr. NE, Salmon Arm, BC, V1E 2W7

Canadian Mental Health Association (Mental Health)

<u>Description</u>: Facilitate access to the resources people require to maintain and improve mental health and community integration, build resilience and support recovery from mental illness. In BC, Mental Health, substance use and addictive behaviour are within the scope of the organization.

- Shuswap-Revelstoke
 <u>Hours</u>: Mon-Thur: 8:30am–5pm, Fri 8:30am–2:30pm; Hudson Thrift Shoppe: Mon-Sat: 9am–4:30pm
 <u>Website</u>: <u>https://shuswap-revelstoke.cmha.bc.ca</u>433
 Hudson Ave, Salmon Arm, BC, V1E 4S1
- Kamloops
 <u>Hours</u>: Mon-Fri: 8:30am–4pm
 <u>Phone</u>: 250-374-0440
 <u>Website</u>: <u>www.kamloops.cmha.bc.ca</u>
 857 Seymour St., Kamloops, BC, V2C 2H6
- South Cariboo
 <u>Hours</u>: Mon-Thur: 1pm-4pm
 <u>Phone</u>: 250-395-1183
 <u>Website</u>: <u>http://southcariboo.cmha.bc.ca</u>
 100 Mile House, BC, VOK 2E0
- Caribou Friendship (Mental Health)
 <u>Description</u>: Mental health liaison worker and mental health liaison program assists Aboriginal individuals whoare dealing with mental health issues. Mental health worker provides services to individuals living in Williams Lake and surrounding area.
 <u>Phone</u>: 250-398-3119

228 South 3rd Ave., Williams Lake, BC, V2G 1J4

ASK Wellness Society Kamloops (Addictions)
 <u>Description</u>: Provides awareness, education, advocacy, housing, and support related to HIV/AIDS, hepatitis C, marginalization and persons at risk, in order to develop healthier communities. HIV/AIDS case management andreferrals are available.
 <u>Addiction Supportive Housing</u>: Provides supports and housing to those individuals who have successfully gonethrough detox and wish further assistance to become contributing community members.
 <u>Hours</u>: Mon-Fri: 8:30am- 4:30pm
 <u>Phone</u>: 250-376-7558
 <u>Website</u>: http://www.askwellness.ca

433 Tranquille Rd., Kamloops, BC, V2B 3G9

Sage Health Centre (Addictions) <u>Description</u>: Sage Health Centre is a private abstinence-based residential treatment facility that offers treatmentfor men and women who are dealing with addictions. Physicians, specialists and nurse practitioners at this clinic are experienced caring for and are accepting clients living with HIV. <u>Phone</u>: 250-374-6551 <u>Website</u>: <u>www.sagehealthcentre.ca</u> 101 Columbia Street, Kamloops, BC, V2C 2S7

- Mental Health and Substance (Addictions) <u>Description</u>: Mental health and substance use services for adults. <u>Services</u>: Assessment, treatment, counselling, outpatient program, concurrent disorders program.<u>Hours</u>: Mon-Fri: 8:30am-5:15pm <u>Phone</u>: 250-256-4233 951 Murray St. Bag 300, Lillooet, BC, VOK 1V0
- Lillooet Friendship Centre Society (Addictions) <u>Description</u>: Counselling, referrals to detox and/or residential treatment centres, information workshops, personal development workshops. Services are open to all. <u>Phone</u>: 250-256-4146 <u>Website</u>: http://www.lfcs.ca/ 357 Main St., Lillooet, BC, VOK 1V0
- Aboriginal Mental Health and Addictions Outreach (Addictions) <u>Description</u>: Assistance for Aboriginal clients dealing with addictions and mental health issues, including daily challenges and life skills. <u>Phone</u>: 250-398-6831 or 250-305-5365 <u>Website</u>: <u>http://www.cariboofriendshipsociety.ca/</u>99 South 3rd Ave., Williams Lake, BC, V2G 1J1

Methadone Clinics

- Kamloops Methadone Clinic <u>Phone</u>: (250) 374-2345 220 Third Avenue, Suite 103 Kamloops, BC, V2C 3M3
- Interior Chemical Dependency Office <u>Phone</u>: (778) 471-6488
 239 Lansdowne Street Kamloops, BC, V2C 1X8

Alternative Health

Jade Mountain Wellness and Acupuncture (Alternative Health) <u>Care provider</u>: Erin Potter <u>Description</u>: Traditional Chinese Medicine Practitioner <u>Hours</u>: Acupuncture: Mon & Wed: 1pm-7:30pm; Tue & Thur: 8:30am-3pm; Massage: Please call for hours ofservice. <u>Phone</u>: 250-837-3900 <u>Website</u>: <u>http://www.jademountain.ca/</u> 101 First St. West, Revelstoke, BC, VOE 2S0

Service Organizations

ASK Wellness Society Merritt <u>Description</u>: Outreach workers provide assistance with housing, harm reduction, education and support. Assistance is also provided for finding a doctor and attending medical appointments. Fireside Centre for teens islocated at 2026 Granite Ave. <u>Area served</u>: Merritt, Logan Lake, Lillooet, Lytton <u>Hours</u>: Mon-Thur: 8:30am-4:30pm <u>Phone</u>: 250-315-0098 <u>Website</u>: <u>http://www.askwellness.ca/</u> 2151 Granite Ave., Merritt, BC, V1K 1B8

Boys and Girls Club of Williams
 <u>Description</u>: The Club is contracted by the Interior Health Authority to deliver community-wide services regardingeducation about HIV/AIDS and Hepatitis C.

 <u>Phone</u>: 250-392-5730
 <u>Website</u>: <u>http://www.bgcwilliamslake.com/</u>
 17 South Fourth Avenue, Williams Lake, BC, V2G 1J6

Nutrition

- Community Connections Food Bank Revelstoke, BC, VOE 2S0
- Salmon Arm Salvation Army Food Bank 191 2nd Ave. Salmon Arm, BC, V1E 4N6
- Feed Enderby and District Food Bank 1110 Belvedere St., Enderby, BC, VOE 1V0
- Sorrento Food Bank #B Arnheim Road, Sorrento, BC, VOE 1H2
- Chase Hamper Society Chase, BC, VOE 1M0
- Kamloops Food Bank & Outreach Society STN Main, Kamloops, BC, V2C 6L8
- Logan Lake Food Bank

Logan Lake, BC, VOK 1W0

- 100 Mile House Food Bank
 5693 Horse Lake Road, 100 Mile House, BC, VOK 2E1
- Clearwater & District Food Bank
 742 Clearwater Village Rd, Clearwater, BC, VOE 1N1
- Nicola Valley & District Food Bank
 2026 Quilchena Ave., Merrit, BC, V1K 1B8

Housing

- Cariboo Friendship Society (Emergency) <u>Client</u>: Men, Women and Families 99 Third Avenue, Williams Lake, BC
- Canadian Mental Health Association- Kamloops Branch (Emergency) <u>Client</u>: Men, Women and Families <u>Phone</u>: 250-372-3031 259/271 Victoria Street, Kamloops, BC

FRASER EAST (Hope, Chilliwack, Abbotsford, Mission, Agassiz-Harrison)HIV

Primary Care (Physicians, Nurse Practitioners, Nurses)

- Care Provider: Iris Liu (Clinic, Physician) <u>Description</u>: Accepting HIV-positive patients. <u>Phone</u>: 604-852-1567 172-2655 Clearbrook Road, Abbotsford, BC, V2T 2Y6
- Care Provider: Lawrence Welsh (Physician) <u>Description</u>: Physician treating HIV-positive patients. Not currently accepting patients, but please fill out application form. Prospective patients will be contacted as openings arise. <u>Hours</u>: Mon-Thur: 9am-5pm; Fri: 9am-4:30pm <u>Phone</u>: 604-826-6231 32243 Hurd Street, Mission, BC, V2V 3J9
- Care Provider: Sue Lawrence (Nurse Practitioner)
 <u>Description</u>: Family nurse practitioner providing care to people living with HIV. Currently only accepting clientswho are HIV-positive, any youth aged 12 to 26 years old, anyone who is homeless, any women experiencing violence, any unattached pregnant women. Accepting HIV-positive patients.

 <u>Phone</u>: 604-869-5648
 Hope Medical Clinic, 735 4th Ave, Hope, BC, VOM 1A3

Sexual and Reproductive Health (Testing, Case Management)

- Hope Public Health Unit (Clinic) <u>Description</u>: Provides free confidential information and education to youth 21 and under, including STI information, examinations and treatment and HIV education and testing. <u>Hours</u>: Mon: 2:30pm-4:30pm <u>Phone</u>: 604-860-7630 444 Park St., Hope, BC, VOX 1L0
- Agassiz Community Health Centre (Clinic) <u>Description</u>: HIV testing, STI testing and treatment. Services are available on a walk-in basis.<u>Hours</u>: Tue: 10am-4:30pm <u>Phone</u>: 604-703-2030 7040 Cheam Ave., Agassiz, BC, VOM 1A2
- Mission Health Unit (Clinic) <u>Description</u>: STI testing, treatment and counseling. HIV/HCV testing and counseling.<u>Hours</u>: Tue 2:30pm-3:45pm <u>Phone</u>: 604-814-5500 7298 Hurd Street, Mission, BC, V2V 3H5
- Chilliwack Health Unit (Case Management)
 <u>Description</u>: STI and HIV testing, treatment and counseling. Condom distribution and needle exchange.
 <u>Case Management</u>: HIV/AIDS Nurse Case Manager providing education and referrals for newly diagnosed peopleliving in the area.
 <u>Mental Health Unit</u>: Mental health services for people 19 and over. Services are located in unit 129 of the building.<u>Services</u>: Assessment, short-term treatment, residential and geriatric programs.
 <u>Hours</u>: Tue: 1:30pm–4pm; Thur: 1:30pm–4pm.
 <u>Phone</u>: 604-702-4900
 <u>45470 Menholm Rd., Chilliwack, BC, V2P 1M2</u>
- Agassiz Public Health Unit and Mental Health Centre (Case Management)
 <u>Description</u>: Public health unit: Offers STI and HIV testing, treatment and counselling. By appointment only.<u>Mental Health Centre</u>: Offers mental health services for adults.
 <u>Services</u>: Counselling, case management, education.
 <u>Areas served</u>: Harrison Hot Springs and Agassiz <u>Phone</u>:
 604-793-7160
 7243 Pioneer Ave., Agassiz, BC, VOM 1A0
- Abbotsford Public Health Unit (Case Management) <u>Description</u>: STI testing and treatment, STI counselling, HIV counselling and testing. HIV/AIDS Nurse Case Manager can provide information and referrals for newly diagnosed people in Abbotsford and the surrounding area. <u>Hours</u>: Point-of-care HIV clinic: 2nd & 4th Thursday of each month, 4:30pm-6pm. Mon-Fri: Afternoons only.<u>Phone</u>: 604-864-3400 104-34194 Marshall Rd., Abbotsford, BC, V2S 5E4

Mental Health & Addictions

 Care Provider: Dr. H. Elise Reeh Inc. (Psychologist) <u>Description</u>: Registered psychologist welcoming and experienced in serving HIV-positive clients and LGBTQclients. <u>Phone</u>: 604-826-7778 <u>Website</u>: <u>http://drreehmissionpsychologist.ca/</u> 111-32423 Lougheed Hwy., Mission, BC, V2V 7B8

 Wellwithin Counselling (Psychiatrist & Counsellor) <u>Care provider</u>: Paula Jacobs <u>Description</u>: Registered nurse as well as registered clinical counsellor with a variety of areas of specialty. Hasworked with individuals living with HIV in her nursing career and offers counselling in her private practice. <u>Hours</u>: Hours of service vary. Evening and weekend appointments available on request.<u>Phone</u>: 604-864-1995 <u>Website</u>: <u>http://www.wellwithincounselling.com</u>34334 Forrest Terrace, Abbotsford, BC, V3G 0B7

- Eterna Counselling (Psychiatrist & Counsellor) <u>Care provider</u>: Nicole Giesbrecht <u>Description</u>: Clinical counsellor offering narrative therapy, cognitive behavioural therapy, feminist therapy, lifeskills coaching, mindfulness and imagery techniques. <u>Hours</u>: Mon-Thur: 9am-7pm; Fri: 9am-5pm; Sat: By appointment <u>Phone</u>: 604-746-2025 <u>Website</u>: http://eternacounselling.ca/ 203-2276 Clearbrook Rd., Abbotsford, BC, V2T 2X5
- Hope Mental Health Services (Mental Health) <u>Description</u>: Mental health services for people 19 and over.<u>Services</u>: Clinical and community support. <u>Application process</u>: Physician referral or self-referral. <u>Phone</u>: 604-860-7733 1275A 7th Ave., Hope, BC, VOX 1L4
- Abbotsford Mental Health (Addictions)
 <u>Description</u>: Mental health services for people 19 and older who have a serious and persistent mental illness.<u>Care providers available</u>: Eating disorder specialist, dual diagnosis counsellor.

 <u>Services available</u>: Assessment, treatment, counselling, residential care, rehabilitative and support services.<u>Phone</u>: 604-870-7800
 Suite 11, 32700 George Ferguson Way, Abbotsford, BC, V2T 4V6

Methadone Clinics

Cedarview Clinic
 <u>Phone</u>: (604) 792-1070
 9380 College Street, Chilliwack, BC, V2P 4L6

- Stigma Health Centre
 <u>Phone</u>: 604-329-0333
 102-46198 Yale Rd, Chilliwack, BC, V2P 2P1
- Mission Oaks Medical Centre <u>Phone</u>: (604) 826-7996 7303 Hurd Street, Mission, BC, V2V 3H6
- Abbotsford Health Centre <u>Phone</u>: 604-870-9925 33634 Busby Road, Abbotsford, BC, V2S 1V2
- Emerald Clinic <u>Phone</u>: 604-853-4484 33324 South Fraser Way Suite 5, Abbotsford, BC, V2S 2B4
- McCallum Health Centre
 <u>Phone</u>: 604-744-5016
 1C 2481 McCallum Ctr, BC, V2S 3P8
- Midtown Healht Centre <u>Phone</u>: 604-746-7868 101-2359 Clearbrook Rd, BC, V2T 2X6

Dental

Io Dental Clinic <u>Dentist</u>: Sumer Mavi <u>Hours</u>: Mon-Thur: 8am-4pm <u>Phone</u>: 604-824-3234 7-7201 Vedder Rd., Chilliwack, BC, V2R 4G5

Service Organizations

Pacific Community Resources

<u>Description</u>: Provide a multitude of services, including HIV/AIDS and STI prevention/education programs. TheHIV/AIDS and Hepatitis C Prevention Program is a mobile program that provides outreach services in several community locations, including Agassiz, Hope and Boston Bar.

The HIV/AIDS and Hep C Prevention Program is integrated with other (PCRS) alcohol and drug prevention and addiction services and clients requesting health, employment, detoxification, or treatment services are referred to appropriate resources.

<u>Application process</u>: First time clients must fill out a confidential and non-identifying questionnaire to registerwith the program. Only registered clients can use the service.

<u>Hours</u>: Mobile Outreach Van Hours: Mon-Fri: Chilliwack 12pm-4pm; Alternating Tue: Agassiz 9:30am-11:15am; Hope: 9:45am-11:15am; 1st and 3rd Thur of the month: Boston Bar 11am-2:30pm <u>Phone</u>: 604-795-5994 <u>Website</u>: <u>http://www.pcrs.ca/</u> 45921 Hocking Avenue, Chilliwack, BC, V2P 1B5

Positive Living Fraser Valley <u>Description</u>: Provides support, education and outreach to all those affected by HIV, HCV, TB and sexually transmitted blood borne infections. <u>Hours</u>: Mon-Fri: 10:30am-4pm <u>Phone</u>: 604-854-1101 <u>Website</u>: <u>http://www.plfv.org</u> 32883 South Fraser Way, Abbotsford, BC

Nutrition

Abbotsford Food Bank (Nutrition) <u>Description</u>: A specialized program providing higher protein food hampers for those in a low-income situation andliving with HIV or AIDS. Works with clients to discuss their specific dietary requirements and meet those needs. <u>Hours</u>: Mon-Fri: 8am-4pm. Please contact for specific services. <u>Phone</u>: 604-859-5749 33914 Essendene Ave., Abbotsford, BC, V2S 2H8

Housing

- Riverside Winter Shelter
 <u>Phone</u>: 604-776-2424
 1640 Riverside Road Abbotsford, BC V2S8J2
- The Lookout Emergency Aid Society (Temporary Shelters) 1640 Riverside Rd, Abbotsford, BC
- The Salvation Army (Temporary Shelters) 45746 Yale Rd, Chilliwack, BC
- The Governing Council of the Salvation Army in Canada Chilliwack (Emergency) <u>Client</u>: Men and Women <u>Phone</u>: 250-792-0001 45746 Yale Road, Chilliwack, BC
- The Governing Council of the Salvation Army in Canada Abbotsford Branch(Emergency) <u>Client</u>: Men, Women and Families <u>Phone</u>: 604-852-9305 34081 Gladys Ave, Abbotsford, BC
- Mission Community Services Society (Emergency)

<u>Client</u>: Men, Women and Families <u>Phone</u>: 604-829-9008 32646 Logan Avenue, Mission, BC

FRASER NORTH (New Westminster, Burnaby, Maple Ridge, Coquitlam)HIV

Primary Care (Physicians, Nurse Practitioners, Nurses)

Care Providers: Sangita Malhotra (Physician), Yasmin Arkian (Physician) <u>Description</u>: Physicians accepting HIV-positive patients. Dr. Malhotra also works at the Positive Health Services Clinic at Patterson Outpatient Clinic. Dr. Arikan specializes also in internal medicine. <u>Phone</u>: 604-525-9666 203-245 E. Columbia St., New Westminster, BC, V3L 3W4

Sexual and Reproductive Health (Testing, Case Management)

 Tri-Cities Youth Clinic (Clinic) <u>Description</u>: STI/HIV testing and treatment for youth 21 and under. Also provides assistance with smoking cessation. <u>Hours</u>: Wed: 3:30pm–6:30pm. The clinic no longer accepts drop-in patients. <u>Phone</u>: 604-614-7688 200 - 205 Newport Dr., Port Moody, BC, V3H 5C9

 HIM Sexual Health Centre: New Westminster (Clinic) <u>Description</u>: Provide services for gay men aged 18 and over, including STI and HIV testing. Also offers sexualhealth education, professional counselling and advocacy. <u>Hours</u>: Mon: 4pm-9pm; Wed: 4pm-9pm <u>Phone</u>: 604-230-9915 <u>Website</u>: <u>http://checkhimout.ca/</u> 40 Begbie Street, New Westminster, BC, V3M 3L9

- Burnaby Youth Clinic (Clinic) <u>Description</u>: STI testing, treatment and counselling, HIV counselling, testing and referral. Counselling by appointment. The clinic provides services to people up to age 22. <u>Hours</u>: Mon, Tue, Thur: 1pm-5pm <u>Phone</u>: 604-293-1764 4734 Imperial St., Burnaby, BC, V5J 1C2
- Lower Mainland Purpose Society (Case Management) <u>Description</u>: The Stride with Purpose – HIV/AIDS and Hepatitis C Program provides health promotion, prevention, and harm reduction services. Advocacy, case management, and education are also provided. Stride with Purposeis funded by the Fraser Health Authority and is a STOP HIV initiative. A youth clinic, STI testing, and referrals are available.

<u>Drop-in services for PLHIV</u>: Weekly on-site food bank and lunch; laundry and shower facilities; phone and internet access (search for treatment, housing, etc.); access to a case worker; arts and crafts group; Hep C support group; harm reduction supplies.

Hours: Mon-Fri: 8:30am-5pm

<u>Area served</u>: New Westminster, Burnaby, Coquitlam, Port Coquitlam, Port Moody, Maple Ridge, Pitt Meadows Phone: 604-526-2522

Website: http://www.purposesociety.org/Stride.html</u>40 Begbie St., New Westminster, BC, V3M 3L9

New Westminster Public Health (Case Management) <u>Description</u>: HIV testing and counseling and STI testing. Team of HIV/AIDS nurse case managers providing education, testing, referrals and other services for people in New Westminster and the surrounding area. <u>Hours</u>: HIV clinic, by appointment: Wed & Fri: 1:30pm-3:30pm Regular clinic: Mon-Fri: 8:30am-4:30pm <u>Phone</u>: 604-777-6704 218, C10 Sinth St. New Westminster, BC, V21-2C2

218-610 Sixth St. New, Westminster, BC, V3L 3C2

Mental Health and Addictions

- Evergreen Community Health Centre (Physician)
 <u>Description</u>: Accepting patients with complex health issues. Clients should be from within the Evergreen Clinic (Northeast Vancouver) catchment. Addictions services including counselling and other supports are available. <u>Hours</u>: Mon-Fri: 8:30am-4:30pm
 <u>Phone</u>: 604-872-2511
 3425 Crowley Dr., Vancouver, BC, V5R 6G3
- Care Provider: Michelle Srdanovic (Psychiatrist and Counsellor)
 <u>Description</u>: Registered Clinical Counsellor offering therapy to adults, children, couples and families.<u>Website</u>: <u>http://www.michellesrdanovic.com</u>
 317-627 Columbia Street, New Westminster, BC, V3M 1A7
- Avalon Counselling (Psychiatrist and Counsellor)
 <u>Description</u>: Compassionate counselling for transgender, bisexual, and lesbian people who are experiencing depression, anxiety, or grief.

 <u>Hours</u>: Wed & Fri
 <u>Phone</u>: 604-563-8662

 <u>Website</u>: http://Avaloncounselling.ca

 Locations in Burnaby and Vancouver, including Kitsilano Vancouver or Burnaby
- Adult Community Support Services (Case Management) <u>Description</u>: Mental health services for people 19 and over. Serves individuals experiencing a major mental illness requiring longer-term case management in the community to achieve and maintain essential life necessities suchas adequate housing and nutrition. <u>Services</u>: Assessment, treatment, case management, referrals.

<u>Area served</u>: Coquitlam, Port Coquitlam, Belcarra, Anmore, Port Moody <u>Phone</u>: 604-777-8400 1-2232 Elgin Ave., Port Coquitlam, BC, V3C 2B2 New Westminster Mental Health (Case Management)
 <u>Care providers available</u>: Registered nurse, psychologist, psychiatrist, general practitioner, social worker, counsellor, recreation therapist, concurrent disorder therapist, peer support worker.
 <u>Services available</u>: Outreach, counselling, case management, assessment, screening, treatment, referrals, assistance with medications and more.
 <u>Hours</u>: Mon-Fri: 8:30am-4:30pm
 2nd Floor - 403 6th St., New Westminster, BC, V3L 3B1

- Burnaby Mental Health Office (Case Management) <u>Description</u>: Mental health services for people 19 and over. <u>Services</u>: Assessment, treatment, case management, community living support, and referrals.<u>Phone</u>: 604-453-1900 Suite 129 3935 Kincaid St., Burnaby, BC, V5G 2X6
- Canadian Mental Health: Vancouver Fraser (Mental Health) <u>Description</u>: Facilitate access to the resources people require to maintain and improve mental health and community integration, build resilience and support recovery from mental illness. In BC, Mental Health, substance use and addictive behaviour are within the scope of the organization. <u>Hours</u>: Mon-Fri: 9am-5pm <u>Phone</u>: 604-516-8080 <u>Website</u>: www.vf.cmha.bc.ca 435 6th Street, New Westminster, BC, V3L 3B1
- Burnaby Hospital (Addictions) <u>Care provider</u>: Sherry Katz (Nurse Practitioner) <u>Description</u>: Accept clients living with HIV. Located at Burnaby Hospital, Primary Care Clinic, Mental Health and Substance Use. <u>Phone</u>: 604-412-6571 3935 Kincaid St., Burnaby, BC, V5G 2X6
- Burnaby Centre for Mental Health (Addictions) <u>Description</u>: Residential treatment for residents of BC 19 and over affected by both substance use and mentalhealth issues. <u>Application process</u>: By referral. <u>Phone</u>: 04-675-3950 3405 Willingdon Ave., Burnaby, BC, V5C 3H4

Methadone Clinics

- Alouette Addictions Services
 <u>Phone:</u> 604-467-5179
 22477 Lougheed Highway, Suite 201
 Maple Ridge, BC, V2X 2T8
- True Care Clinic
 <u>Phone</u>: 604-7467-5179

22470 Dewdney Trunk Rd Maple Ridge, BC, V2C 5Z6

- Lower Mainland Drug Freedom <u>Phone</u>: (604) 520-1068 25 Blackwood Street New Westminster, BC, V3L 2T3
- Edmonds Medical Clinic <u>Phone</u>: 604-549-9959 108-7738 Edmonds St. Burnaby, BC, V3N 1B8
- Spring Medical Centre <u>Phone</u>: 604-428-1363 4453 Lougheed Hwy Burnaby, BC, V3N 3M5
- Westminster Medical Clinic <u>Phone</u>: 604-777-7095 7636 6th St Burnaby, BC, V3N 1B8

Pharmacy

 Medicine Shoppe Pharmacy <u>Description</u>: Free rapid HIV testing. <u>Hours</u>: Mon-Fri: 9am-6pm; Sat: 10–4pm; Sun: 11–2pm <u>Phone</u>: 604-876-2511 239-2030 Kingsway, Vancouver, BC, V5N 2T3

Service Organizations

 Broadway Youth Resource Centre <u>Description</u>: STI testing and treatment, including HIV testing. Provides a wide range of social, health, education, employment and life skills services to homeless and at-risk youth between the ages of 12 and 24. <u>Hours</u>: Mon: 1pm–6:45pm; Tue: 1pm–6:45pm; Wed: 2:30pm–6:45pm; Thu: 1pm-6:45pm; Fri: 1pm–5:45pm<u>Phone</u>: 604-786-2228 2780 East Broadway Vancouver, BC, V5M 1Y8

Nutrition

 St. Timothy's Church <u>Hours</u>: Thursday 11am-12pm Priority Mobility and Seniors (55+); 12-12:30 pm all other members4550 Kitchener Street, Burnaby, BC,

- South Burnaby United Church <u>Hours</u>: Monday 9:30-10:30am Priority Mobility, Families (Children under 6), and Seniors (55+)10:30-11:30am. All other members 7591 Gray Ave, Burnaby, BC,
- Southside Community Church <u>Hours</u>: Tuesday 9-9:30 am Priority Mobility; 9:30-10:30am Families with Children under 6 and Seniors 55+; 10:30-11:30am. All other members 7135 Walker Ave., Burnaby, BC,

Housing

- Burnaby Extreme Weather <u>Phone</u>: 778-378-1700 Westminster Bible Chapel 7540-6th Street, Burnaby, BC,
- Cliff Block Housing Centre <u>Description</u>: 16 transitional housing units, 7 supportive permanent units. <u>Phone</u>: 604-523-9126 606 Clarkson Street, New Westminster, BC, V3M 1C8
- The Russel Residence and Shelter <u>Description</u>: 15 shelter beds, 40 supportive permanent units, <u>Phone</u>: 604-529-9126 740 Carnarvon Street, New Westminster, BC,
- Rhoda Kaellis Residence
 <u>Phone</u>: 604-544-5145
 1105 Royal Avenue, New Westminster, BC, V3M 1K4
- New West Extreme Weather <u>Phone</u>: 604-523-9126 Cliff Block (Basement) 606 Clarkson, BC
 - The Salvation Army (Temporary Shelters) 22188 Lougheed Hwy, Ridge Meadows, BC
- The Governing Council of the Salvation Army in Canada Maple Ridge Branch (Emergency) <u>Client</u>: Men, Women and Families <u>Phone</u>: 604-463-8296 22188 Lougheed Highway, Maple Ridge, BC
- Elizabeth Fry Society of Greater Vancouver (Emergency) <u>Client</u>: Women and Children <u>Phone</u>: 604-524-0710 402 East Columbia Street, New Westminster, BC

- The Governing Council of the Salvation Army in Canada New Westminster (Emergency) <u>Client</u>: Men
 <u>Phone</u>: 604-526-4783
 32 Elliot Street, New Westminster, BC
- The Lookout Emergency Aid Society (Emergency) <u>Client</u>: Men
 <u>Phone</u>: 604-4529-9126
 740 Carnarvon Street, New Westminster, BC
- Fraserside Community (Emergency) <u>Client</u>: Women and Families <u>Phone</u>: 604-525-3929 1206 8th Avenue, New Westminster, BC

FRASER SOUTH (Langley, Delta, Surrey, South Surrey/White Rock)HIV

Primary Care (Clinics)

Positive Health Services Clinic (Clinic, Nurse Practitioners)
 <u>Care Providers</u>: Bal Dhesi (Nurse Practitioner), Donna Nicholson (Nurse Practitioner),
 <u>Description</u>: Positive Health Services is located in the Jim Pattison Outpatient Care and Surgery Centre. Services include HIV/AIDS assessment, treatment, education and support; sexually transmitted infection testing and treatment; and women's health services (PAP smears). Also serves as a referral source to other health servicesand community agencies. Offer understanding, respect, and confidentiality to clients, families and friends.
 <u>Hours</u>: Mon-Fri: 8:30am – 4:30pm; Evening clinics: First Thurs of each month until 7pmPhone: 604-582-4581
 9750 140th St., Surrey, BC, V3T 0G9

 Surrey North Community (Clinic, Physician)
 <u>Care Provider</u>: David Henderson (Physician)
 <u>Description</u>: Provides primary HIV and health care. Physician accepting HIV-positive patients.<u>Hours</u>: Mon-Fri: 1pm-5pm
 <u>Phone</u>: 604-583-5666
 10697 135A St., Surrey, BC, V3T 5B7

Infectious Diseases (Specialists)

Care Providers: Yazdan Mirzanejad, Patrick Wong, Gregory Deans, Michael Chapman <u>Description</u>: Physicians accepting HIV-positive patients. Work in Positive Health Services at Jim Pattison Outpatient Care and Surgery Centre. <u>Hours</u>: Mon-Fri: 8:30am-4:30pm <u>Phone</u>: 604-582-4553 Jim Pattison Outpatient Care and Surgery Centre 3rd Floor, 9750 140th St., Surrey, BC, V3T 0G9

Sexual and Reproductive Health (Testing, Case Management)

- Langley Youth Wellness Centre (Clinic) <u>Description</u>: STI/HIV testing and treatment for youth.<u>Hours</u>: Mon, Wed: 2pm-4pm
 <u>Phone</u>: 604-539-2900
 20389 Fraser Highway Langley, BC, V3A 7N2
- Maxxine Wright Community (Clinic)
 <u>Description</u>: Provides support to women who are pregnant or have very young children at the time of intake whoare also impacted by substance use and/or violence and abuse. Provides free and confidential testing, counselling, and education about sexually transmitted infections, HIV, and AIDS. Provides support to those livingwith HIV/AIDS and offers assistance with partner notification. Please inquire about human papillomavirus vaccinations.
 <u>Hours</u>: Mon-Fri: 11:30am-3:30pm
 <u>Phone</u>: 604-584-7597
 <u>Website</u>: <u>http://www.atira.bc.ca/maxxine-wright-community-health-centre</u>2 13733 92nd Avenue, Surrey, BC, V3V 1H9
- HIM Sexual Health Centre: Surrey (Clinic) <u>Description</u>: Offer services to gay men aged 18 and over, including STI and HIV testing, as well as sexual health education, professional counselling, and advocacy. <u>Hours</u>: Wed: 4:30-9pm; Fri: 3-8pm <u>Phone</u>: 778-872-3014 <u>Website</u>: <u>http://checkhimout.ca/</u> 220-10362 King George Highway, Surrey, BC, V3T 2W5
- Langley Mental Health Centre (Case Management) <u>Care providers available</u>: Registered nurse, psychologist, psychiatrist, general practitioner, and social worker. <u>Services</u>: Assessment, screening, treatment, counselling, case management, referrals, medication assistance. <u>Hours</u>: Mon, Tue, Thur: 8:30am-4:30pm; Wed, Fri: 8:30am-7:30pm <u>Phone</u>: 604-514-7940 305 - 20300 Fraser Hwy., Langley, BC, V3A 4E6
- North Surrey Health Clinic (Case Management) <u>Description</u>: Team of HIV/HCV nurse case managers available for testing and counseling.<u>Phone</u>: 604-587-7900 220-10362 King George Blvd., Surrey, BC, V3T 2W5
- Surrey Public Health Unit (Case Management) <u>Description</u>: HIV/AIDS nurse case manager providing information, referrals and other services.<u>Phone</u>: 604-587-7902 220-10362 King George Hwy., Surrey, BC, V3T 2W5
Mental Health & Addictions

- Delta-North Mental Health (Mental Health) <u>Description</u>: Mental health services for youth, adults and seniors. <u>Services</u>: Assessment, treatment, peer groups, outpatient program, services for concurrent disorders, support. <u>Application process</u>: Referral from local mental health centre or geriatric mental health intake. <u>Area served</u>: Delta & Fraser Health <u>Hours</u>: Mon-Fri: 8:30-4:30pm <u>Phone</u>: 604-592-3700 129 - 6345 120th St., Delta, BC, V4E 2A6
- Delta-South Mental Health (Mental Health) <u>Description</u>: Mental health services for youth, adults and seniors. <u>Services</u>: Assessment, treatment, outpatient programs, concurrent disorder program, group therapy, support. <u>Application process</u>: Referral from local mental health centre or geriatric intake staff. <u>Area served</u>: Delta & Fraser Health. <u>Phone</u>: 604-948-7010 15 - 1835 56th Street, Delta, BC, V4L 2L8
- Surrey Mental Health Services (Mental Health)
 <u>Description</u>: Entry point for adult mental health services in Surrey.

 <u>Services</u>: Urgent response, clinical assessment, treatment stabilization, and referral. Community residential program, geriatric program and rehabilitation services can also be accessed through this office.

 <u>Hours</u>: Mon-Fri: 8:30am-4:30pm
 <u>Phone</u>: 604-953-4900
 11th Floor Station Tower 13401 108th Ave., Surrey, BC, V3T 5T3
- White Rock South Surrey Mental (Addictions) <u>Description</u>: Mental health and addictions services for adults. <u>Services</u>: Counselling, outreach, day programs, outpatient programs, peer support, support groups, assessment,treatment. Also includes residential program and geriatric psychiatry services. <u>Area served</u>: Langley, White Rock, South Surrey. <u>Hours</u>: 8:30am-4:30pm <u>Phone</u>: 604-541-6844 Peace Arch Hospital-Russell Unit 15521 Russell Ave., White Rock, BC, V4B 2R4

Methadone Clinics

- Bio-Scan Methadone Maintenance <u>Phone</u>: (604) 599-4306 11950 80th Avenue, Suite 100 Delta, BC, V4C 1Y2
- Avecina Medical Clinic <u>Phone</u>: (604) 539-1744

20644 Fraser Highway, Suite 100 Langley, BC, V3A 4G5

- Alliance Clinic <u>Phone</u>: (604) 582-5826 10085 Whalley Boulevard Surrey, BC, V3T 4G1
- Better Health Clinic <u>Phone</u>: (604) 588-9955 10063 Whalley BoulevardSurrey, BC, V3T 4G1
- Health Gate Medical Clinic <u>Phone</u>: (604) 583-6364 13446 108 Avenue Surrey, BC, V3T 2K1
- Maxxine Wright Community Health Centre <u>Phone</u>: (604) 587-3835 13733 92nd Avenue Surrey, BC, V3V 1H9
- New Beginnings <u>Phone</u>: (604) 582-106810690 135A Street Surrey, BC, V3T 4E2
- Party City Clinic
 <u>Phone</u>: (604) 585-4385
 10216 128th Street, Suite 103
 Surrey, BC, V3T 2Z3
- Scott Town Medical Clinic <u>Phone</u>: (604) 588-0320 9556 120 Street Surrey, BC, V3V 4C1
- Valley Oak Clinic
 <u>Phone</u>: (604) 581-4181
 10663 King George Boulevard, Suite 102
 Surrey, BC, V3T 2X6
- Quibble Creek Opiate Substitution Therapy Clinic at Primary Care Services <u>Phone</u>: (604) 580-4950 102-13670 94A Ave. Surrey, BC, V3V 1N1

Surrey Metro Clinic <u>Phone</u>: (604) 585-4385 10517 King George BlvdSurrey, BC, V3T 2X1

Alternative Health

Avisio Naturopathic (Naturopathic Doctor) <u>Care provider</u>: Cindy Quach <u>Description</u>: Naturopathic physician experienced in providing care to HIV-positive patients.<u>Hours</u>: Wed, Fri, Sat: 9am-5pm; Thurs: 12-8pm <u>Phone</u>: 778-218-3111 <u>Website</u>: <u>http://www.avisio.com/</u> 101-8501 162 St., Surrey, BC, V4 N 1B2

Wellness Trading Post (Alternative Health)
<u>Care provider</u>: Julieta Criollo
<u>Description</u>: Phytotherapy, German New Medicine, nutrition and lifestyle counseling, energy healing, Reiki, mind treatments and visualization.
<u>Hours</u>: Mon: 1pm-5:30pm; Tue-Thur: 11am-5:30pm; Fri: 11am-3pm
<u>Phone</u>: 604-760-6425
<u>Website</u>: <u>http://www.wellnesstradingpost.com</u>
13666 Bentley Rd, Surrey, BC, V3R 5C3

Service Organizations

Fraser Regional Aboriginal
<u>Description</u>: Provides services to Aboriginal people living with HIV/HCV. Provides support programs including Good
Food Box program and weekly Talking Circle. Services include support groups, assistance with doctor's appointments, harm reduction supplies, referrals.
<u>Phone</u>: 604-595-1170 x 227
<u>Website</u>: <u>http://frafca.org/</u>
6878 King George Blvd., Surrey, BC, V3W 4Z9

Afro-Canadian Positive Network <u>Description</u>: Provides support and culturally appropriate services to HIV/AIDS diagnosed African immigrants, refugees and their families who live in the Surrey region. Services include community kitchen, education, tutoringand more. <u>Phone</u>: 604-626-9242 <u>Website</u>: <u>www.acpnetworkbc.org</u> 35-13947 68th Ave, Surrey, BC, V3W 2G9

Nutrition

• Surrey Food Bank

<u>Description</u>: Registered clients may visit the Surrey Food Bank and receive a hamper every 14 days. <u>Food hamper distribution Hours</u>: Mon: 9:30am–1pm; Tue: 9:30am–1pm; Thu: 9:30am–1pm; Fri: 9:30am–1pm<u>Phone</u>: 604-581-5443 Website: http://www.surreyfoodbank.org/

Website: http://www.surreyfoodbank.org/ 10732 City Parkway, Surrey, BC, V3T 4C7

- White Rock/South Surrey Food Bank 2343- 156 St., South Surrey, BC, V4A 4V5
- Share Family & Community Services
 2615 Clark Street, Port Moody, BC, V3H 1Z4
- Sources Langley Food Bank
 5673 200 Street, Langley, BC, V3A 1M7
- South Delta Food Bank
 5545 Ladner Trunk Rd, Delta, BC, V4K 1X1

Housing

- Health Solutions
 <u>Description</u>: Housing and Health Solutions (formerly South Fraser Community Services Society) is a non-profit, charitable organization providing basic services and support to disadvantaged and vulnerable populations.

 <u>Phone</u>: 604-589-8678
 <u>Website</u>: http://www.povnet.org/node/3348/
 10667 135A Street, Surrey, BC, V3T 4E3
- Foundation House <u>Description</u>: Supportive Recovery <u>Phone</u>: 604-580-0615 11184 – 143 A Street Surrey, BC, V3R 3M8
- PP/Outreach
 <u>Phone</u>: 604-328-7610
 Positive Point Harm Reduction: 604-589-8678 Ext. 140
- Gateway Shelter 604-589-7777 Outreach: 604-589-4746
- Julian House 10689-135A Street Surrey, BC, V3T 4E3
- Surrey Extreme Weather Primary Site: Legacy Church 9012-160 Street, Surrey, BC, V4N 3A5
- Boulevard Winter Shelter <u>Phone</u>: 604-588-1061, Fax: 604-588-4407

10677 Whalley Boulevard Surrey, BC, V3T 4H8

- Surrey Urban Mission (Temporary Shelters) 10776 King George Blvd, Surrey, BC
- The Lookout Emergency Aid Society (Temporary Shelters) 106660 City Park Way, Surrey, BC 14716-104 Ave, Surrey, BC 10677 Whalley Blvd, Surrey, BC
- The Salvation Army (Temporary Shelters) 5787 Langley Bypass, Langley, BC
- The Governing Council of the Salvation Army in Canada Langley South Branch (Emergency) <u>Client</u>: Men and Women
 <u>Phone</u>: 604-514-7375
 5787 Langley Bypass, BC
- Options Community Services (Emergency) <u>Client</u>: Men, Women and Families <u>Phone</u>: 604-599-8900 6595 King Geroge Blvd, Surrey, BC
- Options Community Services Society (Emergency) <u>Client</u>: Men and Women <u>Phone</u>: 604-574-4341 17910 Colebrook Road, Surrey, BC
- Elizabeth Fry Society of Greater Vancouver (Emergency) <u>Client</u>: Women and Children <u>Phone</u>: 604-582-2456 14337/14347 108 Avenue, Surrey, BC
- The Lookout Emergency Aid Society (Emergency) <u>Client</u>: Drop in Services <u>Phone</u>: 604-589-7777 10667 135A Street, Surrey, BC
- Elizabeth Fry Society of Greater Vancouver (Emergency) <u>Client</u>: Women and Children <u>Phone</u>: 604-581-1538 13474 112A Avenue, Surrey, BC

RICHMOND (Richmond)

HIV Primary Care (Clinics)

 Gilwest Clinic (Clinic, Physicians)
 <u>Care Provider</u>: Katie Bertram (Physician), Jerry Vortel (Physician)
 <u>Description</u>: Provides HIV/AIDS and hepatitis C assessment, treatment, and prevention services including needle exchange. Accepting HIV-positive patients.
 <u>Hours</u>: Self-referrals accepted. Mon, Tue: 9:30am-11:30pm; Thur: 4:30-7:30pm<u>Phone</u>: 604-233-3135
 7000 Westminster Hwy., Richmond, BC, V6X 1A2

Mental Health and Addictions

- Richmond Mental Health Team (Case Management) <u>Description</u>: Mental health services for people 19 and over. <u>Services</u>: Assessment, treatment, case management, outreach, and rehabilitation. <u>Application process</u>: Physician referral <u>Hours</u>: Mon-Fri: 8:15am-4:15pm <u>Phone</u>: 604-273-9121 200-6061 Number 3 Rd., Richmond, BC, V6Y 2B2
- Richmond Mental Health and Addictions Services (Addictions) <u>Description</u>: Point of entry for mental health and addictions services in Richmond. <u>Services</u>: Screening, assessment, referrals. <u>Hours</u>: Mon-Fri: 8:30am-5pm <u>Phone</u>: 604-244-5488 600-8100 Granville Avenue, Richmond, BC, V6Y 3T6

Methadone Clinics

Anne Vogel Clinic <u>Phone</u>:
 (604) 233-5699 8160
 Cook Road Richmond,
 BC, V6Y 1T8

Alternative Health

 Satori Integrated Health Centre (Alternative Health) Care provider: Hannah Beard

<u>Description</u>: Registered massage therapist with experience treating women with high risk and healthy pregnancies, patients with HIV/AIDS, cancer and cystic fibrosis, adults with multiple sclerosis, amyotrophic lateral sclerosis and spinal cord injuries.

Phone: 604-274-7224 Website: http://www.satoriintegrativehealth.com/ 12004 No 1 Rd., Richmond, BC, V7E 1T4

Dental

Chatham Dental <u>Dentist</u>: James Cadigan <u>Description</u>: Provides a wide range of dental services. <u>Hours:</u> Mon: 8:30am-5pm; Tue: 8:30am-1pm; Wed: 2pm-8pm; Thur: 9am-5pm; Fri: 8:30am-5pm; One Sat permonth: 8:30am-4pm <u>Phone</u>: 604-271-5622 <u>Website</u>: <u>http://www.dentistinsteveston.com/</u> 211-3740 Chatham St., Richmond, BC, V7E 2Z3

The Urban Dentist
 <u>Description</u>: Dental services including general dentistry.

 <u>Hours</u>: Mon: 8am-4:30pm; Tue: 10am-7pm; Wed: 8am-4:30pm; Thur: 8am-4:30pm; Sat: 9am-2pmPhone: 604-278-1907
 <u>Website</u>: <u>http://theurbandentist.ca/</u>
 #100-7031Westminster Hwy., Richmond, BC, V6X 1A3

Service Organizations

Heart of Richmond AIDS
 <u>Description</u>: Provides support, counseling and advocacy services to people living with HIV and AIDS. Support groups, workshops, education sessions, grocery voucher program and other supports are also offered. Print material in Cantonese and Mandarin available.
 <u>Phone</u>: 604-277-5137
 <u>Website</u>: http://www.heartofrichmond.com 203 - 6411 Buswell St., Richmond, BC, V6Y 2G5

Nutrition

- Richmond Food Bank Society 100-5800 Cedarbridge Way, Richmond, BC, V6x 2A7
- South Delta Food Bank
 5545 Ladner Trunk Rd, Delta, BC, V4K 1X1

Housing

 The Governing Council of the Salvation Army in Canada Richmond (Emergency) <u>Client</u>: Men <u>Phone</u>: 604-276-2490 311 Shell Road, Richmond, BC

VANCOUVER (City Centre, Downtown Eastside, North East, Westside, Midtown, SouthVancouver)

HIV Primary Care (Clinics)

Oak Tree Clinic (Clinic, Case Management, Physicians, Nurse Practitioners, Pharmacy, Psychiatrists & Counsellors)
 <u>Care Provider</u>: Melanie Murray, Neora Pick, Mary Kestler: Physicians providing HIV care and accepting patients (adults).
 Ariane Alimenti, Laura Sauve: Physicians providing HIV care and accepting patients (pediatrician).Deborah
 Money: Physician providing HIV care and accepting patients (head obstetrician).
 Alicia Hornsberger: Family nurse practitioner focusing on women's health and primary care.Laura
 Vicol: Family nurse practitioner.
 <u>Description</u>: Provides specialized clinical care for the women and children living with HIV/AIDS. Interdisciplinaryclinical
 team includes physicians (adult, pediatric, and obstetrics/gynecology), dieticians, outreach workers, nurses, pharmacists, and social workers.
 <u>Hours</u>: Mon-Fri: 8:30am-4:30pm
 <u>Phone</u>: 604-875-2212; Toll free: 1-888-711-3030

Website: http://www.oaktreeclinic.bc.ca E600B - 4500 Oak St., Vancouver, BC, V6H 3N1

- Spectrum Clinic (Clinic, Physicians) <u>Care provider:</u> Carol Murphy, Joss de Wet, Fraser Norris, Tinus Wasserfall, Nirvair Levitt, Paul Gross, Kimberly Rutherford, Malcolm Hedgcock <u>Description</u>: Clinic providing primary HIV care. <u>Hours</u>: Mon-Thur 9-7pm; Fri 9-5pm <u>Phone</u>: 604-681-1080 702 - 1080 Howe St., Vancouver, BC, V6Z 2T1
- Care Point Medical Centre Denman Street (Clinic, Physicians) <u>Description</u>: Physician providing care to HIV-positive patients available two days a week. Services are available on a walk-in basis. <u>Phone</u>: 604-681-5338 1175 Denman St., Vancouver, BC, V6G 2N1
- Care Point Medical Centre Davie Street (Clinic, Physicians) <u>Description</u>: Physician providing care for HIV-positive people two days a week. Services are accessed on a walk-in basis. <u>Phone</u>: 604-915-9517 1123 Davie St., Vancouver, BC, V6E 1N2
- Downtown Community Health Centre (Clinic, Case Management, Physicians, Nurse Practitioners, Addictions, Psychiatrists & Counsellors)
 <u>Care provider</u>: Laura Knebel, Karen Arnold, Adriana Zamparini, Mabel Sze. Physicians accepting indigenouspatients living with HIV. Patients must meet clinic's mandate to be accepted.

<u>Description</u>: Vancouver Coastal Health primary care community health centre with mental health and addictions counsellors. Other services include case management for people living with HIV/AIDS, nutritional counselling, and access to psychiatrists and counsellors. Physicians and nurse practitioners are available. Clinic services, such as vaccination and primary health care are provided, as well as referral services, support groups and therapy. The clinic is open seven days a week, 365 days a year.

Phone: 604-255-3151 Website: http://www.vch.ca 569 Powell St., Vancouver, BC, V6A 1G8

- IDC St. Paul's Hospital (Clinic, Case Management, Physicians, Nurse Practitioners, Nurses, Nutrition, Psychiatrists & Counsellors)
 <u>Description</u>: IDC brings together an interdisciplinary team of family doctors, specialists, nurses, pharmacists, counselors, social workers, and nutritionists to provide a broad range of primary care and support services forHIV-positive patients. <u>Hours</u>: Mon-Fri: 8am-5pm. Provides after-hours medical support through an on-call physician.<u>Phone</u>: 604-806-8060
 608-1081 Burrard St., Vancouver, BC, V6Z 1Y6
- Vancouver Native Health Clinic (Clinic, Physician, Case Management, Addictions)
 <u>Care provider</u>: Glenn Bowlsby, Shelliza Mohammed
 <u>Description</u>: Primary HIV care and healthcare is offered through the clinic. Clinic will take referrals of unattachedAboriginal
 PLHIV residing in Vancouver and will consider referrals for other PLHIV living in the Downtown Eastside. Drug, alcohol and
 addictions counselling is available through the Positive Outlook Program. Clients canaccess the services of the LPN/mental
 health nurse employed through the Positive Outlook Program. Access to aHIV/AIDS case worker is provided by the
 Vancouver Native Health Society's Positive Outlook Program.
 <u>Phone</u>: 604-254-9937
 <u>Website</u>: http://www.vnhs.net

449 East Hastings St., Vancouver, BC, V6A 1P5 Kerrisdale Station Medical Clinic (Clinic, Physician)

<u>Care provider</u>: Glenn Bowlsby <u>Description</u>: Physician accepting patients living with HIV who reside in West Vancouver/Kerrisdale area.<u>Phone</u>: 604-261-9494 2077 2nd Ave, Vancouver, BC, V6M 2B4

 Sunrise Medical Clinic (Clinic, Physician)<u>Care</u> provider: Mitra Motamedi <u>Description</u>: Physician providing HIV care. <u>Phone</u>: 604-253-3166 102-2280 East Hastings, Vancouver, BC, V5L 1V4

 Raven Song Community Health (Clinic, Addictions) <u>Care Providers</u>: Mike Burns, Kathleen Dann, Cassandra Djurfors, Nico Eichhorst, Michael Fitzmaurice, Vicki Klassen, Michael Norbury, Cole Stanley, Paul Walden <u>Nurse Practitioners</u>: Kelvin Bei, Youth Clinic, Jennifer Beaveridge, Eliza Henshaw, Angela Remocker <u>Description</u>: Clinic provides primary healthcare and addictions services including counselling and supports. Forquestions related to primary care, please call: 604-872-7984 Gender affirming primary care for transgender people is available at this location. Please call to book an appointment and confirm the appointment location: 604-633-4248 <u>Hours</u>: Mon-Fri: 8:30am-8:30pm; Sat, Sun and holidays: 10am-6pm <u>Phone</u>: 604-709-6400 2450 Ontario St., Vancouver, BC, V5T 4T7

Pender Health Clinic (Clinic, Addictions)

Care Providers: Vickie Klassen, Kim Cottick, Kimberley Merkli, Susan Nouch, David Joyce

<u>Description</u>: Interdisciplinary teams provide primary health care to targeted residents in each community, including assessments, diagnosis, treatment, support groups and referrals. Services include mental health and addiction treatment, counseling. The team provides primary care and HIV/STI healthcare services for vulnerablepeople. Accepting HIV-positive patients.

<u>Hours</u>: Mon-Fri: 8:30am-3pm <u>Phone</u>: 604-669-9181 59 W Pender St., Vancouver, BC, V6B 1R3

Three Bridges Clinic (Clinic, Addictions)

<u>Description</u>: The focus at this clinic is on the high risk and marginalized, living only in Coastal Heath Authority Community 1 (downtown). HIV and point-of-care testing and counseling are available. The clinic also provides addictions counselling and supports.

Hours: Mon-Fri: 8am-8pm

Youth Clinic Drop-in Hours: Mon-Fri: 4pm-8pm; Sat: 10am-5pm

Transgender Care- Gender affirming primary care for transgender people is available at this location. There maybe a waiting list. Please call to book an appointment and confirm the appointment location: 604-633-4248. Trans youth (aged 24 and under) from anywhere in the province can receive gender-affirming care at the Youth Clinic Drop-in (Mon-Fri: 4pm-8pm).

<u>Phone</u>: 604-736-9844 1292 Hornby St., Vancouver, BC, V6Z 1W2

Infectious Diseases (Specialists)

- BC Women's Hospital and Health Centre <u>Care Provider</u>: Mary Kestler <u>Description</u>: Infectious diseases and HIV specialist. <u>Phone</u>: 604-875-2000 Room E216-4500 Oak St., Vancouver, BC, V6H 3N1
- St. Paul's Inpatient Ward <u>Care Provider</u>: Val Montessori, Peter Phillips, Natasha Press, Mark Hull, Melanie Murray, Victor Leung, Richard Bedell, Max Meyer, Tracey Morris, Donna McClure, Tinus Wasserfall, Aida Sadr <u>Description</u>: Infectious diseases and HIV specialist. <u>Phone</u>: 604-875-2000 Room E216-4500 Oak St., Vancouver, BC, V6H 3N1
- Care Provider: Brian Conway <u>Description</u>: Specialist accepting HIV-positive patients. Specialist in infectious diseases and HIV/AIDS and participates in HIV clinical trials. Must have referral from GP.

Location: Downtown Infectious Disease Clinic <u>Phone</u>: 604-642-6429 <u>Website</u>: <u>http://www.vidc.ca/</u> 201- 1200 Burrard St., Vancouver, BC, V6Z 2C7

- Care Provider: Osamah Alenzi <u>Description</u>: Physician accepting HIV-positive patients. No referral required if HIV-positive. Located in Downtown Infectious Disease Clinic. <u>Phone</u>: (604) 336-2039 1160 Burrard St, Vancouver, BC, V6Z 2E8
- Care Provider: Iain Mackie
 <u>Description</u>: Physician accepting HIV-positive patients. Provides medical services to individuals who are infected or at risk of infection from HIV/AIDS.

 <u>Hours</u>: Wed: 1pm-4pm
 <u>Phone</u>: 604-875-5908

 2775 Laurel St., 7th Floor, Vancouver, BC, V5Z 1M9
- Vancouver General Hospital <u>Care Provider</u>: Robert Patrick Reynolds <u>Description</u>: Specialist in infectious diseases accepting HIV-positive patients.<u>Phone</u>: 604-875-4588 Rm 452, D Floor 2733 Heather Street, Vancouver, BC, V5Z 3J5

Sexual and Reproductive Health (Testing, Case Management)

- Options for Sexual Health-Vancouver (Clinic)
 <u>Phone</u>: 1-800-739-7367
 <u>Description</u>: We offer sexual and reproductive health care, information, and education from a feminist, pro-choice, sex positive perspective.
 <u>Website</u>: <u>https://www.optionsforsexualhealth.org/contact</u>3550
 East Hastings St., Vancouver, BC, V5K 2A7
- HIM Sexual Health Centre: (Clinic)

<u>Description</u>: Health Initiative for Men (HIM) provides services for gay men aged 18 and above, including HIV andSTI testing, counselling, as well as services for social, mental, physical and sexual health. This health centre isdedicated to strengthening the health and well-being of gay men. The clinic also provides peer support, professional counselling, and personal strategic advisors.

- Commercial Drive <u>Hours</u>: Mon, Tue: 4pm-8pm <u>Phone</u>: 778-708-3568 <u>Website</u>: <u>http://checkhimout.ca/</u> 101-1416 Commercial Drive, Vancouver, BC, V5L 3Y2
- Davie St (Clinic) <u>Clinic hours</u>: Mon-Thu: 4pm-9pm; Fri: 11am-4pm; Sat: 10am-3pm <u>Phone</u>: 604-488-1001

Website: http://www.checkhimout.ca 421-1033 Davie St., Vancouver, BC, V6E 1M7

- Vancouver STI Clinic (Clinic) <u>Description</u>: Free and confidential, No MSP required. STI counselling, testing and treatment, HIV counselling andtesting, hepatitis B vaccine. Appointments recommended. <u>Hours</u>: Mon: 8:15am-7pm; Tue-Wed: 8:14am-4pm; Thur: 9:15am-4pm; Fri: 8:15am-7:30pm; Sat: 9:15am-1pm <u>Phone</u>: 604-707-5600 655 West 12th Ave, Vancouver, BC, V5Z 4R4
- Knight Street Youth Clinic (Clinic) <u>Description</u>: STI testing and treatment. HIV and point-of-care testing and counseling.<u>Hours</u>: Drop-in clinic Mon: 2–4:30pm; Thur: 3:30–6pm <u>Phone</u>: 604-321-6151 <u>Website</u>: <u>http://www.vancouveryouth.ca/node/372</u> 6405 Knight St., Vancouver, BC, V5P 2V9
- East Van Youth Clinic (Clinic) <u>Description</u>: STI testing and treatment, HIV testing. For clients 24 and under. Drop-in.<u>Hours</u>: Mon-Wed: 3pm-6pm Fri: 2pm-5pm <u>Phone</u>: 604-675-3986 100-1669 East Broadway (First Floor), Vancouver, BC, V5N 1V9
- Bute Street Clinic (Clinic) <u>Description</u>: Sexually transmitted infections clinic for gay, bisexual, transgender and lesbian individuals. Doctor in attendance Wednesdays from 1:30-3:30pm. <u>Hours</u>: Mon-Fri: 11am-6:30pm <u>Phone</u>: 604-707-2790 <u>Website: http://www.qmunity.ca/home/bute-street-clinic/</u> 1170 Bute St., Vancouver, BC, V6E 126
- Boulevard Youth Clinic (Clinic) <u>Description</u>: Healthcare services for those under 24. <u>Hours</u>: Tue: 2:30pm-5pm; Thur: 3:30pm-6pm <u>Phone</u>: 604-261-6366 2110 W 43rd Ave, Vancouver, BC, V6M 2E1
- BC Centre for Disease Control (Clinic) <u>Description</u>: STI clinic, appointments recommended. <u>Hours</u>: Mon: 8:30am-7:30pm; Tue: Wed: 8:30am-4pm; Thur: 9:30am-4pm; Fri: 8:30am-7:30pm; Sat: 9:30am-1pmPhone: 604-707-5600 <u>Website</u>: <u>http://smartsexresource.com/</u> 655 West 12th Ave., Vancouver, BC, V5Z 4R4
- MAT/DOT Assisted Therapy (Case Management) <u>Description</u>: The program offers HIV case management support by minimizing barriers and improving access to antiretroviral therapy through an interdisciplinary team.

<u>Phone</u>: 604-255-3151 569 well St., Vancouver, BC, V6A 1G8

 WATARI Counselling and Support Services Society (Case Management, Addictions) <u>Description</u>: Free confidential counselling, education, referrals and prevention programs for street-involved youthand families. An Aboriginal youth worker provides case management services and referrals for Aboriginal youth. <u>Phone</u>: 604-254-6995

Website: http://www.watari.org/ 200-678 East Hastings St., Vancouver, BC, V6A 1R1

Primary Care for LGBTQ

Qmunity (Clinic)

<u>Description</u>: Provides services to LGBTQ people of all ages. Youth and adult programs, education sessions, anddrop-in groups are available. Generations Project addresses the needs of aging and older LGTBQ people who experience barriers in accessing community support and health care.

<u>Hours</u>: Bute Street Clinic at same location is an STI clinic providing services to LGBTQ people. Doctor inattendance Wednesdays from 1:30-3:30pm. Contact the clinic at: 604-707-2790

Volunteer professional counselors are available to all age groups. <u>Phone</u>: 604-684-5307

<u>Website</u>: <u>http://www.qmunity.ca/</u> 1170 Bute St., Vancouver, BC, V6E 1Z6

 Catherine White Holman Wellness Centre (Clinic, Physician) <u>Care provider</u>: Andrea Szewchuk. Physician providing care to transgender and gender diverse people, and peopleliving with HIV.

<u>Description</u>: Provides low-barrier wellness services to transgender and gender non-conforming people in a waythat is respectful and celebratory of clients' identity and self-expression.

To request an appointment with a doctor, nurse practitioner, or nurse, email doctor@cwhwc.comAll appointments are booked through email.

Website: http://www.cwhwc.com

1145 Commercial Drive, Vancouver, BC, V5L 3X3

- Bute Street Clinic (Clinic) <u>Description</u>: Sexually transmitted infections clinic for gay, bisexual, trans and lesbian individuals.<u>Hours</u>: Doctor in attendance Wednesdays from 1:30-3:30pm. Mon-Fri: 11am-6:30pm <u>Phone</u>: 604-707-2790 <u>Website: http://www.qmunity.ca/home/bute-street-clinic/</u> 1170 Bute St., Vancouver, BC, V6E 1Z6
- Downtown Eastside Women's Centre (Case Management) <u>Description</u>: Case management for HIV-positive women (transgender inclusive) in areas of medical referrals,income, housing, advocacy, security of practical needs, psycho-social support. <u>Phone</u>: 604-681-8480 ext. 231 302 Columbia St., Vancouver, BC, V6A 4J1

Mental Health & Addictions

Open Mind (Mental Health)
 <u>Description</u>: Provides mental health tools and resources for physicians, parents, teachers, and youth to learnmore about the support services that are available in BC and Canada.
 <u>Website</u>: <u>http://openmindbc.ca/</u>

 Crisis Centre (Mental Health) <u>Description</u>: Via telephone, helps people help themselves and others deal with crisis. Provides emotional support to youth, adults and seniors in distress. Not able to respond to crisis emails. Operates a 24/7 phone line for people in distress and/or who are considering suicide. Help is available in 140 different languages. <u>Phone</u>: 604-872-1811; toll-free: 1-800-784-2433. <u>Website</u>: https://crisiscentre.bc.ca/ 763 East Broadway, Vancouver, BC, V5T 1X8

 Woodstone Residential Treatment Centre (Mental Health) <u>Description</u>: Mental health services. Residential treatment program for residents of BC aged 17 to 24 years who have eating disorders. Includes individual, group and family therapies, nutritional rehabilitation and guided recreation and leisure activities. <u>Application process</u>: By referral. <u>Phone</u>: 604-875-2345 Mental Health Building 4500 Oak St., Vancouver, BC, V6H 3N1

- West End Mental Health Team (Mental Health) <u>Description</u>: Mental health services for adults. <u>Services</u>: Screening, assessment, support, referrals. <u>Application process</u>: Through mental health intake line: 604-675-3997<u>Area</u> <u>served</u>: Downtown Vancouver <u>Hours</u>: Mon-Fri: 8am-5pm <u>Phone</u>: 604-687-7994 1555 Robson St., Vancouver, BC, V6G 1C3
- Strathcona Mental Health Team (Mental Health) <u>Description</u>: Mental health services for adults. <u>Services</u>: Screening, assessment, support, referrals. <u>Application process</u>: Through mental health intake line: 604-675-3997 <u>Phone</u>: 604-253-4401 330 Heatley Ave., Vancouver, BC, V6A 3G3
- Northeast Mental Health Team (Mental Health) <u>Services</u>: Screening, assessment, support, referrals. <u>Application process</u>: Through mental health intake line: 604-675-3997 <u>Hours</u>: Mon-Fri: 8:30am-5pm <u>Phone</u>: 604-675-3890 222-2750 E. Hastings St., Vancouver, BC, V5K 1Z9

Midtown Mental Health Team (Mental Health) <u>Description</u>: Mental health services for people 19 and over.<u>Care providers</u>: Psychiatrist, counsellor and more. <u>Services</u>: Mental health assessment, psychiatric diagnosis, treatment planning, care coordination, counselling and support, therapeutic and educational groups, psycho-social rehabilitation, peer and family support, health and wellness clinic support, therapeutic residential program. <u>Application process</u>: Doctor's referral. Hours: Mon-Fri: 8am-5pm

Phone: 604-872-8441 2450 Ontario St., Vancouver, BC, V5T 4T7

Kitsilano Fairview Mental Health Team (Mental Health)
<u>Description</u>: Mental health services for adults.
<u>Services</u>: Screening, assessment, rehabilitation programs, support, referrals.
<u>Application process</u>: Through mental health intake line: 604-675-3997
<u>Area served</u>: Kitsilano/Fairview
<u>Hours</u>: Mon-Fri: 8:30am-5pm
<u>Description</u>: 604-736-2881
400 - 1212 West Broadway, Vancouver, BC, V6H 3V2

 Grandview Woodland Mental Health Team (Mental Health) <u>Description</u>: Mental health services for adults. <u>Services</u>: Screening, assessment, support, referrals. <u>Application process</u>: Through mental health intake line: 604-675-3997<u>Area</u> <u>served</u>: Grandview Woodlands <u>Hours</u>: Mon-Fri: 8:30am-5pm <u>Phone</u>: 604-675-3990 Robert and Lily Lee Family Community Health Centre (Third Floor) 300-1669 E. Broadway, Vancouver, BC, V5N 1V9

 Rapid Access Addiction Clinic (RAAC) (Addictions) <u>Description</u>: The clinic provides a service by bridging addiction care for patients who otherwise would not have anywhere else to go. The physicians here are trained in addiction medicine, and provide a level of follow-up that is not available in the community. <u>Hours</u>: Mon-Fri 9am-4pm <u>Phone</u>: 604-806-8867 St. Paul's Hospital 2B-184 1081 Burrard Street, Vancouver, BC

 Vancouver Addictions Matrix Program (VAMP) (Addictions) <u>Description</u>: Outpatient addiction treatment program for residents of Vancouver and the surrounding area. Offers group treatment and family education, along with individual counselling sessions. Program offers a co-ed stream open to all genders and a stream serving gay/bi/queer men. Transgender people are welcome in both streams. <u>Area served</u>: North Shore, Pemberton, Sunshine Coast, Richmond, Vancouver <u>Application process</u>: Clients can self-refer. <u>Phone</u>: 604-714-3480 301-1292 Hornby St., Vancouver, BC, V6Z 1W2 Older Adult Mental Health and Addictions Program (Addictions) <u>Description</u>: Mental health services for people 65 and over. <u>Services</u>: Psychiatric diagnosis, medication, individual and group therapy, rehabilitation, consultation, and education. <u>Application process</u>: Through mental health intake line: 604-709-6785 <u>Hours</u>: Mon-Fri: 8:30am-4:30pm <u>Phone</u>: 604-873-6733 200-4088 Cambie St., Vancouver, BC, V5Z 2X8

- Sheway Project (Addictions)
 <u>Description</u>: For women and their children with complex medical challenges. Provides health and social servicesupports to pregnant women and women with infants under eighteen months who are dealing with drug and alcohol issues.
 <u>Hours</u>: Mon-Fri: 11:30am-3:30pm
 <u>Phone</u>: 604-216-1699
 <u>Website</u>: <u>http://sheway.vcn.bc.ca/</u>
 101-533 East Hastings St., Vancouver, BC, V6A 1P9
- Sisters Together Active in Recovery (STAR) (Addictions) <u>Description</u>: Women's only addiction treatment program for women with childcare responsibilities.<u>Phone</u>: 604-266-6124 220-1200 W. 73 Ave., Vancouver, BC, V6P 6G5
- South Mental Health and Addictions Team (Addictions) <u>Description:</u> Mental health and addictions services. <u>Services:</u> Screening, assessment, treatment, counselling, individual care plans, referrals, support. <u>Application process:</u> Through Mental Health Intake Line: 604-675-3997 <u>Phone:</u> 604-266-6124 220-1200 W. 73 Ave., (West Wing) Vancouver, BC, V6P 6G5
- Provincial Youth Concurrent Disorders Program (Addictions) <u>Description</u>: Mental health services. Outpatient program serving residents of BC 12 to 24 years of age withcomplex needs associated with substance use and mental health concerns occurring at the same time. <u>Application process</u>: By referral. <u>Phone</u>: 604-875-2345 Ext 5332 Sth Floor, Building 77 4500 Oak St., BC, Vancouver, V6H 3N1
- BC Mental Health and Addictions Services (Addictions)
 <u>Description</u>: Provides many tertiary-level mental health services to people of all ages across the province. Please consult website for services offered.

 <u>Phone</u>: 604-875-2345; Toll-free in BC: 1-888-300-3088
 <u>Website</u>: <u>http://www.bcmhsus.ca/</u> 4500
 Oak St., Vancouver, BC, V6H 3N1
- Hey-Way-Noqu Healing Circle for Addictions Society (Addictions) <u>Description</u>: Substance use services for First Nations people. Out-patient treatment available.

Services: Concurrent disorders, On-the-Land, Gender-Based, Family treatment, Child counselling, Parent/child counselling, Couples counselling. <u>Application process</u>: The following clients are accepted: Clients with physical disabilities, Pregnant women, Court referral or Corrections clients, Clients on Methadone, Clients on Suboxone, Clients taking other psychoactive medications. <u>Phone</u>: 604-874-1831 401-1638 E Broadway, Vancouver, BC, V5N 1W1

Methadone Clinics

- Bio-Scan Methadone Maintenance <u>Phone</u>: (604) 879-1196 750 West Broadway, Suite 410 Vancouver, BC, V5Z 1H3
- Cedar Cottage Medical Clinic <u>Phone</u>: (604) 875-1151 4209 Fraser Street Vancouver, BC, V5V 4G1
- Commerical Health Centre <u>Phone</u>: (604) 874-3445 2703 Commercial Drive Vancouver, BC, V5N 4C5
- Doc-Side Medical Clinic <u>Phone</u>: (604) 633-1234 125 Main Street Vancouver, BC, V6A 2S5
- Downtown Community Health Centre <u>Phone</u>: (604) 255-3151 569 Powell Street Vancouver, BC, V6A 1G8
- Evergreen Community Health Centre <u>Phone</u>: (604) 707-3620 3425 Crowley Drive Vancouver, BC, V5R 6G3
- Grandview Woodland Community Health Centre <u>Phone</u>: (604) 675-3990 1669 East Broadway, Suite 310 Vancouver, BC, V5N 1V9
- Oak Grove Clinic
 <u>Phone</u>: (604) 876-6257

1872 Kingsway Vancouver, BC, V5N 2S7

- Pacific Spirit Community Health Centre <u>Phone</u>: (604) 267-3970 2110 W 43rd Avenue Vancouver, BC, V6M 2E1
- Pender Community Health Centre <u>Phone</u>: (604) 669-9181
 59 West Pender Street
 Vancouver, BC, V6B 1R3
- Raven Song Community Health Centre <u>Phone</u>: (604) 709-6530 2450 Ontario Street Vancouver, BC, V5T 4T7
- Royal Oak Clinic <u>Phone</u>: (604) 438-61841638 East Broadway Suite 103 Vancouver, BC, V5N 1W1
- South Addiction Services <u>Phone</u>: (604) 301-3860 700 West 57th Avenue Vancouver, BC, V6P 1S1
- South Mental Health & Addiction Services <u>Phone</u>: 604-266-6124 220-1200 W 73rd Ave Vancouver, BC, V6P 6G5
- Three Bridges Community Health Centre <u>Phone</u>: (604) 736-9844 1292 Hornby Street Vancouver, BC, V6Z 1W2
- Vancouver Native Health Society <u>Phone</u>: (604) 255-9766 449 East Hastings Street Vancouver, BC, V6A 1P5
- Medicare Medical Clinic
 <u>Phone</u>: 778-379-9611

4993 Duchess St Vancouver, BC, V5R 6G3

- Pacific Oak Clinic <u>Phone</u>: 604-225-1304 418 Abbott St Vancouver, BC, V6B 2L1
- Yale Medical Centre <u>Phone</u>: 604-682-2141 1280 Granville St. Vancouver, BC, V6Z 3B2

Pharmacy

• UBC Pharmacists Clinic

<u>Description</u>: Pharmacist available who specializes in HIV medications and can answer questions about medications and supplements. One-hour appointments are available free of charge with a clinical pharmacist in a safe and confidential environment.

At the Pharmacists Clinic, clients meet one-on-one with a pharmacist for up to an hour to get answers to questions or concerns about prescription, non-prescription and natural health products. Detailed care plans anddrug therapy recommendations are prepared with client input, shared as appropriate with client's health care team and then implemented with follow-up as needed to ensure the client receives optimal treatment. Students may participate in giving care.

<u>Hours</u>: Mon-Fri: 8:30am-4:30pm <u>Phone</u>: 604-827-2584 <u>Website</u>: <u>http://clinic.pharmacy.ubc.ca</u> 2405 Wesbrook Mall, 2nd Floor, Vancouver, BC, V6T 1Z3

Medicine Shoppe Pharmacy- Kingsway

<u>Description</u>: Free rapid HIV testing. <u>Hours</u>: Mon-Fri: 9am–6pm; Sat: 10am–4pm; Sun: 11am–2pm <u>Phone</u>: 604-876-2511 239-2030 Kingsway, Vancouver, BC, V5N 2T3

Medicine Shoppe Pharmacy- Fraser

<u>Description</u>: Free rapid HIV testing. <u>Hours</u>: Mon-Fri: 9:30am-7pm; Sat: 10am-4pm <u>Phone</u>: 604-327-3898 6180 Fraser St., Vancouver, BC, V5W 3A1

Alternative Health

Tonume Integrated Health (Alternative Health) <u>Description</u>: Massage Therapy Treatments, Acupuncture, Naturopathic Health, Chiropractor and much more. <u>Hours</u>: Mon-Fri 8am-8pm, Sat-Sun 9am-5pm <u>Phone</u>: 604-428-1399 <u>Website</u>: <u>https://www.tonume.com/</u> 2657 Commercial Drive, Vancouver, BC, V5N 4C3

- Evolve Nurturing Vitality (Alternative Health)
 <u>Description</u>: Clinic providing options for restorative and continuing health using natural therapies. Practitionerswork together to help clients get back to work, enhance sporting performance, heal stress and injuries, resolvevarious health issues including gynecological, dermatological and gastroenterological, and build a healthy lifestyle.

 <u>Services</u>: Services related to pregnancy and chiropractic, low level laser therapy, hormones and stress, fertility, acupuncture, and pain management.
 <u>Care providers</u>: Chiropractic Doctors: Dr. Kelsey Horsting, Dr. Giselle Chamberlain, Dr. Christine White Naturopathic Physician: Dr. Bobby Parmar
 <u>Languages spoken</u>: French, English, Punjabi
 <u>Phone</u>: 604-255-7777

 <u>Website</u>: <u>http://evolvevitality.com/</u>
 102-2025 West Broadway, Vancouver, BC, V6J 1Z6
- Brian Anderson (Alternative Health) <u>Care provider</u>: Brian Anderson <u>Description</u>: Certified reflexologist energy healer. <u>Phone</u>: 778-237-1226 101 - 1055 East Broadway, Vancouver, BC, V5T 1Y5
- SOUL*AR Excrusions (Alternative Health) <u>Care provider</u>: Petra Otten <u>Description</u>: Specializing in bio-energy, mind/body harmonization, reflexology, Reiki, Jin Shin Jyutsu.<u>Phone</u>: 778-772-3553 <u>Website</u>: <u>http://Soularexcursions.wordpress.com</u> 202-1651 Commercial Drive, Vancouver, BC, V5L 3Y3
- Pacific Institute of Reflexology (Alternative Health) <u>Care provider</u>: Christopher Shirley <u>Description</u>: One-hour appointments to relieve stress and tension and provide relaxation that facilitates wellnessand natural healing. Student sessions available Tuesday evenings. <u>Hours</u>: Mon: 12pm-5:30pm; Tue, Thur, Fri: 9:30am-5:30pm <u>Phone</u>: 604-875-8818 <u>Website</u>: <u>http://www.pacificreflexology.com</u> 535 West 10th Ave., Vancouver, BC, V5Z 1K9
- Alchemy and Elixir Health Group (Alternative Health) <u>Description</u>: Herbal medicine, nutrition, meal planning, Reiki, chair massage, Thai Yoga massage, aromatherapy,herbal medicine. <u>Hours</u>: Mon-Fri, by appointment <u>Phone</u>: 604-683 2298 <u>Website</u>: <u>http://www.alchemyelixir.com</u> 207-2190 Fir St., Vancouver, BC, V6J 3B5

Dental

 Positive Living Community Downtown Clinic <u>Description</u>: Focussed on providing comprehensive oral and dental care to persons living with HIV/AIDS while extending our outreach to other underserviced individuals in the community. 1101 Seymour St., Vancouver, BC, V6B 0R1

 Kare Dental Vancouver <u>Dentists</u>: Dr. Alexandre Li & Dr. Emily Liu. <u>Description</u>: A wide range of dental services are available. <u>Hours</u>: Mon: 1 Monday per month 8am – 5pm; Tues: 8am–5pm; Wed: 10am–7pm; Thur: 8am–5pm; Fri: 8am–5pm; Sat: Every second Saturday 8am–5pm <u>Website</u>: <u>http://www.karedentalvancouver.com/</u> 604-879-9660 #1906-805 W Broadway, Vancouver, BC, V5Z 1K1

 Downtown Dental <u>Dentists</u>: Ehsan Taher & Mario Esposito <u>Description</u>: Dentists offering a wide range of dental services. Italian, Cambodian and Filipino are spoken in theoffice. <u>Hours</u>: Mon: 7:30am–3:30pm; Tue: 7:30am–3:30pm; Wed: 9am–7pm; Thur: 8am–5pm; Fri: 8am–5pm; Sat: 8am–4pm <u>Phone</u>: 604-669-1111 <u>Website</u>: <u>http://www.vancouverdentist.com/</u> 1328 Alberni St., Vancouver, BC, V6E 4N9

 Dr. George C Y Lo Inc. <u>Description</u>: George Lo and his team provide general dentistry, dentures, and endodontics.<u>Hours</u>: Mon, Tues, Thur, Fri, Sat: 11am-7pm; Closed: Wed and Sun <u>Phone</u>: 604-681-6737 909 Davie St., Vancouver, BC, V6Z 1B9

 VCC Dental Clinic <u>Description</u>: Vancouver Community College Downtown campus clinic offers quality, low-cost dental care to the general public. Services are delivered by students under the guidance of experienced instructors. All clients mustmeet specific criteria to qualify for services. <u>Phone</u>: 604-443-8499 250 West Pender Street, Vancouver, BC, V6B 1S9

Portland Dental Clinic
 <u>Description</u>: Low-cost dental services for Downtown Eastside residents. Dental services for adults who do nothave a dentist or dental health coverage.

 <u>Hours</u>: Mon-Thur: 9am-5pm
 <u>Phone</u>: 778-371-0060

 <u>Website</u>: www.phs.ca
 12 E Hastings Vancouver, BC, V6A 1N1

Reach Dental Clinic <u>Description</u>: Clinic providing dental services. <u>Hours</u>: Mon-Fri: 8:15am-5:15pm; Sat: 9:15am-3:45pm <u>Phone</u>: 604-254-1331 <u>Website</u>: <u>http://www.reachcentre.bc.ca/</u> 1145 Commercial Dr., Vancouver, BC, V5L 3X3

Dean Wershler <u>Description</u>: General dental practice offering a wide range of dental services. <u>Hours</u>: Mon, Tue, Thu, Fri: 8am-1pm & 2pm-5pm; Wed: 10am-2pm & 3pm-7pm; Sat: By appointment<u>Phone</u>: 604-688-4080 <u>Website</u>: <u>http://www.westend-dentist.ca</u> 512-1033 Davie St., Vancouver, BC, V6E 1M7

- Aarm Dental on Denman <u>Dentists</u>: Ashley Dykun & Ben Yakiwchuk <u>Description</u>: Dentists providing a wide range of dental services. <u>Phone</u>: 604-647-0006 <u>Website</u>: http://www.aarm-dental.com/ 917 Denman St., Vancouver, BC, V6G 2L9
- East Side Walk-In Dental <u>Description</u>: Dental clinic that can assist with emergency pain relief. Operates on a first-come-first serve basis. Services are free of charge, but clients must be residents of Downtown Eastside and living on a low income. <u>Hours</u>: Mon: 9am-12pm, 1pm-3pm Tues: 11am-3pm Thur: 11am-3pm <u>Phone</u>: 604-254-9900 <u>Website</u>: <u>http://www.vnhs.net/programs-services/dental-clinic</u>455 East Hastings, Vancouver, BC, V6A 1P5
- Mid Main Community Health Centre (Clinic) <u>Description</u>: Five dentists and four registered dental hygienists provide services at this clinic. All dentists areskilled in both basic and major treatments including crowns, veneers, and bridges. <u>Hours</u>: Dental: Mon-Thur: 8am-8pm; Fri-Sat: 8am-5:30pm Medical: Mon-Tue: 8am-7pm; Wed-Fri: 8am-5pm; Sat: 9am-1pmPhone: 604-873-3602 <u>Website</u>: <u>http://www.midmain.net</u> 3998 Main Street, Vancouver, BC, V5V 3P2

Service Organizations

Dr. Peter Centre (Case Management, Addictions, Service Organization)

<u>Description</u>: The Dr. Peter Centre is British Columbia's only HIV/AIDS Day Health Program and 24-hour nursingcare Residence. The only program of its kind in Canada, the Dr. Peter Centre is a leader in HIV/AIDS care, particularly for individuals with multiple medical conditions and social barriers. Adults eligible to become participants in the Dr. Peter Centre Day Health Program are those most at risk for deteriorating health. Phone: 604-608-1874 Website: http://www.drpeter.org/ 1110 Comox St., Vancouver, BC, V6E 1K5

- AIDS Vancouver (Case Management, Service Organization, Nutrition) Description: AIDS Vancouver continues to respond to the ongoing changing and challenging health care environment of HIV/AIDS and is fully dedicated to grow and respond to meet the needs of the community theyserve. Services include HIV/AIDS case management, grocery, support programs, peer engagement centre, HIV/HCV workshops, online helpline and financial assistance fund. Phone: 604-893-2246 Website: http://www.aidsvancouver.org 803 East Hastings St., Vancouver, BC, V6A 1R8
- Healing Our Spirit BC Aboriginal HIV/AIDS Society Website: http://www.healingourspirit.org Phone: (604) 879-8884 Fax: (604) 879-9926 #100-2425 Quebec Street, Vancouver, BC V5T 4L6
- Yukon Shelter and Housing Centre-Lookout Society **Description:** Social Services Organization Phone: (604) 264-1680 Website: http://lookoutsociety.ca/ 2088 Yukon St., Vancouver, BC, V5Y 4B1
- Lookout Emergency Aid Society Description: Non-Profit Organization. Social Services Organization
 - o 346 Alexander Street V6A 1C7 Phone: (604) 681-9126 188 E 1st Ave, V5T 0C2 Phone: (604) 558-4022
- Jeffery Ross & Ross Annex- Lookout Society Description: Social Services Organization Phone: (604) 255-7089 Website: http://lookoutsociety.ca// 510 Alexander St, Vancouver, BC, V6A 1C7

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Sher Vancouver (LGBTQ, Transgender) Description: Social, cultural and support group for gay, lesbian, bisexual and transgender South Asians, and their friends, families and allies. Based out of Vancouver, but people from all locations are welcome. Everyone is

welcome to join Sher, regardless of ethnicity, religious belief or sexuality. Services available: Peer support, social activities, information, referral and outreach presentations.Email for hours of service and location. Website: www.shervancouver.com

Vancouver Transgender Health Information Program (Transgender)
 <u>Description</u>: Vancouver Coastal Health initiative providing access to information about gender affirming care and supports to the province of BC.
 Services provided: Telephone and email support, referrals to gender affirming care and supports, educational resources, health care provider consultation services, support and information groups.
 Care providers: Peer wellness mentors, community health liaison
 <u>Phone</u>: 604-734-1514; Toll Free: 866-999-1514
 <u>Website</u>: www.transhealth.vch.ca
 601 St Broadway, Vancouver, BC, V5Z 4C2

LGBT2SQ Drop-In Group (LGBT2SQ, Transgender) <u>Description</u>: Ongoing support for addiction recovery and/or mental wellness. This open group welcomes everyone who identifies anywhere on the trans spectrum – and those who identify as lesbian, gay, bi, pan, queer, Two Spirit. This is a dropin group, registration is not necessary.

<u>Hours</u>: Thurs: 5pm-6pm Located in the Daytox building. <u>Phone</u>: 604-568-1278 (ask for Mitch or Heather) 377E. 2nd Avenue, Vancouver, BC, V5T 4R6

The Moomba Society

<u>Description</u>: The Moomba Society (formerly the Western Canadian Pediatric AIDS Society) was established to provide support for children living with or affected by HIV/AIDS. The primary focus of the society is to enhance the lives of children through the Camp Moomba summer program, which offer specialized recreational and support programs to children affected by HIV/AIDS. The secondary focus of the society is to provide year-round programming for children impacted by HIV/AIDS.

Phone: 604-684-1701 Website: http://campmoomba.com/ 205 - 568 Seymour Street, Vancouver, BC, V6B 3J5

• STOP HIV/AIDS Outreach Team: Vancouver

<u>Description</u>: The STOP HIV Outreach Team operates mobile services at different times and locations. Call 604- 838-1331 to confirm locations and times. Services provided include: STI testing and treatment; HIV testing (anonymous testing and point-of-care testing available);

Referral for HIV testing; Harm reduction materials. The team can also provide referrals to communityhealth and support services.

Phone: 604-838-1331

• Trans Alliance Society (Transgender)

<u>Description</u>: Provides support, education, outreach and advocacy for transgender persons in BC and Canada. Provides access to educational resources and access to listservs and discussion groups in different parts of the province. 401 – 1723 Frances St, Vancouver, BC, V5L 125 Canadian Aboriginal AIDS Network

<u>Description</u>: Provides leadership, support and advocacy for Aboriginal people living with and affected by HIV andAIDS. The Canadian Aboriginal AIDS Network promotes empowerment, inclusion and honours the cultural traditions, uniqueness and diversity of all First Nations, Inuit and Metis people regardless of where they reside. <u>Hours</u>: Mon-Fri: 8am-4pm

<u>Phone</u>: 604-266-7616 <u>Website</u>: <u>www.caan.ca</u> 6520 Salish Drive, Vancouver, BC, V6N 2C7

YouthCO

<u>Description</u>: Provides HIV and hepatitis C support, education, volunteering, peer support, and outreach for youthaged 15 to 29. Hours: Mon-Fri: 10am-5pm

<u>Phone</u>: 604-688-1441 <u>Website</u>: <u>http://www.youthco.org</u> 205-568 Seymour St, Vancouver, BC, V6B 3K4

Nutrition

Jenn Messina- Clinical Dietitian
 <u>Care Provider</u>: Jenn also works at Crosstown Clinic located at
 You may also contact the interim nutritionist at St. Paul's: Kathy Ho: <u>KHo2@providencehealth.bc.caPhone</u>:
 604-682-2344 Local 62899
 1081 Burrard St, Vancouver, BC, V6Z 1Y6 84
 W Hastings St, Vancouver, BC, V6B 1G8

Saige Community Food Bank
 <u>Description</u>: Food bank that provides a safe space for transgender and gender variant or queer individuals to access
 healthy food, as well as support from their LGBT peers. Open to all in need.
 <u>Website</u>: www.saigecommunityfoodbank.com
 2425 Oxford Street, Vancouver, BC, V5L 5C1

Charlie's Food Bank
 <u>Description:</u> Food bank for pets of people with low income or living outdoors.
 <u>Hours:</u> Thurs: 10 am to 12 pm
 <u>Phone:</u> 604-879-7721
 543 Powell St., Vancouver, BC

Carnegie Centre <u>Description</u>: AIDS support group offers services/support for those living with HIV/AIDS. The Carnegie Centre alsooffers lowcost meals. <u>Hours</u>: Mon-Sun: 9am-11pm; AIDS Support Group meets 6-8pm (Pottery Room)<u>Phone</u>: 604-274-8122 401 Main Street, Vancouver, BC, V6A 2T7

- St. Augustine's Church <u>Hours</u>: Thursday 10:00-10:30AM Priority Mobility and Families (Children under 6); 10:30-11:30AM Seniors (55+);11:30-12:00pm All Other Members 8680 Hudson Church, Vancouver, BC
- Fellowship Baptist Church <u>Hours</u>: Friday 9:00-10:30am 2551 East 49th Ave, Vancouver, BC
- Skeena Terrace <u>Hours</u>: Wednesday 9:00 am - 9:30 am Priority Mobility; 9:30 -10am Families (Children under 6); 10 - 11am AllOther Members 2202 Cassiar St, Vancouver, BC
- St. Margaret's Cedar Cottage Church <u>Hours</u>:Tuesday 9-9:30am Priority mobility and Families (Children under 6); 9:30-10:30am Seniors (55+); 10:30-11am All other 1530 East 22nd Avenue, Vancouver, BC
- Longhouse Church <u>Hours</u>: Thursday 9:30-10:30am 2595 Franklin Street, Vancouver, BC,
- Mount Pleasant Community <u>Hours</u>: Friday 10:30-11:00am priority families (children under 6) 11:00-11:30am seniors (55+) 11:30-12:30pm All other members 1 Kingsway, Vancouver, BC,
- Greater Vancouver Food Bank Society <u>Hours</u>: Mon-Fri 8:30-3:30pm 1150 Raymur Avenue, Vancouver, BC
- Gordon Neighbourhood House <u>Hours</u>: Friday 9:30-10:30am Priority Mobility and Families (Children under 6)10:30-11:30am Seniors (55+); 11:30-1:00pm All Other Members 1019 Broughton St., Vancouver, BC
- St. Paul's Anglican Church <u>Hours</u>: Wednesday 10-11am 1130 Jervis Street, Vancouver, BC

613 Queens Ave <u>Hours</u>: Thursday 10:30-11:30 am priority mobility members, families (children under 6), and seniors 55+; 11:30-12:30 For all Other Members 613 Queens Avenue, Vancouver, BC

Housing Downtown Eastside Locations:

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- Administration
 <u>Phone</u>: 604-255-0340
 429 Alexander Street, Vancouver, BC, V6A 1C6
- Hazelton Residences
 <u>Description</u>: 39 transitional housing units
 <u>Phone</u>: 604-681-9126
 346 Alexander Street, Vancouver, BC, V6A 1C3
- Al Mitchell Place <u>Description</u>: 46 Shelter beds<u>Phone</u>: 604-681-9126
 346 Alexander Street, Vancouver, BC, V6A 1C3
- Jeffrey Ross Residence
 <u>Description</u>: 37 Supportive permanent units
 <u>Phone</u>: 604-255-7089
 514 Alexander Street, Vancouver, BC, V6A 1C7
- Jeffrey Ross Annex <u>Description</u>: 18 Supportive permanent units <u>Phone</u>: 604-255-7089 514 Alexander Street, Vancouver, BC, V6A 1C7
- Jim Green Residence
 <u>Description</u>: 66 Supportive permanent units
 <u>Phone</u>: 604-255-2347
 415 Alexander Street, Vancouver, BC, V6A VG6
- LivingRoom Activity Drop In Centre <u>Description</u>: 2, 389 members <u>Phone</u>: 604-255-7026
 528 Powell street, Vancouver, BC, V6A 1G5
- Sakura So Residence <u>Description</u>: 38 transitional housing units <u>Phone</u>: 604-681-0008

376 Powell street, Vancouver, BC, V6A 1G4

- Tamura House <u>Description</u>: 105 supportive permanent units <u>Phone</u>: 604-681-0008 396 Powell street, Vancouver, BC
- Walton Hotel <u>Description</u>: 48 supportive permanent units <u>Phone</u>: 604-688-9129 261 E. Hastings Street, Vancouver, BC,
- Lion Hotel <u>Description</u>: 14 lookout clients in this mixed-use building <u>Phone</u>: 604-806-0356 316 Powell street, Vancouver, BC
- Cordova's Residence
 <u>Description</u>: 34 supportive permanent units
 <u>Phone</u>: 604-682-2898
 56 East Cordova Street, Vancouver, BC
- Avalon Hotel <u>Description</u>: 35 lookout clients in this mixed-use building <u>Phone</u>: 604-629-0055 165 West Pender Street, Vancouver, BC
- Pender Residence <u>Description</u>: 18 supportive housing units <u>Phone</u>: 604-215-2445 832 E. Pender Street, Vancouver, BC, V6A 1W1
- The Lookout Emergency Aid Society (Emergency) <u>Client</u>: Adults- any gender <u>Phone</u>: 604-264-1680 2088 Yukon, Vancouver, BC
- Vancouver Aboriginal Friendship Centre Society (Emergency) <u>Client</u>: Men, Women and Families <u>Phone</u>: 604-682-5556 201 Central Street, Vancouver, BC
- Covenant House Vancouver (Emergency) <u>Client</u>: Men and Women <u>Phone</u>: 604-685-7474 525 Drake Street, Vancouver, BC

- City of Vancouver (Emergency)
 <u>Client</u>: Drop in Services
 <u>Phone</u>: 604-665-2391
 609 Helmcken Street, Vancouver, BC
- Catholic Charities of the Archdiocese of Vancouver (Emergency) <u>Client</u>: Men <u>Phone</u>: 604-443-3292 828 Cambie Street, Vancouver, BC
- The Governing Council of the Salvation Army in Canada Vancouver (Emergency) <u>Client</u>: Men, Women and Families <u>Phone</u>: 604-681-3405 555 Homer Street, Vancouver, BC
- The Governing Council of the Salvation Army in Canada Vancouver (Emergency) <u>Client</u>: Men and Women
 <u>Phone</u>: 604-669-4349
 136 Cordova Street East (108 West Hastings Street), Vancouver, BC
- PHS Community Services Society (Emergency) <u>Client</u>: Men and Women <u>Phone</u>: 604-331-1246 51B Cordova Street West, Vancouver, BC
- First United Church Ministry Society (Emergency) <u>Client</u>: Men and Women <u>Phone</u>: 604-681-8365 320 Hastings Street East, Vancouver, BC
- The Governing Council of the Salvation Army in Canada Vancouver (Emergency) <u>Client</u>: Men <u>Phone</u>: 604-646-6806 128 Cordova Street East, Vancouver, BC
- The Governing Council of the Salvation Army in Canada Vancouver (Emergency) <u>Client</u>: Men <u>Phone</u>: 604-646-6846 138 Cordova Street East, Vancouver, BC
- The Downtown Eastside Women's Centre Association (Emergency) <u>Client</u>: Women <u>Phone</u>: 604-715-8480 412 Cordova Street East, Vancouver, BC
- The Bloom Group Community Services Society(Emergency)
 <u>Client</u>: Women

Phone: 604-606-0400 625 Powell Street, Vancouver, BC

- Raincity Housing and Support Society (Emergency) <u>Client</u>: Men and Women <u>Phone</u>: 604-254-37000 707 Powell Street, Vancouver, BC
- The Lookout Emergency Aid Society (Emergency) <u>Client</u>: Adults- any gender <u>Phone</u>: 604-81-9126 346 Alexander Street, Vancouver, BC
- Wish Drop in Centre Society (Emergency) <u>Client</u>: Drop in Services <u>Phone</u>: 604-669-9474 330 Alexander Street, Vancouver, BC
- City of Vancouver (Emergency) <u>Client</u>: Drop in Services <u>Phone</u>: 604-665-3075 320 Alexander Street, Vancouver, BC

Central Vancouver Locations:

- First Place Residence <u>Description</u>: 129 supportive permanent units Phone: 604-558-4022 188 East 1st Avenue, Vancouver, BC, V5T 0C2
- Yukon Transitional Housing Centre <u>Description</u>: 37 transitional housing units Phone: 604-264-1630 2088 Yukon Street, Vancouver, BC, V5Y 4B1
- Yukon Shelter
 <u>Description</u>: 71 shelter beds
 Phone: 604-264-1680
 2088 Yukon Street, Vancouver, BC, V5Y 4B1
- The Vi Fineday Family Shelter (Emergency) <u>Client</u>: Women and Families <u>Phone</u>: 604-736-2423 1906 15th Ave. West, Vancouver, BC
- The Bloom Group Community Services Society (Emergency) <u>Client</u>: Women and Children

<u>Phone</u>: 604-606-0415 333 E. 16th Ave., Vancouver, BC

NORTH SHORE/COAST GARIBALDI (North Vancouver, West Vancouver-Bowen Island, Sunshine Coast, Powell River, Howe Sound, Bella Coola Valley, Central Coast)

HIV Primary Care (Physicians, Nurse Practitioners, Nurses)

- Care Provider: Blanka Jurenka (Physicians) <u>Description</u>: Physician accepting HIV-positive patients.<u>Phone</u>: 604-983-0054
 1616 Lonsdale Ave, North Vancouver, BC, V7M 2J3
- Care Provider: Gregory Phillips (Physicians) <u>Description</u>: Physician accepting HIV-positive patients.<u>Phone</u>: 604-922-6595
 201-1555 Marine Drive, West Vancouver, BC, V7V 1H9

HIV Primary Care (Clinic)

The Medical Clinic Associates (Physician)
 <u>Care Provider</u>: Steven Burns, Barry McDonald
 <u>Description</u>: Not currently accepting patients, but if a patient has no MD, he may accept them.<u>Phone</u>: 604-485-6261
 4794 Joyce Ave. Powell River, BC, V8A 3B6

Sexual and Reproductive Health (Testing, Case Management)

- Powell River Health Unit (Clinic) <u>Description</u>: HIV/STI testing and counseling.<u>Hours</u>: Mon-Fri: 8:30am-4:30pm <u>Phone</u>: 604-485-3310 5000 Joyce Ave. 3rd Floor, Powell River, BC, V8A 5R3
- Powell River Outreach SAFE (Clinic) <u>Description</u>: HIV counselling and testing. <u>Hours</u>: 1st and 3rd Monday of the month. 10am-12pm <u>Phone</u>: 604-485-3310 4752 Joyce Avenue, Powell River, BC, V8A 3B6
- Gibsons Health Unit (Clinic) <u>Description</u>: STI and HIV testing and counseling. STI treatment. Needle exchange.<u>Hours</u>: Mon-Fri: 8:30am-4:30 pm; Drop-in: Mon: 3pm-5:30pm <u>Phone</u>: 604-886-5600 494 South Fletcher Rd., Gibsons, BC, VON 1V0

North Vancouver Opt Clinic (Clinic, Nutrition) <u>Description</u>: Services for youth 20 and under. HIV testing and treatment as well as nutrition and general healthinformation. <u>Hours</u>: Wed: 5:30pm-8:30pm <u>Phone</u>: 778-389-6372 3625 Banff Court, 2nd Floor, North Vancouver, BC, V7H 2Z8

 Squamish Opt Clinic (Clinic) <u>Description</u>: Our clinics provide sexual and reproductive health services for all ages, all genders, and all orientations. Our clinicians are committed to providing you with confidential, nonjudgmental, youth-friendly, pro- choice, and sex-positive services. Our services include low-cost contraception, STI care, Pap screening, etc. <u>Hours</u>: Tue 5–7pm; Drop in for ALL services <u>Phone</u>: Toll-free: 1 877-892-2231 <u>Website</u>: <u>https://www.optionsforsexualhealth.org/contact</u>1140 Hunter Place, Squamish, BC, V8B 0A2

- Central Community (Clinic) <u>Description</u>: Can provide locations and hours for HIV/STI testing on North Shore.<u>Hours:</u> Mon-Fri: 8am-4:30pm <u>Phone</u>: 604-983-6700 132 West Esplanade, North Vancouver, BC, V7M 1A2
- J Braithwaite Youth Health (Clinic) <u>Description</u>: Services for youth 20 and under. STI testing, treatment and counseling. HIV counseling, testing and referral. <u>Hours</u>: Mon 3:15pm-6:15pm <u>Phone</u>: 604-983-6700 <u>Website</u>: <u>http://www.jbcc.ca/youth_centre.htm</u> 145 W. First St. 2nd Floor, North Vancouver, BC, V7M 3N8

Mental Health & Addictions

Care Provider: Lisa Otterstein (Psychiatrist & Counsellor)
 <u>Description</u>: Registered clinical counsellor experienced in assisting with life crises, anxiety, stress, depression, PTSD and harmful habits.

 <u>Phone</u>: 604-551-0783
 <u>Website</u>: <u>http://www.vancouver-counselling.ca/</u>

 503-145 East 13th, North Vancouver, BC, V7L 2L3

Care Provider: David Curry (Psychiatrist & Counsellor)
 <u>Description</u>: Master Therapeutic Counsellor specializing in helping individuals and couples with challengesrelated to addiction, relationships, divorce, anxiety, depression, career, sex, and anger.

 <u>Phone</u>: 604-612-3144
 <u>Website</u>: http://www.davidcurry.ca/210-1940 Lonsdale Ave., North Vancouver, BC, V7M 2K2

Shannon Eberts Clinical (Psychiatrist & Counsellor) <u>Care provider:</u> Shannon Eberts <u>Description</u>: Clinical counsellor specializing in concurrent disorders.<u>Phone</u>: 778-837-6386 <u>Website</u>: <u>http://shannoneberts.ca/</u> 210-1940 Lonsdale Ave., North Vancouver, BC, V7M 2K2

 Family Services North Shore (Mental Health) <u>Description</u>: Offers counselling services and Companioning Community Care program for adults affected bypalliative care, bereavement or disability. <u>Phone</u>: 604-988-5281 <u>Website</u>: <u>http://www.familyservices.bc.ca/</u> 101-255 West 1st St., North Vancouver, BC, V7M 3G8

- Canadian Mental Health (Mental Health) <u>Description</u>: The Canadian Mental Health Association facilitates access to the resources people require to maintain and improve mental health and community integration, build resilience and support recovery frommental illness. In BC, Mental Health, substance use and addictive behaviour are within the scope of the organization. <u>Website</u>: <u>www.northwestvancouver.cmha.bc.ca</u> <u>Hours</u>: Mon-Fri: 9am-4pm <u>Phone</u>: 604-987-6959 300 - 1835 Lonsdale Ave., North Vancouver, BC, V7M 2J8
- Mental Health and Addictions (Addictions) <u>Care providers available</u>: Psychiatrist, registered nurse, registered social worker, professional counsellor, mental health outreach worker, mental health community worker.

Power River
 <u>Services</u>: Clinical case management, community-based case management, outreach, counsellingservices, completion of disability forms, support groups such as Changeways, Weekly Wellness, anger management.
 <u>Areas served</u>: Powell River, Lund, Texada Island
 <u>Hours</u>: Mon, Wed, Fri: 8:30am-4:30pm
 <u>Phone</u>: 604-485-3300
 5000 Joyce Ave., Powell River, BC, V8A 5R3

• Sunshine Coast

<u>Services</u>: Outpatient individual and group counselling for people with mental health and/or addiction problems, assessments, treatment planning, crisis response services, short-term counselling, employment and education support, referrals to other supports and resources suchas detox and treatment centres, wellness groups, psychiatrist consultation. Staff respond to crisis calls and visits <u>Hours</u>: Mon-Fri: 8:30am-3:30pm; Nursing staff answer crisis response calls Mon-Fri: 3:30pm-10pm; Sat-Sun: 8:30am-10pm <u>Phone</u>: 604-885-6101

5542 Sunshine Coast Hwy., Sechelt, BC, VON 3A0

Squamish 0

Description: Support for mental health and/or addictions issues including assessments and treatment planning. Services available: Assessments and treatment planning, urgent response services, short-term counselling, employment and education support, referrals to other supports and resources suchas detox and treatment centres, wellness groups, psychiatrist consultation Area served: Squamish, Furry Creek, Britannia Beach Hours: Mon-Fri: 8:30am-4:30pm Phone: 604-815-3008 38075 2nd Ave., Squamish, BC, V8B 0A2

Methadone Clinics

- North Shore Medical Centre Phone: 604-770-2492 113 16th St. West North Vancouver, BC, V7M 1T3
- Sunshine Coast Treatment Services Phone: (604) 485-7983 4739 Joyce Avenue Powell River, BC, V8A 3B5
- Sunshine Coast Methadone Clinic Phone: (604) 885-8678 5542 Sunshine Coast Highway Sechelt, BC, VON 3A0

Alternative Health

Garabaldi Health Clinic (Alternative Health) Naturopathic doctor: Ashley Gordon Description: Naturopathic doctor offering services including Clinical Nutrition, Botanical Medicine, TraditionalChinese Medicine/Acupuncture, Homeopathy, Hydrotherapy, Lifestyle Counselling, Facial Rejuvenation Acupuncture, Bowen Technique, Prolotherapy, IV (Intravenous) Vitamin/Mineral and Chelation Therapy. Phone: 604-898-1999 Website: http://garibaldihealthclinic.com/ 106-41105 Tantalus Rd., Squamish, BC, V8B 0N3

Care Provider: Gurinder Dayal (Naturopathic Doctor) Description: Naturopathic physician with training in clinical nutrition, classical and complex homeopathy, botanical medicine, traditional Chinese medicine, acupuncture and various injection therapies. Speaks Hindi and Punjabi. Phone: 604-987-1418

Website: http://www.lonsdalenaturopathic.com/about.html

404-1200 Lonsdale Ave., North Vancouver, BC, V7M 3H6

 Lonsdale Naturopathic (Naturopathic Doctor) <u>Care provider</u>: Dr. Gurinder Dayal <u>Description</u>: Naturopathic physician with training in clinical nutrition, classical and complex homeopathy,botanical medicine, traditional Chinese medicine, acupuncture and various injection therapies. <u>Phone</u>: 604-987-1418 <u>Website</u>: <u>http://www.lonsdalenaturopathic.com/about.html</u> 404-1200 Lonsdale Ave., North Vancouver, BC, V7M 3H6

Dental

- Cowrie St. Dental Clinic (Dentist) <u>Dentist</u>: William Culhane <u>Description</u>: Dentist providing a wide variety of general dental services. German, Dutch and Portuguese spoken inthe office. <u>Phone</u>: 604-885-4669 5662 Cowrie St., Sechelt, BC, VON 3A0
- Dr. D. R. Bland Inc. <u>Description</u>: Dental team offering a wide range of dental and oral healthcare services.<u>Phone</u>: 604-886-7020 <u>Website</u>: <u>http://www.gibsonsdentist.com/</u> 632 Farnham Rd., Gibsons, BC, VON 1V8

Service Organizations

• Red Road HIV/AIDS Network

<u>Description</u>: Red Road's is comprised of Aboriginal AIDS Service Organizations, non-Aboriginal AIDS Service Organizations who have Aboriginal programs, Aboriginal Persons living with HIV/AIDS (APHA), and Aboriginal community-based organizations who have HIV/AIDS programs, located in urban and rural British Columbia. <u>Phone</u>: 778-340-3388

<u>Website: http://www.red-road.org</u> 61-1959 Marine Drive, North Vancouver, BC, V7P 3G1

Nutrition

 North Shore Neighbourhood House <u>Hours</u>: Wednesday 9:00 - 10:30am Priority Mobility, Families (Children under 6); and Seniors 55+ 10:30am -11:30am: All Other Members 225 East 2nd Street, North Vancouver, BC

Housing

Dovercourt
 <u>Phone</u>: 604-770-0712

1605 Lynn Valley Road, North Vancouver, BC, V7J 2B4

- North Shore Housing centre and Shelter
 <u>Description</u>: 25 transitional housing units, 45 shelter beds. Extreme weather program: 20 additional sleepingmats.

 <u>Phone</u>: 604-982-9126
 705 West 2nd street, North Vancouver, BC, V7M 1E6
- RainCity Housing and Support Society (Temporary Shelters) 5838 Barnacle St, Sechelt, BC
- Squamish Helping Hands Society (Emergency) <u>Client:</u> Men and Women <u>Phone:</u> 604-815-4984 37930 3rd Ave., Squamish, BC
- The Lookout Emergency Aid Society (Emergency) <u>Client</u>: Adults- any gender
 <u>Phone</u>: 604-982-9126
 705 2nd Street West, North Vancouver, BC

SOUTH VANCOUVER ISLAND (Greater Victoria, Sooke, Saanich, Gulf Islands)HIV

Primary Care (Clinic)

Cool Aid Community (Clinic)
 <u>Description</u>: Physician accepting HIV-positive patients by intake. The clinic provides primary health care for people who do not have medical coverage, or who live in the downtown core, or suffer from mental health and addiction illnesses and/or other chronic health problems.
 <u>Hours</u>: Mon-Tue: 9-6pm; Wed-Thur: 9am-8pm; Fri: 9am-3pm; Sat: 10am-2pmPhone: 250-385-1466
 <u>Website</u>: <u>http://coolaid.org/about-us/</u>
 713 Johnson St., Victoria, BC, V8W 1M8

HIV Primary Care (Physicians, Nurse Practitioners, Nurses)

 Care Provider: Anna Mason (Physician) <u>Description</u>: Physician accepting patients living with HIV. Dr. Mason is only accepting patients who do not already have a primary care physician. Clinic serves patients via pre-booked appointments only. <u>Phone</u>: 250-477-7100 200-3994 Shelbourne, St Victoria, BC, V8N 3E2

Infectious Diseases (Specialists)

• Care Provider: Madsen Hammond, Wayne G Ghesquiere
<u>Description</u>: Physician accepting HIV-positive patients and specializing in infectious diseases such as HIV andHCV, as well as tropical diseases. Referral required. <u>Phone</u>: 250-370-7717 206 - 1964 Fort St. Victoria, BC, V8R 6R3

Sexual and Reproductive Health (Testing, Case Management)

- Island Sexual Health Society (Clinic) <u>Description</u>: Sexually transmitted infection testing, treatment, management, vaccination and support.<u>Hours</u>: Mon: 9am–3:45pm; Tues, Wed, Thurs: 9am–7:45pm; Fri: 9am–3:45pm; Sat: 11am–2pm <u>Phone</u>: 250-592-3479 <u>Website</u>: <u>http://www.islandsexualhealth.org</u> 101 - 3960 Quadra St., Victoria, BC, V8X 4A3
- Victoria Health Unit (Nurse Practitioner) <u>Description</u>: HIV testing and counselling. STI testing, treatment and counselling. No BC medical required.<u>Hours</u>: Mon-Fri: 8:30am-4:30pm <u>Phone</u>: 250-388-2237 1947 Cook Street, Victoria, BC, V8T 3P7

Mental Health & Addictions

- Michelle Jaworsky (Psychiatrist and Counsellor) <u>Care provider</u>: Michelle Jaworsky <u>Description</u>: Individual counselling <u>Phone</u>: 250-888-9396 5901 Bear Hill Road, Victoria, BC
- Assertive Community (Mental Health)
 <u>Description</u>: Mental health program facilitating recovery, community living, psychosocial rehabilitation, and recovery for persons who have the most serious mental illnesses.

 <u>Services offered</u>: Crisis assessment and intervention, psychiatric and psychological treatment and supports, psychiatric

medication: prescription and management, services/supports for concurrent substance use disorders, work-related services, support and peer support services.

<u>Application process</u>: Referrals done internally through Pathways system, or directly from the community.<u>Phone</u>: 250-882-9420

Website: http://www.viha.ca/mhas/locations/victoria_gulf/act.htm Victoria, BC

Canadian Mental Health (Mental Health)

<u>Description</u>: The Canadian Mental Health Association facilitates access to the resources people require to maintain and improve mental health and community integration, build resilience and support recovery frommental illness. In BC, Mental Health, substance use and addictive behaviour are within the scope of the organization.

Website: www.victoria.cmha.bc.ca

Phone: 250-216-4228

100 - 556 Herald Street, Victoria, BC, V8W 1S6

Eric Martin Pavillion (Mental Health)

<u>Description</u>: Provides screening, assessment, treatment recommendations and referrals to Island Health Mental Health and external community programs in the Victoria area. Mental Health Programs require a referral from family physician or nurse practitioner. Please fax a completed physician's referral form and patient questionnaireto 250-381-3222. <u>Phone</u>: 250-519-3485

2328 Trent St., Victoria, BC, V8R 4Z3

 Victoria Mental Health Centre (Mental Health) <u>Services provided</u>: Short-term psychiatric consultations, ongoing outpatient psychiatric care, case managementand community support, community support workers, integration with acute inpatient services and community-based services, specialized services including schizophrenia service, mood disorder service, early psychosis intervention, anxiety disorder clinic, medication clinic.

<u>Application process</u>: Require referral from family physician. Referrals are processed by Mental Health Intake. <u>Phone</u>: 250-370-8175

2328 Trent St., Victoria, BC, V8R 4Z3

- 713 Outreach- Intensive Case (Addictions)
 <u>Description</u>: Substance use services. Case management services for people over 19 who have self-identified asengaging in a high level of substance use, are having challenges accessing housing or have mental health concerns. Application process: Referral through Pathways or through individuals in the community.
 <u>Hours</u>: Mon-Fri: 8am-9pm; Sat, Sun, stat holidays: 1pm-9pm
 <u>Phone</u>: 250-882-0816
 Victoria, BC
- Victoria Native Friendship Centre (Addictions) <u>Care providers</u>: Addictions counsellor, mental health liaison, outreach worker. <u>Description</u>: Mental health and substance use services. <u>Services available</u>: Counselling, support, referrals, information, assistance with accessing health services.<u>Phone</u>: 250-384-3211 231 Regina Ave., Victoria, V8Z 1J6

 Youth Empowerment (Addictions) <u>Description</u>: Provides access to counselors, supports and referrals. Supports include emergency shelter, drugand alcohol counseling and withdrawal management, mental health services, food, and life skills training. <u>Hours</u>: Mon-Fri: 9am-5pm <u>Phone</u>: 250-383-3514 <u>Website</u>: <u>http://www.vyes.ca/</u> 533 Yates St., Victoria, BC, V8W 1K7

• Addictions Outpatient (Addictions)

Care providers: Physician, professional counsellor.

<u>Description</u>: Addictions services for people over 19. Services also available to adults currently affected by a family member's use.

Services: Treatment, support and educational groups, counselling, harm reduction, supportive recovery facilities.

<u>Application process</u>: Self-referral initiated by attending in person at the Addiction Outpatient Treatment Clinic andarranging appointment to discuss service options. <u>Hours</u>: Mon to Fri: 9 am to 4 pm <u>Phone</u>: 250-519-3544 <u>Website</u>: <u>http://www.viha.ca/mhas/locations/victoria_gulf/addictionsoutpatient.htm</u>1250 Quadra St. 2nd Floor, Victoria, BC, V8W 2K7

Victoria Withdrawal (Addictions) <u>Description</u>: Substance use services. <u>Sobering Assessment Centre</u>: Services accessed by police referral, hospital referral or client walk-in to 1125 Pembroke St. Community medical detox unit, stabilization unit and recovery addictions support also available andcan be accessed via Withdrawal Management Services Intake. <u>Phone</u>: 250-213-4441

Website: http://www.viha.ca/mhas/locations/victoria_gulf/vwms.htm 1125 Pembroke St., Victoria, BC, V8T 1J3

Methadone Clinics

- Outreach Services Clinic <u>Phone</u>: (250) 480-1232 2004 Fernwood Road Victoria, BC, V8T 2Y9
- Pandora Clinic <u>Phone</u>: (250) 294-6714922 Pandora Avenue Victoria, BC, V8V 3P3

Pharmacy

 Medicine Shoppe- Pharmacy <u>Description</u>: Free rapid HIV testing. <u>Hours</u>: Mon to Fri: 9:00 am to 5:30 pm<u>Phone</u>: 250-595-1323 104-1964 Fort St., Victoria, BC, V8R 6R3

Alternative Health

 Well-Being Massage (Alternative Health) <u>Care</u> <u>provider:</u> Amy Sullivan-Turnbull <u>Description</u>: Registered massage therapist.<u>Phone</u>: 250-341-5315
 <u>Website</u>: <u>http://www.well-beingmassage.com/</u> 790 Middleton St., Victoria, BC, V9A 2E3

Dental

Sherwood Family Dental

Description: Dr. Michael Mulholland and his team provide cosmetic and restorative dentistry. Staff are very sensitive to any fears or concerns our patients may have. All dental treatments are offered with the assistance of IV Sedation or Nitrous Oxide. Services provided include cosmetic dentistry, whitening, crown and bridge work, gum disease, dentures, mercury free fillings. Free parking is provided. <u>Hours</u>: Mon-Fri: 8am-5pm; Sat: 8am-1pm <u>Phone</u>: 250-727-2273 <u>Website: http://www.sherwoodfamilydental.com</u> 4136 Wilkinson Road Suite C, Victoria, BC, V8Z 5A7

Access Health Centre
 <u>Description</u>: Dental clinic provides dental treatment for the at-risk population in the community, and strives to remove the barriers to care by providing affordable dental treatment.

 <u>Hours</u>: Mon-Fri: 9am-4pm
 <u>Phone</u>: 250-383-5957

 <u>Website</u>: https://coolaid.org/

 #102-749 Pandora Avenue, Victoria, BC, V8W 1N9

- Georges Prevost
 <u>Description</u>: Dentist general practitioner offering a wide range of dental services.<u>Phone</u>: 250-592-4832

 357-3066 Shelbourne St., Victoria, BC, V8R 6T9
- Westside Dentistry
 <u>Dentist</u>: Bruce Tranter
 <u>Description</u>: Dentist and dental team provide a variety of dental services and oral health services. <u>Hours</u>:
 Mon-Wed: 8am-5pm; Thur: 11:30am-8pm; Fri: 8am-4pm
 <u>Phone</u>: 250-381-0028
 <u>Website</u>: <u>http://www.westsidedentistry.ca</u> 280 174 Wilson Street, Victoria, BC, V9A 7N6

Service Organizations

- Fiona Macleod Counselling and Social Work <u>Care provider</u>: Fiona Macleod <u>Description</u>: Registered clinical counsellor and registered social worker.<u>Hours</u>: Fri, Sat, Sun: 9am-6pm; Mon: 9am-2pm <u>Phone</u>: 250-812-4192 550-2950 Douglas St., Victoria, BC, V8T 4N4
- AIDS Vancouver Island Victoria <u>Description</u>: Provides support for people living with HIV/AIDS and/or hepatitis C in all offices through our PositiveWellness program.

<u>Services</u>: Include short-term counselling, meals, drop-in clinic, harm reduction services, support with income assistance, health care services, employment, housing, disability status applications and legal matters. Groupsinclude Men's Wellness Program.

Positive Wellness service hours: Mon-Fri: 10am-5pm Needle exchange hours: Mon-Sun: 3pm-10pm Phone: 250-384-2366 Website: http://www.avi.org 713 Johnson St. 3rd Floor, Victoria, BC, V8V 1M8

Vancouver Island Perssons Living with HIV/AIDS
 <u>Description</u>: Peer-based HIV/AIDS organization providing peer support and treatment information to personsliving with HIV/AIDS. Also provides programs, services, referral and support services.

 <u>Hours</u>: Mon-Thur: 10am-4pm; Fridays 10am-3pm
 <u>Phone</u>: 250-382-7927; Toll Free: 1.877.382.7927

 <u>Website</u>: http://vpwas.com/

 101-1139 Yates Street, Victoria, BC, V8V 3N2

 Victoria Street Nurse Program
 <u>Description</u>: HIV testing and referrals for health-related matters. Services are for street-involved clients.<u>Hours</u>: Mon-Fri: Days & evenings

 <u>Phone</u>: 250-818-3373, 250-480-8967, 250-361-7056
 1947 Cook St., Victoria, BC, V8T 3P9

Nutrition

- Sooke Food Bank Society 2037 Shields Road, Sooke, BC, VOS 1NO
- Goldstream Food Bank
 761 Station Ave. (bsmt), Langford, BC, V9B 6K8
- Mustard Seed Food Bank
 625 Queens Ave., Victoria, BC, V8T 1L9
- CMS Food Bank
 2740 Lashburn Rd., Mill Bay, BC, VOR 2P1
- Sidney Lions Food Bank
 9586 5th Street, Sidney, BC, V8L 3S8
- Cowichan Valley Basket Society 5810 Garden St., Duncan, BC, V9L 3V9
- Sidney Lions Food Bank
 9586 5th Street, Sidney, BC, V8L 3S8
- Mayne Island Food Bank
 535 Fernhill Road, Mayne Island, BC, VON 2J2

- Salt Spring Island Community Services Food Bank 268 Fulford Ganges Rd., Salt Spring Island, BC, V8K 2K6
- Ladysmith Food Bank
 630 2nd Ave., Ladysmith, BC, V9G 1B2
- Lake Cowichan Food Bank Society Lake Cowichan, BC, VOR 2G0
 - People for a Health Community Food Bank 675 North Road, Gabriola Island, BC, VOR 1X0

Housing

- Our Place Society (Temporary Shelters) 932 Balmoral Rd., Victoria, BC
- Victoria Cool Aid Society (Emergency)
 - <u>Client</u>: Women <u>Phone</u>: 250-480-1408
 809 Burdett Avenue, Victoria, BC
 - <u>Client</u>: Men and Women
 <u>Phone</u>: 250-383-1951
 535 Ellice Street, Victoria, BC
 - <u>Client</u>: Men and Women
 <u>Phone</u>: 250-381-2159
 2317 Dowler Place, Victoria, BC
- Canadian Mental Health Association- Cowichan Valley Branch 1992 (Emergency) <u>Client</u>: Men and Women <u>Phone</u>: 250-715-1132 2579 Lewis Street, Duncan, BC

<u>CENTRAL VANCOUVER ISLAND (Cowichan, Lake Cowichan, Ladysmith, Nanaimo, Qualicum, Alberni)</u>

HIV Primary Care (Clinics)

Tonquin Medical Clinic (Clinic) <u>Care Providers:</u> John Armstrong (Physician), Pamela Frazee (Physician), Luke Williston(Physician), Tamara Yagos (Physician) <u>Description</u>: Physicians accepting HIV-positive patients at this clinic.<u>Hours</u>: Mon-Fri: 10am-5pm <u>Phone</u>: 250-725-3282 220 First St., Tofino, BC, VOR 2Z0

 Caledonian Medical Clinic (Clinic) <u>Description</u>: Physicians providing primary care to HIV-positive patients. <u>Phone</u>: 250-753-3202 <u>Website</u>: <u>http://www.avihealthcentre.org</u> 340 Campbell St., Nanaimo, BC, V9R 3G7

HIV Primary Care (Physicians, Nurse Practitioners, Nurses)

- Richard Henderson (Physician) <u>Description</u>: Physician accepting patients living with HIV in the Oceanside community area only. <u>Phone</u>: 250-248-6969
 135 Jensen Ave E, Parksville, BC, V9P 2H2
- Care Provider: Melissa Gillis (Physician) <u>Description</u>: Physician providing primary care to HIV-positive patients. <u>Phone</u>: 250-753-6646 <u>Website</u>: <u>http://www.avihealthcentre.org</u> 102-1847 Dufferin Crescent Nanaimo, BC, V9S 0B1

Infectious Diseases (Specialists)

 Nanaimo Regional General Hospital (Physician) <u>Care Provider</u>: David Forrest <u>Description</u>: Provides primary HIV care and specializes in infectious diseases. Dr. Forrest also serves other communities on Vancouver Island. <u>Phone</u>: 250 -754-2141 1200 Dufferin Cr., Nanaimo, BC, V9S 2B7

Sexual and Reproductive Health (Testing, Case Management)

- Parksville/Qualicum Health Unit (Clinic) <u>Description</u>: HIV testing and counseling. <u>Hours</u>: Mon-Fri: 8:30am-4:30pm <u>Phone</u>: 250-947-8242 494 Bay Avenue, Parksville, BC, V9P 2G5
- Nanaimo Health Unit (Clinic) <u>Description</u>: STI testing, treatment and counseling. <u>Hours</u>: Mon-Fri: 8:30am-4:30pm <u>Phone</u>: 250-755-3342 1665 Grant Ave., Nanaimo, BC, V9S 5K7
- Margaret Moss Health Centre (Clinic) <u>Description</u>: STI testing, treatment and counselling, HIV counselling, testing and referral. Educational materials.

Hours: Walk-in clinic: Thur 2pm-4pm; STI clinic: Mon-Thur, 9am-11:30am; Pill pick up: Mon 2–4pm & Thur 2–4pm; Testing and other services: Thur 2-4pm. New clients 25 and under: Thur 2-3:30pm and Mon evening by appointment only. <u>Phone</u>: 50-709-3050 675 Canada Ave., Duncan, BC, V9L 1T9

Central Vancouver Island (Clinic) <u>Description</u>: HIV testing and counseling is available. <u>Hours</u>: Mon-Thur: 9am-11am <u>Phone</u>: 250-709-3050 675 Canada Avenue, Duncan, BC, V9L 1T9

Tsewulhtun (Clinic) <u>Description</u>: Cowichan Tribes community health services for all First Nations providing physician, nurse, counseling, dietician, child development, perinatal services. Kwam Kwum Suli is the name of the HIV programpartnered with the Duncan House of Friendship and AIDS Vancouver Island. <u>Hours</u>: Mon-Fri: 8:30am-4:30pm <u>Phone</u>: 250-746-6184 <u>Website</u>: <u>http://www.cowichantribes.com</u> 5768 Allenby Rd., Duncan, BC, V9L 5J1

Adult Community Support Services (Case Management)
 <u>Description</u>: Mental health services. Case management services for adults with severe and persistent mentalillness.

 <u>Care providers</u>: Psychiatrist (GP referral required), registered nurse, nurse practitioner, registered social worker, professional counselor, outreach worker, community worker.

 <u>Services</u>: Clinical case management, community-based case management, outreach, medication clinic, psychiatrist will review lab results for clients, counselling services, 4-week groups on anger management, anxiety, several times per year.

<u>Application process</u>: Direct referral. Apply through Intake staff at this location. Referral can be made by familydoctor. <u>Phone</u>: 250-709-3040

3088 Gibbins Rd., Duncan, BC, V9L 1E8

Mental Health & Addictions

• Canadian Mental Health (Mental Health)

<u>Description</u>: The Canadian Mental Health Association facilitates access to the resources people require to maintain and improve mental health and community integration, build resilience and support recovery frommental illness. In BC, Mental Health, substance use and addictive behaviour are within the scope of the organization.

Website: www.cowichanvalley.cmha.bc.ca Hours: Mon-Fri: 9am-4:30pm Phone: 250-746-5521 371 Festubert St., Duncan, BC, V9L 3T1

• Canadian Mental Health (Mental Health)

Description: The Canadian Mental Health Association facilitates access to the resources people require to maintain and improve mental health and community integration, build resilience and support recovery frommental illness. In BC, Mental Health, substance use and addictive behaviour are within the scope of the organization. <u>Hours</u>: Mon-Fri: 9:30am-4pm <u>Phone</u>: 250-244-4042 <u>Website</u>: www.mid-island.cmha.bc.ca</u> 437 Wesley Street, Nanaimo, BC, V9R 2T8

 310 Mental Health Support (Mental Health Support) <u>Description</u>: Via telephone, provides toll-free provincial access to emotional support, information and resources specific to mental health. In operation since 2009, this network is also available 24/7/365 throughout BC. <u>Phone</u>: Call toll free. No need to dial area code: 310-6789 <u>Website</u>: <u>http://www.crisislines.bc.ca/</u>

 Kackaamin Family Development (Addictions) <u>Description</u>: Substance use services. In-patient treatment available. <u>Services available</u>: Programming for Concurrent disorders, Residential Schools, Gender-Based, Familytreatment, Child counselling, Parent/Child counselling, Couples counselling <u>Application process</u>: Accepts Clients with physical disabilities, Pregnant women, Clients taking other psychoactive medications. <u>Phone</u>: 250-723-7789 7830 Beaver Creek Rd., Port Alberni, BC, V9Y 8N3

 Adult Mental Health and Substance Use (Addictions) <u>Care providers</u>: Psychiatrist, psychologist available on intermittent basis, registered nurse, registered socialworker, mental health outreach worker, addictions worker, occupational therapist. <u>Services</u>: Clinical case management, outreach, medication assistance through case manager or ACT Program, weekly support groups for mental health/addictions issues, housing stabilization if connected with a counsellor.<u>Application process</u>: Direct and self-referral. <u>Area served</u>: Port Alberni, Uclulet, Bamfield, Tofino and communities in between.<u>Phone</u>: 250-731-1311 4780 Roger St., Port Alberni, BC, V9Y 3Z2

Access/Crisis Services (Addictions)
 <u>Description</u>: Provides a point of entry for all adult mental health and substance use services in the Nanaimo area. <u>Services provided</u>: Crisis counselling on walk-in basis, withdrawal management support, connections to appropriate mental health and substance use services programs, hospital and/or community treatment, and recovery services.

 <u>Application process</u>: Services are available to any person who has a major mental illness, an addiction or is inacute emotional distress.
 <u>Hours</u>: Mon-Fri: 10am-6:15pm
 <u>Phone</u>: 250-739-5710
 203-2000 Island Highway North (Brooks Landing Mall), Nanaimo, BC, V9S 5W3

 Alcohol and Drug Counselling (Addictions) <u>Description</u>: Outpatient drug and alcohol counselling services <u>Care providers</u>: Professional cousellor, detox nurse, housing coordinator, brain injury specialist. <u>Services provided</u>: Screening and orientation, assessment, referral, treatment groups, substance use andaddictions cousnelling, assistance with completing of disability or assistance forms. <u>Application process</u>: Services are accessed through Cowichan Valley Intake, by doctor or health professional referral, self-referral or on walk-in basis. <u>Area served</u>: Ladysmith to Mill Bay <u>Phone</u>: 250-737-2007 71 Government St., Duncan, BC, V9L 1A3

Intake Cowichan Valley (Addictions)
 <u>Description</u>: Intake is the single point of entry for all adult mental health and addiction services in the Cowichan Valley. Intake staff will connect individuals with the most appropriate service. Referrals can be made by family doctor.
 <u>Phone</u>: 250-709-3040
 3088 Gibbins Rd., Duncan, BC, V9L 1E8

 Adult Mental Health and Substance Use (Addictions) <u>Care providers</u>: Possible access to GP through urgent care clinic, psychiatrist once per week, registered nurse, nurse practitioner, registered social worker, professional counsellor, mental health outreach worker, mental health community worker.

<u>Services</u>: Clinical case management, community-based case management, outreach, medication assistance, monitoring of lab results, counselling services, completion of disability and assistance forms for known clients, housing stabilization. <u>Application process</u>: Direct and self-referral.

<u>Areas served</u>: Parksville, Qualicum, Bowser, Errington, Coombs, Nanoose Bay, Lasqueti Island.<u>Phone</u>: 250-951-9550

Website: http://www.viha.ca/locations/oceanside.htm

489 Alberni Hwy., Parksville, BC, V9P 1J9

Addictions and Mental Health (Addictions)

<u>Care providers available</u>: Professional counsellor. Services: Counselling services, assistance with completion of disability or assistance forms, assistance with housing stabilization, support groups for addictions, anxiety, depression, regulating emotions, effective communication and Changeways.

<u>Application process</u>: Clients are referred through Brooks Landing office (250-739-589).<u>Phone</u>: 250-739-5880

3151 Barons Rd., Nanaimo, BC, V9T 5W5

Methadone Clinics

- Canada Avenue Clinic <u>Phone</u>: (250) 597-1185 225 Canada Avenue Suite 103 Duncan, BC, V9L 1T6
- AVI Health Centre <u>Phone</u>: (250) 754-9111

55 Victoria Road Suite 216 Nanaimo, BC, V9R 5N9

- Victoria Road Clinic <u>Phone</u>: (250) 716-9911 55 Victoria Road Suite 200 Nanaimo, BC, V9R 5N9
- Phoenix Welness Clinic Duncan <u>Phone</u>: 604-260-7252 5878 York Rd Duncan, BC, V9L 3S4
- Sow's Ear Medical Clinic <u>Phone</u>: 250-390-4542 7186 Lantzville Rd Lantzville, BC, VOR 2H0
- Nanaimo Pain Clinic <u>Phone</u>: 250-591-2565 495A Dunsmuir St. Nanaimo, BC, V9R 6B4
- Trew Beginnings Clinic <u>Phone</u>: 250-591-6454 200-55 Victoria Rd Nanaimo, BC, V9R 5N9

Pharmacy

 Medicine Shoppe Pharmacy <u>Description</u>: Free rapid HIV testing. <u>Hours</u>: Mon-Fri: 9am–6:30pm; Sat: 10am–6pm <u>Phone</u>: 250-591-4933 22 - 1150 Terminal Park Ave., Nanaimo, BC, V9S 5L6

Alternative Health

 Vita Care Natural Health Clinic (Clinic) <u>Naturopathic doctor</u>: Carmen Luterbach <u>Description</u>: Naturopathic services focused on family health – the care of infants, children and their parents.<u>Phone</u>: 250-585-2150 <u>Website</u>: <u>www.naturopath-nanaimo.com</u> 2147 Bowen Road, Nanaimo, BC, V9S 1H8 Island Natural Health (Naturopathic Doctor) <u>Care provider</u>: Patrick Callas <u>Description</u>: Naturopathic doctor specializing in cancer care and Lyme disease.<u>Phone</u>: 250-537-0035 <u>Hours</u>: <u>http://islandnaturalhealth.ca/</u> 190 Long Harbour Rd., Saltspring Island, BC, V8K 2K9

 Silverfern Health (Alternative Health) <u>Naturopathic doctor</u>: Daisey Kent <u>Description</u>: Naturopathic services offered by naturopathic doctor. Services include acupuncture, herbal supplements and lifestyle support. Not all services are covered by MSP. <u>Phone</u>: 250-510-1910 <u>Website</u>: <u>http://www.daiseykentnd.com</u> 204-394 Duncan St., Duncan, BC, V9L 3W4

<u>Dental</u>

 Lake Dental Health Centre (Dentist) <u>Dentist</u>: John Wilson <u>Description</u>: Dentist providing a full range of general and cosmetic services.<u>Phone</u>: 250-749-3233 <u>Website</u>: <u>http://www.lakedentalhealth.com</u> 46 South Shore Rd., Lake Cowichan, BC, VOR 2G0

CODE Dental Clinic
 <u>Description</u>: Accepts those on social assistance, non-insured, Fair Pharmacare, and referrals from socialagencies.
 Drop-in service or appointments are available.
 <u>Phone</u>: 250-591-0711
 <u>Website</u>: http://johnhowardnanaimo.org/code
 201-489 Wallace Rd., Nanaimo, BC, V9R 5B7

Service Organizations

AVI Health Centre
<u>Description</u>: HIV primary care: HIV physician, HIV nurse, HIV counsellor. Point-of-care testing, initiation of antiretroviral treatment, and full care are provided.
<u>Hours</u>: Mon-Wed: 9am-5pm; Tues: HIV primary care clinic, 10am-12pmPhone: 250-754-9111
<u>Website</u>: <u>http://www.avihealthcentre.org</u>
216 Victoria Rd, Nanaimo, BC, V9R 4P6

AIDS Vancouver Island- Nanaimo

<u>Description</u>: Information and education on safer sex, HIV and HCV and HIV testing. Weekly housing list. Access to harm reduction supplies and information. Advocacy, counseling, support, referrals. Nutritional supplements. HIV-positive gay men's support group and sexual health workshops for gay and queer men.

AVI Health Centre program physicians provide methadone maintenance treatment for opioid addiction. HIVprimary care practice is available on Tuesdays, for anyone living with HIV. <u>General office hours</u>: Mon-Thur: 9am-4:30pm <u>Positive</u> <u>Wellness drop in</u>: Mon-Thur: 9am-11am <u>AVI Health Centre</u>: Mon-Wed 9am-5pm; Thur: 1pm-5pm <u>Phone</u>: 250-754-9111; 250-753-2437 <u>Website</u>: <u>http://www.avi.org</u> 102 - 55 Victoria Rd., Nanaimo, BC, V9R 5N9

 Kw'am Kw'um S'uli: Strengthening our Spirit <u>Description</u>: Manages public health and communicable disease control for Cowichan Tribes, and provides health education programs.
 <u>Phone</u>: 250-748-3196 <u>Website</u>: <u>http://www.cowichannewsleader.com/news/135110968.html?mobile=true</u>5768 Allenby Rd., Duncan, BC, V9L 5J1

Nutrition

- Lake Cowichan Food Bank Society Lake Cowichan, BC, VOR 2G0
- Cowichan Valley Basket Society 5810 Garden St., Duncan, BC, V9L 3V9
- Ladysmith Food Bank
 630 2nd Ave, Ladysmith BC, V9G 1B2
- Chemainus Harves House
 9814 Willow Street (bsmt), Chemanius, BC, VOR 1KO
 - Loaves and Fishes Commuity Food Bank 1009 Farquhar St., Nanaimo, BC, V9R 2G2
 - People for a Health Community Food Bank 675 North Road, Gabriola Island, BC, VOR 1X0
- Mt. Arrowsmith Salvation Army Community Ministries Parksville, BC, V9P 2H6
- Sunshine Coast Food Bank Sechelt, BC, VON 3A0
- Harvest of Hope Food Bank Gibson, BC, VON 1V0
- Salt Spring Island Community Services Food Bank
 268 Fulford Ganges Rd. Salt Spring Island, BC, V8K 2K6

- Hornby Island Food Bank Gunpowder 3-1, Hornby Island, BC, VOR 1Z0
- Port Alberni Comminity Food Bank Salvation Army 4841 Redford St., Port Alberni, BC, V9Y 3P3
- Comox Valley Food Bank
 1491 McPhee Ave., Courtenay, BC, V9N 3A3

Housing

- Port Alberni Shelter Society (Emergency) <u>Client</u>: Men and Women <u>Phone</u>: 250-723-6511 3987 8th Ave., Port Alberni, BC
- Island Crisis Care Society (Emergency) <u>Client</u>: Women 19 and older and children <u>Phone</u>: 250-753-1474 355 Nicol Street, Nanaimo, BC

NORTH VANCOUVER ISLAND (Courtenay, Campbell River, Vancouver Island West, Vancouver Island North)

HIV Primary Care (Clinics)

 Positive Wellness North Island (Clinic, Physician, Nurse) <u>Care</u> <u>provider</u>: David Forrest (Physician), Jennifer Block (Nurse) <u>Description</u>: Physician accepting HIV-positive patients <u>Phone</u>: 250-850-2605 375 2nd Ave., Campbell River, BC, V9W 3V1

Sexual and Reproductive Health (Testing, Case Management)

- Port Hardy Health Clinic (Clinic) <u>Description</u>: STI/hepatitis C testing, treatment, and counseling. HIV testing and counseling.<u>Hours</u>: Mon- Fri: 8:30am-4:30pm. <u>Phone</u>: 250-949-3100 7070 Market St., Port Hardy, BC, VON 2P0
- Port McNeill Health Unit (Clinic) <u>Description</u>: STI testing and treatment, STI counselling, HIV counselling and testing.<u>Hours</u>: Wed: 9am-4pm <u>Phone</u>: 250-956-4711

1775 Grenville St., Port McNeill, BC, VON 2R0

- Courtenay Health Unit (Clinic) <u>Description</u>: STI counselling, testing and treatment. HIV counselling and testing.<u>Hours</u>: Tue: 6pm-8:30pm Thur: 4pm-6pm <u>Phone</u>: 250-331-8520 961 England St., Courtenay, BC, V9N 2N7
- Campbell River Health Unit (Clinic) <u>Description</u>: Clinic offering STI/HIV counseling and testing and STI treatment.<u>Hours</u>: Mon-Fri: 8:30am-4:30pm, by appointment <u>Phone</u>: 250-850-2110 200-1100 Island Highway, Campbell River, BC, V9W 8C6

Mental Health & Addictions

 Pacifica Counselling and Consulting (Psychiatrist and Counsellor) <u>Care provider</u>: Hazel Trego <u>Description</u>: Registered clinical counsellor. Provides individual adult therapy, specializing in trauma recovery.<u>Hours</u>: Tue, Wed, Thur: 9:30am-5:30pm <u>Phone</u>: 250-203-1720 <u>Website</u>: <u>http://www.hazeltrego.ca</u> Mail: 49 251 McPhedran Rd., Campbell River, BC, V9W 6W5

- Adult Mental Health and Substance Use (Addictions) <u>Care providers</u>: Consulting psychiatrist for known clients, registered nurse, registered psychiatric nurse, registered social worker, professional counsellor, mental health outreach worker. <u>Services</u>: Clinical case management, community-based case management, outreach, medication assistance forpsychiatric medication, monitoring of lab results for long-term clients, counselling services, completing of disability or assistance forms for existing clients, educational groups, daily early recovery group for substance use clients. <u>Application process</u>: Direct and self-referral. <u>Areas served</u>: Bowser to Oyster River and communities in between. <u>Phone</u>: 250-331-8515 941C England Ave., Courtenay, BC, V9N 2N7
 Port Hardy Mental Health (Addictions)
 - Description: Care providers available: Counsellor, harm reduction worker, social worker, access to psychiatry services in person and via telehealth.

<u>Services</u>: Mental health and substance use counseling, case management, rehabilitation supports and services, access to crisis stabilization program housing, outreach. Early Recovery Program Monday, Wednesday & Fridays10am-11:40am, no appointment required. Drop in counseling and support Monday-Friday 1pm-3pm no appointment required. Nurse Practitioner provides outreach primary health care via Lighthouse Centre twice a week, Sacred Wolf Friendship Centre once a week and Port Hardy office.

<u>Application process</u>: Accept referrals from primary care providers, health programs, community partners and self-referrals.

Areas served: Port Alice, Sointula, Fort Rupert, Zeballos, Woss and Alert Bay

<u>Phone</u>: 250-902-6051 7070 Shorncliffe Ave., Port Hardy, BC, VON 2P0

- Mental Health and Substance Use (Addictions) <u>Care providers</u>: Social worker, counsellor, outreach worker. <u>Services</u>: Mental health and substance use counselling, case management, rehabilitation supports and services, access to crisis stabilization program housing, outreach, access to psychiatry services in person and via telehealth. <u>Application process</u>: Direct and self-referral, or referrals from primary care provider, health program or community partner. <u>Areas served</u>: Port Alice, Sointula, Fort Rupert, Zeballos, Woss, Alert Bay<u>Phone</u>: 250-956-4461 2750 Kingcome Place, Port McNeill, BC, VON 2R0
- Positive Wellness North Island Liver and Health Services (Addictions) <u>Services</u>: HIV assessment, education, treatment planning and support; AIDS Vancouver Island wellness counselling, harm reduction services, information on HIV care, help with understanding lab work, information onside effects treatment, access to nutrition information, access to mental health and addiction services clinician, HIV education and support for family and friends, HIV information for health care providers and community agencies. Satellite services are available in the Comox Valley, Mt. Waddington and Port Hardy.<u>Phone</u>: 250-850-2605 / Toll Free: 1-877-215-7005 Sunshine Wellness Centre, Campbell River Hospital, 375 Second Ave. Campbell River, BC, V9W 3V1

Methadone Clinics

- Columbia Coast Addiction Services <u>Phone</u>: (250) 287-4822 11371B Cedar Street Campbell River, BC, V9W 7K1
- North Island Medical Clinic <u>Phone</u>: (250) 286-1334 1405 Spruce Street Campbell River, BC, V9W 7K1
- North Island Medical Clinic <u>Phone</u>: (250) 338-5097 1959 Cliffe Avenue Courtenay, BC, V9N 2L2

Service Organizations

AIDS Vancouver

<u>Description</u>: Services for people living with HIV or hepatitis C including advocacy, education, referrals and support. Harm reduction services, education and supplies. Sexual health workshops and counseling for gay and

queer men. Nurse practitioner, public health nurse, nurse clinician available for medication assistance, blood testing, primary health care. Public health nurse available to assist with vaccinations and STI/HIV/Hep C testing, etc.
<u>Drop-in lounge</u>: Mon-Thur: 9-12pm
<u>Homelessness outreach worker</u>: Mon: 9-12pm Tues: 10-12pm; Community health nurse (wound care, bloodpressure, blood sugar, etc.) Wed: 11-12pm
<u>Phone</u>: 250- 338-7400
<u>Website</u>: <u>http://www.avi.org</u>
355 - 6th St. Courtenay, BC, V9N 1M2

AIDS Vancouver Island- Campbell (AIDS Service Organization)
 <u>Description</u>: AVI Campbell River offers on-site harm reduction, as well as short-term, focus-based counselingand advocacy and referrals for those living with HCV, HIV and those at risk. Provides education to schools, colleges and the community at large, including the surrounding islands, and sexual health workshops and counselling to MSM, gay and queer men.
 AVI also works in collaboration with Positive Wellness North Island and the STOP HIV initiative, and are in partnership with VIHA through the Public Health Nursing program.

Hours: Mon-Thu: 9am-4pm; Fri: 11am-3pm Phone: 250- 830-0787 Website: http://www.avi.org 1371 Cedar St, Campbell River, BC, V9W 2W6

Nutrition

- Comox Valley Food Bank
 1491 McPhee Ave., Courtenay, BC, V9N 3A3
- Campbell River & District Food Bank
 1393 Marwalk Cresc. Campbell River, BC, V9W 5V9
- Quadra Island Food Bank Heriot Bay, BC, VOP 1H0
- Harvest Food Bank
 7120 Market St., Port Hardy, BC, VON 2PO

Housing

- Stepping Stone Ventures Ltd. (Emergency) <u>Client</u>: Men and Women <u>Phone</u>: 250-287-3791 690 Evergreen Road, Campbell River, BC
- The Governing Council of the Salvation Army in Canada Campbell River (Emergency) <u>Client</u>: Men, Women and Families <u>Phone</u>: 250-782-9346

1032 105 Avenue, Dawson Creek, BC

 The Governing Council of the Salvation Army in Canada Courtenay (Emergency) <u>Client</u>: Men, Women and Families <u>Phone</u>: 250-338-5133
 632 Pidcock Avenue, Courtenay, BC

NORTHWEST (Snow Country, Prince Rupert, Upper Skeena, Smithers, Kitimat, Stikine, Terrace, Nisga'a, Telegraph Creek)

Sexual and Reproductive Health (Testing, Case Management)

Kitimat Community (Clinic) <u>Description</u>: HIV testing and counselling. When calling ask for Public Health Services; an appointment is required. <u>Phone</u>: 250-632-3181 920 Lahakas Blvd, South Kitimat, BC, V8C 2S3

Mental Health & Addictions

Mental Health and Addictions (Addictions)
 <u>Care providers available</u>: Registered nurse, registered social worker, outreach worker, community worker, registered psychiatric nurse.
 <u>Services</u>: Clinical case management, community based case management, outreach through Life Skills program, medication assistance, counselling services, completion of disability forms, housing stabilization.
 <u>Application process</u>: Direct and self-referral.
 <u>Areas served</u>: Dease Lake, Moriceown, Gitanyow. Na-Dene spoken.
 <u>Phone</u>: 250-771-5029
 Bag 2000 7171 Hwy 37, Dease Lake, BC, VOC 1L0

- Mental Health and Addictions (Addictions) <u>Care providers available</u>: Psychiatrist (clients need doctor's referral for appointment), registered nurse, nurse practitioner, registered social worker, professional counsellor, outreach worker, community worker, recreationworker. <u>Services</u>: Clinical case management, community based case management for life skills, counselling services, completion of disability forms, CPT program. <u>Application process</u>: Direct referral and self-referral. <u>Phone</u>: 250-631-4202 3412 Kalum St., Terrace, BC, V8G 0G5
- Mental Health and Addictions (Addictions) <u>Care providers available</u>: Psychiatrist once per month, registered nurse, registered social worker, mental health outreach worker, mental health community worker. <u>Services</u>: Clinical case management, community-based case management, outreach, medication assistance, counselling services, completion of disability forms. <u>Application process</u>: Self-referral. Doctor's referral required to see psychiatrist.

Phone: 250-632-3181 920 Lahakas Blvd., South Kitimat, BC, V8C 2S3

- Mental Health and Addictions (Addictions)
 <u>Care providers available</u>: Registered nurse, registered social worker, professional counsellor, mental healthoutreach worker through Life Skills program.
 <u>Services</u>: Clinical case management, community-based case management, outreach, Life Skills worker will assistwith delivering medication, counselling services, some assistance with completion of forms related to mental health and addictions.
 <u>Application process</u>: Direct and self-referral.
 <u>Areas served</u>: Prince Rupert, Metlakatla, Kitkatla, Port Simpson, Port EdwardPhone: 250-622-6310
 300 3rd Avenue West, Prince Rupert, BC, V8J 1L4
 Northern Health Mental Health (Addictions)
 <u>Care providers: Nancy Gleason Lifeskills worker Diane LeBlanc, PSB practitioner</u>
- <u>Care providers</u>: Nancy Gleason, Lifeskills worker Diane LeBlanc, PSR practitioner
 <u>Description</u>: This site provides mental health and addictions services. A harm reduction site is available at the facility and psychosocial rehabilitation services are available.
 <u>Phone</u>: 250-842-5144
 <u>Website</u>: <u>www.northernhealth.ca</u>
 2506 Hwy. 62 Hazelton, BC, VOJ 1X0

Methadone Clinics

 Alliance Outreach Clinic- Prince Rupert Health Unit <u>Phone</u>: (250) 622-6310 300 3rd Ave West, Prince Rupert, BC, V8J 1L4

Alternative Health

Viva Holistic Healing (Alternative Health) <u>Care provider</u>: Frances Birdsell <u>Description</u>: Reflexology services: Feet, hands, ears massage, energy balancing, ear candling, life energy assessment. <u>Phone</u>: 250-635-2194 <u>Website</u>: <u>http://www.vivaholistichealing.com/</u> 4016 Yeo St, Terrace, BC, V8G 2S9

Service Organizations

Positive Living North: Bulkley (AIDS Service Orgnaization) <u>Description</u>: Offers services and education regarding HIV/AIDS and HCV prevention, and direct services to clients in Smithers. <u>Area served</u>: Smithers, as well as Prince Rupert to Burns Lake, outreach to Moricetown <u>Office hours</u>: Mon-Thur: 8:30am-3:30pm, Drop in: Mon to Tue: 10:30am-2:30pm & Thur: 9am-1pm<u>Members only</u>: Wed: 11am-3pm <u>Phone</u>: 250-877-0042 <u>Website</u>: <u>http://www.positivelivingnorth.org/</u> 3862F Broadway Ave., Smithers, BC, VOJ 2N0

 Dze L K'ant Friendship Centre <u>Description</u>: Provides services to support the community of Smithers. Provides information on HIV/AIDS and information on preventing transmission of the virus. <u>Phone</u>: 250-847-5211 <u>Website</u>: <u>http://www.dzelkant.com/</u> 1188 Main St., Smithers, BC, VOJ 2N0

Nutrition

- Prince Rupert Salvation Army Family Services 25 Freville Court, Prince Rupert, BC, V8J 1R3
- Kitimat Food Bank Society Unit 230, City Center Mall, Kitimat, BC, V8C 1T8
- Terrace Church's Food Bank Unit B 4643 Park Avenue, Terrace, BC, V8G 1V8

Housing

- Governing council of the Salvation Army in Canada Prince Rupert (Emergency) <u>Client</u>: Men, Women and Families <u>Phone</u>: 250-624-6786 25 Grenville Crt, Prince Rupert, BC
- Ksan House Society (Emergency) <u>Client</u>: Men and Women <u>Phone</u>: 250-635-2373 2812 Hall Street, Terrace, BC

NORTHERN INTERIOR (Quesnel, Burns Lake, Nechako, Prince George)

HIV Primary Care (Clinic)

Central Interior Native Health Society (Clinic, Physician, Nurse Practitioner)
 <u>Care provider</u>: Pierre Ducharme (Physician), Gerrard Prigmore (Physician), Eric Butler (Physician), Heather Smith (Physician), Tracey Day (Nurse Practitioner), Kristine Roswell (Nurse Practitioner)
 <u>Description</u>: Serving the healthcare needs of Aboriginal People and others who live on, or close to, the street.Physician accepting HIV-positive patients.
 <u>Phone</u>: 250-564-4422
 <u>Website: http://www.cinhs.org</u>

1110-4th Ave, Prince George, BC, V2L 3J3

HIV Primary Care (Physicians, Nurse Practitioners, Nurses)

Omenica Clinic Doctors (Physician) <u>Description</u>: Patients living with HIV will be accepted for care if they live in the area, and will be accepted on a case-bycase basis. Patients will be accepted for care, but will not be assigned to a specific doctor. <u>Hours:</u> Mon-Fri: 8am-5pm <u>Phone</u>: 250-567-2201 3348 Hospital Road, Vanderhoof, BC, VOJ 3A2

Infectious Diseases (Specialist)

 Care Provider: Abu Hamour (Physician) <u>Description</u>: Physician accepting HIV-positive patients and specializing in infectious diseases and internalmedicine. Works with STOP HIV/AIDS Program. <u>Phone</u>: 250-563-8284 925 Vancouver St., Prince George, BC, V2L 2P6

Sexual and Reproductive Health (Testing, Case Management)

- Quesnel Health Unit (Clinic) <u>Description</u>: HIV testing and counseling. STI testing, treatment and counseling.<u>Hours</u>: Mon-Fri: 1pm-4pm <u>Phone</u>: 250-991-7571 511 Reid St., Quesnel, BC, V2J 2M8
- Lakes District (Clinic) <u>Description</u>: STI testing, treatment and counselling, HIV counselling and testing. Needle exchange.<u>Phone</u>: 250-692-2460 741 Centre St., Burns Lake, BC, VOJ 1E0
- Fort St James Health Unit (Clinic) <u>Description</u>: STI and HIV testing counseling and referral. Needle exchange.<u>Hours</u>: Mon-Fri: 8:30–4:30pm <u>Phone</u>: 250-996-7178 250 Stuart Dr W, Fort Saint James, BC, VOJ 1P0
- McBride Health Unit (Clinic) <u>Description</u>: Services include HIV/AIDS testing, counseling, education, support and contact tracing.<u>Hours</u>: Mon-Fri: 8:30am-4:30pm <u>Phone</u>: 250-569-2251 x2026 1126 5th Ave., BC, VOJ 2E0
- Prince George Youth Opt Clinic (Clinic) <u>Description</u>: Clinic for youth aged 25 and under.

<u>Services</u>: STI testing/treatment, PAP tests, pregnancy testing, ECP, birth control, education and counseling on substance abuse, HIV testing, eating disorders, decision making, nutrition, relationships, self-esteem, smoking. <u>Hours</u>: Thurs: 3-5:30pm <u>Phone</u>: 250-565-7381; For information call: 250-565-74771444 Edmonton, St. Prince George, BC, V2M 6W5

 Prince George AIDS Prevention (Clinic) <u>Description</u>: HIV testing, STI testing and treatment, harm reduction supplies and nursing services. Services are walk-in only and free of charge. <u>Hours</u>: Mon-Fri & Sun: 1pm- 6pm; Sat: 1pm-5pm <u>Outreach vehicle</u>: Mon-Sun: 7pm-11pm. Contact outreach vehicle at: 250-960-9777 <u>Phone</u>: 250-564-1727 1108 3rd Ave., Prince George, BC, V2L 3E5

Hep C Primary Care (Clinics)

 Dr. Paul Mullins (Clinic) <u>Description</u>: Gastroenterologist Specialists for HCV <u>Phone</u>: 250-612-0001 Fax: 250-612-0003 6 Ave, Prince George, BC V2L 3N4

 Dr. Leila Keyvani (Clinic) <u>Description</u>: Gastroenterologist Specialists for HCV <u>Phone</u>: 250-562-8845; Fax: 250-562-8846 1669 Victoria St, Prince George, BC, V2L 2L5

Mental Health & Addictions

- Community Outreach and Assertive Services (Case Management) <u>Phone</u>: 250-565-7472 1444 Edmonton Street, 3rd Floor Prince George, BC, V2M 6W5
- Community Acute Stabilization Services (Mental Health) <u>Description</u>: Provides integrated mental health and addiction services to adults 19 years of age and older presenting with a variety of DSM IV (Axis I and II) diagnoses. These include Mood Disorders, Personality Disorders, Concurrent Substance Related Disorders, Bi-Polar Disorders, Grief, Adjustment Disorders, OCD, PTSD and Post- Partum Depression. <u>Phone</u>: 250-565-2666 1444 Edmonton Street, Prince George, BC, V2M 6W5
- Canadian Mental Health Association: Prince George (Mental Health)
 <u>Description</u>: The Canadian Mental Health Association facilitates access to the resources people require to maintain and improve mental health and community integration, build resilience and support recovery frommental illness. In BC, Mental Health, substance use and addictive behaviour are within the scope of the organization.
 <u>Hours:</u> Mon-Fri: 8:30am-4:30pm

Phone: 250-564-8644 Website: www.princegeorge.cmha.bc.ca 1152 3rd Avenue, Prince George, BC, V2L 3E5

- Central Interior Native Health Society (Addictions)
 <u>Description</u>: Primary care. Serves the health care needs of Aboriginal People and people who live on, or close to, the street.

 <u>Care providers available</u>: Clinical social worker, outreach social worker, support worker, addictions counsellor. <u>Services available</u>: Counselling, medical care, outreach, addictions programs, education.

 <u>Hours</u>: Mon, Tue, Thur, Fri: 8:30am-4:30pm; Wed: 1pm-4:30pm

 <u>Phone</u>: 250-564-4422

 <u>1110- 4th Ave, Prince George, BC, V2L 3J3</u>

 Mental Health and Addictions (Addictions)
- <u>Care providers available</u>: Professional counselor, mental health outreach worker, family services counselor, family support counselor.
 <u>Services available</u>: Clinical case management, counseling services, completion of disability forms, monthlymental health/addictions support groups.
 <u>Application process</u>: Direct and self-referral.
 <u>Phone</u>: 250-997-6595
 45 Centennial, Dr. Mackenzie, BC, VOJ 2CO
- Mental Health and Addictions (Addictions) <u>Description</u>: Mental health services for people 19 and older and addictions services for people 12 and older. <u>Care providers</u>: Clinician case managers, community support worker, outreach psychiatrist visits every 6-8 weeksfor assistance with psychiatric medications. <u>Services</u>: Assistance with disability/assistance forms, but need input from family doctor, counselling services, prevention worker offers day programs on fluctuating basis, such as Changeways. <u>Application process</u>: Direct and self-referral. <u>Areas</u> <u>served</u>: Burns Lake, Granisle, Decker Lake<u>Hours</u>: Mon to Fri: 8:30 am to 4:30 pm <u>Phone</u>: 250-692-2449 741 Centre Street, Burns Lake, BC, VOJ 1E0
- Mental Health and Addictions (Addictions) <u>Care providers</u>: General practitioner, psychiatrist visits once every two months, professional counselor, access to geriatric psychiatrist via Prince George. <u>Services</u>: Clinical case management, community based case management, medication assistance throughgeneral practitioner, blood draws through general practitioner, monitoring of lab results through general practitioner, periodic programs on depression, anxiety and stress, completion of disability forms. <u>Application process</u>: Direct and self-referral. <u>Areas served</u>: McBride and Valemont <u>Hours</u>: Mon-Fri: 8:30am-4:30pm 1126 Sth Ave., McBride, BC, VOJ 2E0
- Northern Health Mental Health (Addictions) <u>Care providers</u>: Nancy Gleason, Lifeskills worker. Diane LeBlanc, PSR practitioner

<u>Description</u>: This site provides mental health and addictions services. A harm reduction site is available at thefacility and psychosocial rehabilitation services are available. <u>Phone</u>: 250-842-5144

Website: www.northernhealth.ca 2506 Hwy. 62 Hazelton, BC, VOJ 1X0

- Positive Living North: No Kheyoh t'sih'en t'sehena Society (Addictions) <u>Phone</u>: 250-562-1172 <u>Website</u>: <u>http://www.positivelivingnorth.ca</u> 1563 2nd Ave., Prince George, V2L 3B8
- Lakes District Hospital and Health Centre (Addictions) <u>Description</u>: Mental health services for people 19 and older and addictions services for people 12 and older. <u>Care</u> <u>providers</u>: Clinician case managers, community support worker, outreach psychiatrist visits every 6 to 8weeks for assistance with psychiatric medications. <u>Services</u>: Assistance with disability/assistance forms, but need input from family doctor, counselling services, prevention worker offers day programs on fluctuating basis, such as Changeways. <u>Application process</u>: Direct and self-referral. <u>Areas</u> <u>served</u>: Burns Lake, Granisle, Decker Lake<u>Hours</u>: Mon- Fri: 8:30am-4:30pm <u>Phone</u>: 250-692-2449 7500 741 Centre Street, Burns Lake, BC, VOJ 1E0
- Carrier Sekani Family Services (Addictions) <u>Description</u>: Substance use services. In-patient and out-patient treatment services. On-the-land programmingavailable. Services available to pregnant women and people with physical disabilities. <u>Phone</u>: 250-567-2900 Vanderhoof, BC, VOJ 3A0

Methadone Clinics

- Central Interior Native Health Society <u>Phone</u>: (250) 564-4422 1110 4th Avenue Prince George, BC, V2L 3J3
- Nechako Treatment Centre <u>Phone</u>: (250) 565-2100 1308 Alward St Prince George, BC, V2M 7B1

Pharmacy

Jennifer Hawkes (Pharmacist) <u>Phone</u>: 250-961-8474 Northern Health Pharmacy Department-UHNBC 1475 Edmonton, St. Prince George, BC, V2M 1S2

Alternative Health

Synergy Health and Wellness (Alternative Health) <u>Care provider</u>: Korrin Scott <u>Description</u>: Massage therapy by registered massage therapist. <u>Hours</u>: Tues-Fri: 9am-6pm; Sat: 10am-3pm <u>Phone</u>: 250-596-9355 <u>Website</u>: <u>http://www.synergyhealthprofessionals.ca/</u> Suite 112 1717 3rd Ave., Prince George, BC, V2L 3G7

Dental

Dental Outreach Clinic (Dentist) <u>Description</u>: Dental clinic staffed by dentist, dental hygienists and dental assistants. This clinic is for those nototherwise able to receive dental care or able to afford treatment. <u>Hours</u>: Drop-in service only. 2nd and 4th Tuesday of the month, 6pm-9pm <u>Phone</u>: 250-613-7246 1600 3rd Ave., Prince George, BC, V2L 3G6

Service Organizations

Quesnel Tillicum Society Native <u>Description</u>: Workshops and healing circles on issues such as HIV/AIDS, alcohol and drug abuse, and anger management. <u>Phone</u>: 250-992-8347 <u>Website</u>: <u>http://www.quesnel-friendship.org/</u> 319 North Fraser Drive, Quesnel, BC, V2J 1Y9 Nutrition

- Quesnel Salvation Army Food Bank 374 Mclean St., Quesnel, BC, V2J 2N9
- Williams Lake Salvation Army 267 Borland St., Williams Lake, BC, V2G 1R4
- Lake District Food Bank- Burns Lake
 425 B Highway 16, Burns Lake, BC, VOJ 1E0
- Bulkley Valley Food Bank- Salvation Army 1065 Main St., Smithers, BC, VOJ 1Z0
- Fort Fraser Food Bank
 774 Hwy 16, Fort Fraser, BC, VOJ 1NO
- Kitimat Food Bank Society

Unit 230, Ciy Centre Mall, Kitimat, BC, V8C 1T8

- Terrace Church's Food Bank Unit B- 4643 Park Avenue, Terrace, BC, V8G 4B8
- Prince Geogre Salvation Army Family Services 777 Ospika Blvd., Prince George, BC, V2M 3R5
- Neighbour Link Food Bank Vanderhoof, BC, VOJ 3A0

Housing

- Seasons House
 <u>Phone</u>: 250-991-0222
 146 Carson Ave., Quesnel BC
- Smithers Community Services (Emergency) <u>Client</u>: Men, Women and Families <u>Phone</u>: 250-847-4660 3827 Broadway Avenue, Smithers, BC
- Active Support Against Poverty Housing Society (Emergency) <u>Client</u>: Men, Women and Families <u>Phone</u>: 250-563-6112 1188 6th Ave. Prince George, BC
- Quesnel Shelter and Support Society (Emergency) <u>Client</u>: Men, Women and Families <u>Phone</u>: 250-991-0222 146 Carson Avenue, Quesnel, BC

NORTHEAST (Peace River South, Peace River North, Fort Nelson)

HIV Primary Care (Clinics)

Hudson's Hope Health Centre (Clinic) <u>Care Provider</u>: Rurik Hubner <u>Description</u>: General practitioner available who is accepting HIV-positive patients.<u>Phone</u>: 250-783-9991 10309 Kyllo St, Hudson's Hope, BC, VOC 1V0

Sexual and Reproductive Health (Testing, Case Management)

Fort St John Health Unit (Clinic)

<u>Description</u>: STI testing treatment and counseling. HIV testing. <u>Hours:</u> Mon: 1:30pm-4pm <u>Phone</u>: 250-263-6000 10115 110th Ave., Fort St John, BC, V1J 6M9

Dawson Creek Health Unit (Clinic) <u>Description</u>: STI testing, treatment and counseling. HIV counseling, testing and referral.<u>Sexual</u> <u>health services</u>: Mon, Thur, 1:30-4pm by appointment. <u>STI Clinic</u>: Thur, 1- 4pm by appointment. <u>Phone</u>: 250-719-6500 1001 - 110th Ave., Dawson Creek, BC, V1G 4X3

Mental Health & Addictions

Fort Nelson Community (Addictions)
 <u>Care providers available</u>: Registered nurse, nurse practitioner, registered social worker, professional counselor, community worker.
 <u>Services</u>: Clinical case management, community-based case management, outreach, medication assistance forpsychiatric meds, blood draws, monitoring of lab results, completion of disability/assistance forms, housing stabilization, healthcare navigation (connection to GP), weekly support groups.
 <u>Application process</u>: Self-referral and direct referral.
 <u>Hours</u>: Mon-Fri: 8:30am-4:30pm
 <u>Phone</u>: 250-774-8105
 5315 Liard St., Fort Nelson, VOC 1R0

 Mental Health and Addictions (Addictions)

 <u>Care providers</u>: Registered nurse, professional counselor, clinical case management, outreach worker through Supported Independent Living Program.

 <u>Services</u>: Medication assistance through RN, counseling services, completion of disability and assistance forms through counselor, AA group once per week.

 <u>Application process</u>: Direct and self-referral.

 <u>Hours</u>: Mon-Fri: 8:30am-4:30pm

 <u>Phone</u>: 250-242-5505

 220 Front Street, Tumbler Ridge, BC, VOC 2W0

Mental Health and Addictions (Addictions)
 <u>Care providers</u>: Registered nurse, registered social worker, professional counselor, community worker providing workshops.
 <u>Services</u>: Clinical case management, medication assistance for psychiatric meds, monitoring of lab results, counselling services, health care navigation, weekly support done through volunteer program.
 <u>Application process</u>: Self-referral and direct referral.
 <u>Area served</u>: Chetwynd, Moberley Lake, Saulteau First Nation
 <u>Hours</u>: Mon-Fri: 8:30am-4:30pm
 <u>Phone</u>: 250-788-7211
 5500 Hospital Road, Chetwynd, BC, VOC 1J0

Mental Health and Addictions (Addictions)

<u>Care providers</u>: Doctor once a week for methadone treatment, psychiatrist, registered nurse, RPN, registered social worker, professional counsellor, supported independent living program workers, on-call outreach workersthrough crisis response team.

<u>Services</u>: Clinical case management, community based case management, outreach during daytime hours, medications assistance, counselling services, completion of disability/assistance forms if a client is with a social worker, monitoring of lab results by doctor, healthcare navigation, day treatment program that runs in 8 week cycles, support groups for depression, anxiety and assertiveness.

Languages: English only, but have access to translators.

<u>Area served</u>: Fort St. John, Charlie Lake, Hudson's Hope. Program serves surrounding area for methadonetreatment. <u>Hours</u>: Mon-Fri: 8:30am-4:30pm Phone: 250-263-6080

9900 100th Ave. Fort, St John, BC, V1J 5S7

Methadone Clinics

PriMedical Outreach Clinics <u>Phone</u>: (250) 793-0276 9820 101st Avenue, Fort St. John, BC, V1J 2B2

Alternative Health

Massage Therapy Clinic (Alternative Health) <u>Care provider</u>: Mavis Brown <u>Description</u>: Registered massage therapist accepting patients of all ages, trained in lymphatic drainage.<u>Phone</u>: 250-774-6769 5004-52 Ave W., Fort Nelson, BC, VOC 1R0

Service Organizations

- Fort Nelson-Liard Native Friendship <u>Description</u>: Services for First Nations people.<u>Phone</u>: 250- 774-2993
 5012 - 49th. Ave., Fort Nelson, BC, VOC 1R0
- Nawican Friendship Centre <u>Care provider</u>: Samantha McRae <u>Description</u>: Outreach HIV/AIDS educator available at the office and provides prevention education and awarenessservices in the northeast region of British Columbia. Can connect people with Public Health in order to receive referrals. <u>Area served</u>: Dawson Creek, Chetwynd, Tumbler Ridge, Hudson's Hope, Fort St. John, Fort Nelson<u>Hours</u>: Mon to Fri: 8 am to 4 pm <u>Phone</u>: 250-782-5202 <u>Website</u>: <u>http://positivelivingnorth.org/index.php</u> 1320 - 102 Ave., Dawson Creek, BC, V1G 2C6

Nutrition

Fort Nelson Food Bank
 5012- 49th Ave., Fort Nelson, BC

Housing

- Peace River Regional Women's Shelter Society (Emergency) <u>Phone</u>: 1-877-624-3466
- Shelter for Men (Emergency) Phone: (250)-774-3816
- Fort Nelson Aboriginal Friendship Society (Emergency)
 - <u>Women's Transition House</u>: Phone: 250-774-4742
 - o Father Poullet Men's Emergency Shelter: Phone: 250-774-3816
- Governing council of the Salvation Army in Canada Fort St. John (Emergency) <u>Client</u>: Men, Women and Families <u>Phone</u>: 250-785-0372 9824 99 Ave, Fort St. John, BC
- The Lion Tavern & Inn Ltd. (Emergency) <u>Client</u>: Men, Women and Families <u>Phone</u>: 250-788-2755 4812 North Access Road, Chetwynd, BC
- Stepping Stone Ventures Ltd. (Emergency) <u>Client</u>: Men, Women and Families <u>Phone</u>: 250-782-9346 1032 105 Avenue, Dawson Creek, BC